

COMPASS ON THE BAY

UPCOMING EVENTS

MONDAY, NOVEMBER 1

Karaoke with Anne Marie and Ice at 2:30 P.M. *Public welcome!*

SATURDAY, NOVEMBER 6

Jewelry Show with Vicky Hurst from 10:30 A.M.-3:00 P.M. All jewelry will be \$5 or less! *Public welcome!*



THURSDAY, NOVEMBER 11

Outing to Boston Bowl at 10:00 A.M.

TUESDAY, NOVEMBER 23

Entertainment by the Harvard LowKeys a cappella group at 6:00 P.M. *Public welcome!*

THURSDAY, NOVEMBER 25

A Thanksgiving Meal will be served at lunch-time. Family and friends are welcome! *Please call us to make a reservation.*



RESIDENT PROFILE

Josephine "Jo" Kennedy was born and raised in South Boston. She is the baby of four children, with two sisters and a brother. Jo never married and has lived in a few different spots within South Boston. She attended the Gate of Heaven High School and was a proud member of the first graduating class in 1938. Jo worked as an x-ray technician at Boston City Hospital for most of her career. She even performed x-rays on Cardinal Cushing! She loves to travel and has gone to Ireland and New York several times. Jo particularly enjoyed trips to Saratoga Springs, where she visited her sister and went to the horse races. Jo liked to skate at the roller rink, and still loves to walk at Castle Island and to attend the annual St. Patrick's Day parade. Last year, Jo even went to the parade despite the driving rain! She is a true South Boston gal. She remembers sledding down the G Street hill as a kid and she used to swim at the L Street bath house. Here at Compass on the Bay, Jo enjoys following the news on television and attending Mass. She has even run into some old friends from the neighborhood! We are having a nice time getting to know Jo.

SHOPPING ON THE BAY!

Ladies Boutique with Mark Rothstein

Saturday, November 27
1:30-3:30 P.M.



Ladies clothing at a fraction of the price!
Public is welcome!

ASSOCIATE PROFILE



Certified Nursing Assistant **Sarah Karmacharya** has been an associate of Compass on the Bay since July. She grew up in Maine as the oldest of three children, and came down to Massachusetts to attend college. She graduated in May from Eastern Nazarene College in Quincy with a B.S. in biology. While finishing her college courses, Sarah trained for her certification as a CNA with the American Red

Cross. Sarah is applying to graduate school with the intention of becoming a nurse practitioner specializing in women's health. Both her mother and father are nurses as well.

Sarah has been married for a little over a year and plans on starting a family after finishing school. She loves to travel and recently took a trip to Nepal, her husband's native country. Although they were already married, she and her husband had a second ceremony so that his family could celebrate with them. Sarah enjoys good food, going to the beach, and classical music. She also volunteers at Brigham and Women's Hospital. We are lucky to have Sarah here at Compass on the Bay because she is very patient and caring with our residents. Thanks, Sarah!



ACCESS TO FINE ART

Each month, we visit the Museum of Fine Arts, and through their "Access to Art" program we are able to have a personal tour guide and do some hands-on learning. On a recent visit, we viewed an African art exhibit and the guides allowed us to try some of the

instruments used in the African music we heard.

Irene Coll (left) and Louis D'Attilio (right) make some music at the MFA



TRIP TO BROOKSBY FARM



We had a great time exploring Brooksby Farm in Peabody! Top to



*bottom: **John Wedgeworth**, Social Program*



*Director **Paul Rinaldi** and **Jim Schwenk** at the llama and sheep pen; **Jim and Paul** pick some apples, then check out the pigpen; **Stephen***



***Taylor** joins **Jim, John, Paul,** and **Al Kropas** in front of the pumpkin patch.*

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CHECK OUT THE SENIOR LIVING RESIDENCES BLOG ABOUT ALZHEIMER'S DISEASE!