



CAPE COD SENIOR RESIDENCES AT POCASSET

UPCOMING EVENTS

FRIDAY, AUGUST 13

Richie Bern entertains under the stars at 7:00 P.M. *Public is welcome!*

TUESDAY, AUGUST 17

Kellie Hajjar returns by popular demand at 3:00 P.M. *Public is welcome!*



THURSDAY, AUGUST 19

Frank Noonan entertains at 2:30 P.M.

FRIDAY, AUGUST 27

Cookout at 11:30 A.M. with entertainment by Dan McCarthy, who will present "The Sunny Side of the Street" *Public is welcome!* Please RSVP by August 23 if you would like to attend.



LIFETIME ACHIEVEMENT AWARD



Alfred L. Bergeron was born on July 21, 1910 and raised in Weymouth, Massachusetts. Al was the youngest of five children. At an early age he developed a love of mechanics from his father, who was a machinist, and his brother, Napoleon, who owned and operated a couple of service stations where Al worked. One day a customer at the service station offered Al an apprenticeship in engineering at

Pneumatic Scales Corporation in Quincy. He accepted this offer and was soon on his way to realize his dream of becoming a professional engineer. A short time later, Al began evening classes at Wentworth Institute in Boston to supplement his training (which he did for



*Al receiving his award from Executive Director **Michael LeBrun.***

7 years). He worked for over fifty years for the company and was largely responsible for the development of a new high-speed, continuous-motion, top-closure machine called the Cyclo-Seal, a breakthrough in individual packaging of food products. Such high-profile brands as Kelloggs and Salada Tea utilized this system.

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Bergeron, from page one

Al also achieved the esteemed Certificate of Registration of Professional Engineers from the National and State Boards. To say the least, he was quite successful professionally. His personal life mirrored this success.

Al married his high school sweetheart, **Audrey**, in 1934. They were married for 70 years! Al and Audrey were homebodies and enjoyed working on all kinds of projects around the house. The couple also spent time creating props and uniforms for their only child, **Pat's**, dance recitals. After designing his custom-built dream home, Al and his wife moved to Dennis, where Al operated a freelance engineering office for 10 years. Shortly after Audrey's passing, Al joined Cape Cod Senior Residences and became a favorite at the Community. We often see Al tinkering in his apartment where he loves to do woodworking projects, or making mechanical adjustments to his hearing devices so that



Al's family—four generations!

Michelle, and **Lynette**, and three fantastic great-grandsons: **Scott**, **Sean** and **Brenden**. We are fortunate enough to have gotten to know this wonderful man celebrated as a spectacular employee, husband, father, grandfather and great grandfather as well as a friend. When asked the secret to his longevity, Al's daughter Pat smiles saying, "It must be some combination of his special diet of cookies for breakfast and taking every



*Al's granddaughter, **Lynette**, and her three sons, **Scott**, **Sean**, and **Brenden**.*

they work at their optimal levels.

Al's legacy will live on for generations to come. He is blessed with four grandchildren: **Glenn**, **Gretchen**,

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opportunity he could to walk to and from work for all of those years!" It is our pleasure to present our first-ever community centenarian with the Lifetime Achievement Award.



*Top: **Arleane Secher** and **Al**—friends for over 40 years, reunited at CCSR in 2005; bottom: Al's favorite place to visit is the maintenance department, where he can give advice to Director of Maintenance and Housekeeping **Scott Griffith**.*