

METHUEN VILLAGE AT RIVERWALK PARK

UPCOMING EVENTS

TUESDAY, MARCH 9

Methuen Village and Comfort Home Care present a seminar on "Identity Theft" at 2:00 P.M.

MONDAY, MARCH 15

Traditional Irish Stepdancing with the world-champion O'Shea-Chaplin Academy of Irish dancers at 4:00 P.M.



WEDNESDAY, MARCH 17

Erin Go Bragh Party, featuring Irish Baladeer Paul Carroll, traditional Irish soda bread, Irish beer tasting, and Irish folk tales! 10:00 A.M.

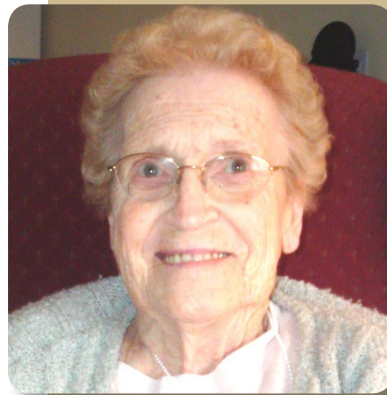
MONDAY, MARCH 22

The Merrimack Valley Townsman will present old fashioned barbershop music at 7:00 P.M.

Public welcome at all events!



RESIDENT PROFILE



Janice Wyner has really made herself at home at Methuen Village. She moved here in October from Lynn where she was born and raised. She and her late husband raised their six children, five boys and one girl, in Boxford. Janice is quite the academic, having been educated in the Catholic system from elementary school through college. Janice has two

degrees: one in business from Emmanuel College, and one in human resources from Merrimack College. Janice has all the completed coursework for her master's degree except the thesis. She also has taken numerous continuing education courses. Janice worked at McGrane's, for a doctor who invented hip cup arthroplasty, and for AT&T. Janice enjoys her time at Methuen Village playing word search and 45's. She is a great addition to our building and always a joy to be around. She has a great sense of humor and giggles a lot! Janice is also a great thinker and is very competitive, and that's what we like about her!

ENJOYING BRENDA TERRY



Enjoying the sounds of Country Western singer **Brenda Terry** are **Elise Dubuque** and brother **Stephen** (left) and **Pearl Dube** and her sister **Yolande Perreault** (right).



ASSOCIATE OF THE MONTH



Esmeralda Allen is a server in our Riverwalk Dining Room. She is well liked for so many reasons! Not only does she know every resident by name, she caters to all of their personal likes. Esmeralda is known as someone who solves problems and who is always seeking ways to improve service in the dining room. She has a very strong work ethic and always has a smile on her face. She is also known to pile on the whipped cream really high when she prepares the desserts! Congratulations, Esmeralda, on being chosen as the associate of the month!

VOLUNTEER SPOTLIGHT



Ursula Gabrielski (left), pictured here with her mother, resident Longina Strokocz, is a Eucharistic Minister and delivers Holy Communion weekly to our residents.

NUTRITION AND MEMORY

Our executive chef, **Victor Casado**, follows the suggestions of **Dr. Nancy Emerson-Lombardo** of Boston University in preparing his meals. Residents, family members, and associates recently enjoyed an informational talk on the importance of eating brain-healthy foods for memory preservation. Dr. Emerson-Lombardo was especially pleased to see cinnamon on every table in our dining room!



Left: Elise Dubuque (center) was joined by her sister, Rosemary Stewart; right: Alice Pedro and Dr. Emerson-Lombardo discuss the benefits of olive oil. Alice remembered eating lots of it in her native Portugal!



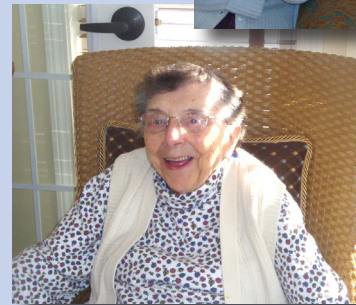
A VISIT FROM PAUL WAYNE



Left: Annie Dragosits enjoys listening to Paul Wayne, a guitarist and singer who has performed with the Oak Ridge Boys and Kenny Rogers.



Above: Louise Perkins and Stanley Harackiewicz; left: Rose Faulkner



Isabella Hutchings and her daughter, Gayle Allen

THINKING OF GOING GREEN?

SEND YOUR EMAIL ADDRESS TO INFO@METHUENVILLAGE.COM AND WE WILL EMAIL THIS NEWSLETTER TO YOU EACH MONTH.

