

# The BUZZ

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## CONCORD PARK

A Community Established by the Nonprofit



### UPCOMING EVENTS

#### WEDNESDAY, JULY 7

Guitarist George Parker  
at 2:00 P.M.



#### THURSDAY, JULY 15

The Yankee Stompers  
at 2:00 P.M.

#### TUESDAY, JULY 20

Fun Songs with Alan Brandt  
at 2:00 P.M.

#### THURSDAY, JULY 29

Country tunes with Dave Andrews  
at 2:00 P.M.



### ASSOCIATE PROFILE



Meet Aili Shauntea Gillespie. Aili will be 24 on her next birthday and she has been working at Concord Park for almost four years as a server in our Dining Room. Aili lives in Maynard and is the youngest of five children. Her co-workers say she is hardworking, personable and fun. Aili loves the activities we do at Concord Park, especially our theme days. If you look through our photo albums, you will see

her as a Christmas elf, a car hop, and Rosie the Riveter. This July on Circus Day she will be either a fortune teller or a gymnast with a hula hoop! Outside of work, some of Aili's passions are reading mysteries, exercising, baking and music. Her aspiration is to travel and possibly live in Australia.

Concord Park would like to wish everyone a

**HAPPY FOURTH OF JULY!**

### COMMUNITY WELCOME!

#### THE ARCANA ENSEMBLE

Classical Cello & Violin  
Concert  
Tuesday, July 13<sup>th</sup>  
2:00 P.M.

#### CIRCUS DAY!

Thursday, July 22<sup>nd</sup>  
Festivities begin  
at 2:00 P.M.



## Questions about making a tax-deductible gift?

Contact **Nancy Crowley**, executive director of Concord Park at 978-369-4728 or **George Mathieson**, director of development of Volunteers of America, Massachusetts at 617-390-0228.

SENIOR LIVING  
RESIDENCES IS  
THRILLED TO  
ANNOUNCE THE



GRAND OPENING OF COMPASS AT GOLDEN POND, A MEMORY SUPPORT ASSISTED LIVING COMMUNITY IN HOPKINTON, MASSACHUSETTS!



### Take Advantage of the Season!

Fill your plate with fresh veggies. Instead of boiling them, which robs them of flavor and important nutrients, try them sautéed in a little olive oil and fresh garlic. Start most lunches and suppers with a salad. Serve fruit as a side dish. Broiled or grilled pineapple is great with chicken or pork or try pink grapefruit with fish. For summertime snacks, choose two to three servings of fruit over the course of the day.

## CIRCUS DAY IS COMING!

Join us on Thursday, July 22<sup>nd</sup> for circus fun! This event will feature a dunk tank, magician, costumed characters and more. Check out these photos from last year's event!



Clockwise, from left: Executive Director **Nancy Crowley**, Resident Care Director **Diane Simard** and Certified Nursing Assistant **Paula Doyle**; Maintenance and Building Director **Jim Vinson**; Program Director **Mary Baum** with **Carol Cannon**; **Claire Young** and **Paula Doyle**; **Mary Baum** and Social Program Director **Meg Gaudet**.

