



THE 5 INNOVATIONS THAT MAKE ALZHEIMER'S CARE AT OUR COMPASS MEMORY SUPPORT NEIGHBORHOOD® CUTTING EDGE

1

Affiliation with Boston University School of Medicine's Alzheimer's Disease Center

Our forward-looking approach to serving individuals with memory impairment led Senior Living Residences to partner with BU School of Medicine's Alzheimer's Disease Center, whose mission is to be on the cutting edge of research, clinical care and education related to the aging process and dementia.

2

Personal Pharmacist Consultation

Our partnership with a geriatric-specialized pharmacist enables residents and families to meet with a clinical pharmacist who provides a thorough evaluation of the resident's medications.

3

The Memory Preservation Nutrition® Program

New research shows that we can improve brain health through diet, impacting the onset and progression of dementia. Our diet is rich in "brain-healthy ingredients," including antioxidants and omega-3 fatty acids.



RESIDENT PROFILE

Patricia Willis enjoys living at Compass at Golden Pond. Pat grew up in Maynard, Massachusetts. She married her high school sweetheart, Robert Willis, and the two spent time living in Germany, where Robert was stationed in the Army. Pat worked as a switchboard operator and enjoyed this job because she was able to spend a lot of time talking to people. At Compass at Golden Pond, Pat enjoys walking outdoors and participating in the community's activities.

Often, Pat's son, John, comes with his family to visit.

4

Reconnections Learning Program

Senior Living Residences' innovative Reconnections Program is a curriculum-based adult learning program, designed specifically for individuals with memory loss and Alzheimer's disease. Research suggests that cognitive stimulation may slow the progression of Alzheimer's disease.



5

Resident Lifetime Achievement Award

Our presentation to a resident of a "Lifetime Achievement Award" has many positive benefits, and by design it serves as an antidote to the feelings of isolation and anonymity often experienced by individuals with memory loss. It offers an emotional boost to involved family members as they recall and recite in the award their family's fondest memories.



ASSOCIATE PROFILE

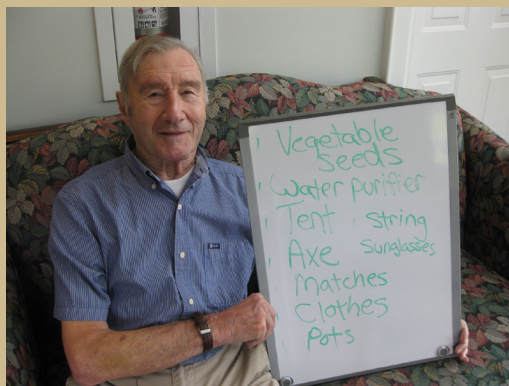


Dawn Cobb has worked within the Golden Pond campus for over eight years as a resident care associate, and she clearly has a genuine interest in the community and the residents. Dawn grew up in the Taunton/Fall River area, and went on to spend a few years living in Maine. She enjoys spending time with her 14-year-old son, and is excited to now be working for Senior Living Residences! Here is what she had

to say about the programs we have implemented:

“The Reconnections program really offers benefits to both the residents and us. I am thrilled to see the residents reacting to what is going on. And I am noticing that all of the residents have their own unique talents and interests. Pat got up and danced yesterday! And when we do group trivia, Dick shows what a history buff he is, able to recall names and events. I think Reconnections is great and I am enjoying being a part of it.”

RECONNECTIONS PROGRAM ON NATIONAL PARKS



The Reconnections topic for the week of July 12th was “National Parks.”

Residents brainstormed what they

would need in their survival kits if staying in the park for a few days, and practiced making emergency slings. Patricia and John (above) both enjoyed this activity!

AROUND OUR COMMUNITY



Right: John and Resident Care Associate Irene recite the Pledge of Allegiance



Left: Rose and Bernice gear up for the day's next activity



Right: Girl time! Betty and Patricia enjoy each other's company on a gorgeous day.



Left: Catherine, Patricia, and Pauline start their morning in song!



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INFO@COMPASSGOLDENPOND.COM AND
 WE WILL EMAIL THIS
 NEWSLETTER TO YOU EACH
 MONTH.

