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RESIDENT PROFILE

Rita Volpini was born and raised in Webster, Massachusetts. She married her husband Fred and together they raised three children. Rita worked for nearly 30 years at Old Sturbridge Village, as the Director of Interpretation. She oversaw all of the folks in costume, and learned many period crafts including candle-making, spinning wool and flax, weaving, and more. "I loved being at the Village," she says. "I worked with all age groups—from retirees to college students to teachers." Rita now has several grandchildren and great-grandchildren! Rita's lifelong hobby has been dancing. She enjoys dancing of all types, especially ballet, toe, tap, and acrobatic dance. She is working with the social program assistant at Compass at Golden Pond to improve and advance our exercise program. It is Rita's belief that "daily exercise is very important!"

BABIES, BABIES, BABIES!



Compass at Golden Pond residents recently learned of a special event at Boston's Franklin Park Zoo. Gorilla mommy Kiki is expected to give birth this fall to her third baby. The zoo hosted a celebratory baby shower, and collected baby items for Room to Grow, a local nonprofit that supports impoverished families and helps them get their babies off to a good start! Compass residents decided to make soft and cuddly blankets to donate. *See them hard at work in the photo at right!*



ASSOCIATE PROFILE



Maria Santos was born and raised in Portugal, and arrived in the United States 15 years ago. Maria has always worked with elders, both in Portugal, and now here in America. She is thrilled to be working for Senior Living Residences. She stated, "Compass at Golden Pond is so different from other places I have worked. It is exciting for me, I am learning more every day, and I love seeing how active and involved the residents are."

Maria enjoys cooking, baking, cleaning, sewing, and crocheting. She plans to start a crochet group with some of the residents. Outside of Compass, Maria spends time babysitting her three-year-old grandson, Jack.

RECONNECTIONS PROGRAM ABOUT FALL FOLIAGE

In September, residents studied New England's Fall Foliage. They learned about the chemical process of leaves changing color, best places for "leaf peeping," and how to create artwork with leaves collected on their afternoon walks.



Above: Charlotte and Rita display leaf imprints they made from leaves collected on the Golden Pond campus

Below: Dick and Irene work on painting a clay leaf imprint



INTERGENERATIONAL FUN!

One of the best things about living on the Golden Pond campus is the fact that we get to see children nearly every day! Students at the Golden Goose Academy visit us to share stories, songs, and smiles! Here is Rita, being visited by her great-granddaughter Libby, who attends the childcare program downstairs!



DID YOU KNOW?

• 5.3 MILLION PEOPLE HAVE ALZHEIMER'S TODAY.

FACTS ABOUT ALZHEIMER'S DISEASE

• MORE THAN 70 PERCENT OF THOSE SUFFERING FROM ALZHEIMER'S LIVE AT HOME, WHERE THE MAJORITY OF THEIR CARE (75 PERCENT) IS PROVIDED BY FAMILY AND FRIENDS.