



RESIDENT PROFILE



Helen Skank was born in Woburn, but grew up in Randolph. She has two daughters, Bonita and Trudy. She is also blessed with four grandchildren, and six great-grandchildren. Helen worked as a medical escort at Martin Nursing Home. In 1999, she received the Cambridge Senior Volunteer Recognition Award, which was an amazing honor and accomplishment in her life. Here at Standish Village, Helen is often found visiting her longtime friend, **Flora White**, who is also a resident at our community. Even though Helen enjoys her quiet time, she also spends her days dancing, singing, reading and socializing! Welcome, Helen!

STANDISH VILLAGE AT LOWER MILLS

UPCOMING EVENTS

FRIDAY, FEBRUARY 5

Mardi Gras Celebration! Enjoy delicious food and drinks, decorations and party favors! 2:00 P.M.

SUNDAY, FEBRUARY 14

Valentine's Day Celebration! Enjoy a "sweet" party in honor of our loved ones! Desserts, music by Ted Powers, and Valentine word trivia at 1:00 P.M.



Come and celebrate Chinese New Year and the Year of the Rat! Discover your sign of the Chinese zodiac and enjoy some New Year's treats! 3:00 P.M.

WEDNESDAY, FEBRUARY 24

Winter Carnival! Enjoy carnival games, prizes, sale tables; including a clothing table! 1:00 P.M.



FEBRUARY SPECIAL EVENTS

In celebration of...

BLACK HISTORY MONTH

A professor from UMass Boston will be here on **Thursday, February 18th at 2:00 P.M.** to lecture on Black History Month.



AMERICAN HEART MONTH

A cardiologist from Carney Hospital will be here on **Tuesday, February 23rd at 2:00 P.M.** to discuss how you can keep your heart healthy during the winter months. Also, **Friday, February 5th** is National Wear Red Day where everyone is encouraged to wear red to raise awareness about heart disease in women.



**CHRISTMAS DAY
AT STANDISH
VILLAGE**



*Clockwise, from top left: **Bridget Kennedy** and her new watch; Brooke is trying to make a Yankee fan out of **Hugh O'Donahue**; CNA **Christy** with **Jean Murphy**; **Lorraine Gallagher** got a beautiful nightgown; **Mary Fallona** and **Julia Malone**; **Francis Laferriere**; **Carol Ellcock** shows off her new pocketbook.*



**MAKING
RAINSTICKS**



As part of our Reconnections program, we had a weather lesson and made our own rainsticks!



*Top to bottom: **Lorraine Gallagher** and **Helen Skank**; **Jean Vitt**; and **Hugh O'Donahue***

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