

## CONCORD PARK

A Community Established by the Nonprofit



### UPCOMING EVENTS

#### WEDNESDAY, JUNE 9

Musical duo Freeana and Rosen  
at 2:00 P.M.



#### WEDNESDAY, JUNE 16

Tropical Day with Mark Stanzler  
at 2:00 P.M.

#### TUESDAY, JUNE 22

Classical music, with pianist Adam  
Bergeron at 2:00 P.M.

#### MONDAY, JUNE 28

Pianist Heather Ralston at 2:00 P.M.



### RESIDENT PROFILE



Meet **Richard Mahoney**, who has been at Concord Park since August 2008. Prior to moving here, Richard and his late wife, Peggy, raised their family in Maynard. They had seven children and 14 grandchildren. Their son Richard, Jr., and his wife, Elaine, have one child; son Raymond has one child; son Thom lives in California with his wife, Karla, and their two children; daughter Mary and her husband, Dan, and their two children

live in North Carolina; son Sean and his wife, Heather, and two children live in Weston; son Chris and his wife, Paula, and their four children live in Longmeadow; and daughter Meg and her husband, Ed, live in California.

Richard was born in upstate New York and then moved to Methuen. He met his wife at a dance party at the Commodore in Lowell, and they were married for 52 years. Richard worked for Fleet Bank, Bank of Boston and Baybank (which might be where he developed his passion for coin collecting!). Some of Richard's fond memories include the time he met Tip O'Neill at Fenway Park and Surgeon General C. Everett Coop at his daughter's graduation from Brandeis University.

Concord Park  
would like to wish  
all dads a

**HAPPY  
FATHER'S DAY!**

June 20<sup>th</sup>



**COMMUNITY  
WELCOME!**

**ANNUAL  
STRAWBERRY  
FESTIVAL**

Saturday, June 26<sup>th</sup>  
2:00-4:00 P.M.

with Jazz trio String Swing



## Questions about making a tax-deductible gift?

Contact **Nancy Crowley**, executive director of Concord Park at 978-369-4728 or **George Mathieson**, director of development of Volunteers of America, Massachusetts at 617-390-0228.

RESIDENTS, FAMILIES, AND ASSOCIATES  
ARE CORDIALLY INVITED TO OUR 2<sup>ND</sup> ANNUAL

## CIRCUS DAY!

THURSDAY, JULY 22<sup>ND</sup> AT 2:00 P.M.

FEATURING A DUNK TANK, MAGICIAN, AND MORE!

(CONCORD PARK ASSOCIATES WILL BE DRESSED IN SUCH COSTUMES AS FORTUNE TELLER, BEARDED LADY, AND ANIMAL TRAINER!)

## HEALTH TIP: POMEGRANATES



With a little work, you can enjoy this fruit, which is loaded with vitamin C, potassium, and antioxidants!

Cut the crown end off the pomegranate (where the stem is). Lightly score the rind in several places. Immerse the fruit in a bowl of water and soak for five minutes.

Hold the fruit under water and break it into sections, separating the seeds from the membrane. The seeds will sink and the membrane will float. Skim and discard the membranes and rind. Pour the seeds into a strainer, drain and allow to dry. Enjoy!

*Health tip was taken from BCBS "Choices" Winter 2008 edition*

## KARAOKE FUN AT CONCORD PARK!



*Swaying to the music (clockwise, from far left) are: Lee McGarry and Gloria Cisco; Nancy Morazzi, Ruth Luke, Lorianne Krauss, and Ann Mazurek; Claire Roger with Pat and Ann Sbardella; Myriam Ionescu; Phyllis Kaplan and Jane DeLuca.*



## THINKING OF GOING GREEN?

SEND YOUR EMAIL ADDRESS TO [INFO@CONCORDPARK.NET](mailto:INFO@CONCORDPARK.NET) AND WE WILL EMAIL THIS NEWSLETTER TO YOU EACH MONTH.

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