

CAPE COD SENIOR RESIDENCES AT POCASSET

UPCOMING EVENTS

THURSDAY, MARCH 4

Blood Pressure and Weight Clinic sponsored
by Bayada Nurses from 9:00-11:00 A.M.

WEDNESDAY, MARCH 10

Animal World at 10:00 A.M.



SATURDAY, MARCH 13

Rick Walsh Trivia and Music at 3:00 P.M.

WEDNESDAY, MARCH 17

St. Patrick's Day Celebration at 3:00 P.M.

THURSDAY, MARCH 18

Mashpee Singing Seniors at 2:45 P.M.

FRIDAY, MARCH 26

Richie Bern entertains at 3:00 P.M.



RESIDENT PROFILE



While she has been a local here in Bourne for many years, **Mary (Perry) Wing** was born and raised in Montville, Connecticut as the third of four children. She began working when she was just 13 years old. At the age of 24, Mary married Leslie Wing and raised two sons in Monument Beach. Many years later, Mary is now the proud grandmother of four and great-grandmother of three. Mary kept herself busy through the years cooking for the VFW, singing in her church choir, playing the accordion and the zither (a harp-like instrument) as well as caring for her Pug dog, Lady Pam. Her apartment is adorned with figurines and stuffed animals that remind her of her faithful canine companion of 14 years. Along with music and dogs, Mary likes her TV. She was crushed when the "Guiding Light" soap opera was taken off the air this past year but still enjoys watching "The Bachelor" and "Extreme Home Makeover." Mary stays involved with activities at CCSR and says she enjoys attending the music-related activities the most.

WELCOME, NEW RESIDENT!



Ann Woerdeman

SAVE THE DATE!

Join us for our second
annual

FASHION SHOW

with

Dress Barn of Sagamore

Friday, April 16th

2:00-4:00 P.M.



ASSOCIATE PROFILE



While **Samantha Foster** is a self-proclaimed “tomboy,” she also happens to be a professional model at the age of 17. Sam has been modeling since she was 11 years old, but says she does not wear dresses. Her most recent event was starring in the Redken Hair Fashion Show. When not on the runway or in a photo shoot, Sam is a senior at Upper Cape Regional Technical High School. She plans to attend college and to pursue a degree in archeology. Sam’s interests include video games and the outdoors, and she dreams of traveling throughout Europe someday. She is the oldest of five, with three sisters and one brother, not to mention two black labs. When asked what she enjoys most about working at CCSR, Sam says that it is the opportunity to interact with the residents. She says with a smile that this is her “favorite job yet!”

CELEBRATING VALENTINE'S DAY

The Aptuxcet Garden Club offered flower arranging for Valentine's Day.

*At right: **Eva Bialis**; below: **Mary Paul** and **Margaret Russell**.*



*Right: Executive Director **Mike LeBrun** received a special singing valentine by the Coastline Show Chorus!*



THINKING OF GOING GREEN?

SEND YOUR EMAIL ADDRESS TO
INFO@CAPECODSENIORRESIDENCES.COM



AND WE WILL EMAIL THIS
 NEWSLETTER TO YOU EACH
 MONTH.

AROUND THE COMMUNITY



*Left: Business Manager **Grace Smith** with **Barkley**, the “granddog” of resident **Phyllis Riley**; below: celebrating the coming of St. Patrick's Day are **Mary Paul**, **Rita Cenzalli**, **Anna Mae Cecilio**, **Chip Olcott**, and **Virginia Reus**.*



*Right: Bingo players **Mary Spellman**, **Mary Wing**, and **Hannah Wilson**.*



A community managed by



SENIOR LIVING RESIDENCES
 The Right Values

100 Dr. Julius Kelley Lane • Pocasset, Massachusetts 02559 • 508-564-4474

WWW.SENIORLIVINGRESIDENCES.COM

Independent Living • Assisted Living • Alzheimer's Care

Edited by **Liz Gossington**, Director of Social Services