



POCASSET POST

January 2009



*Welcome,
New Resident!*

Arvilla "Val" Rapoza



You're invited to our
**JANUARY
SPECIAL EVENTS!**

MONDAY,
1/5



LUNCH AT CANALSIDE DINING
AT UPPER CAPE COD REGIONAL
TECHNICAL HIGH SCHOOL.

FRIDAY,
1/9



JERRY SKELLEY, SON OF
RESIDENT **VIOLET SKELLEY**,
WILL PROVIDE A PIANO CONCERT
AT 2:30 P.M.

MONDAY,
1/12

KELLIE HAJJAR IS BACK BY
POPULAR DEMAND! 3:00 P.M.

FRIDAY,
1/16



ANDREA SHEIN FROM THE
COMMISSION FOR THE BLIND
WILL PRESENT "LOW VISION
AND AGING" AT 2:00 P.M.

THURSDAY,
1/22



OCCUPATIONAL THERAPIST
MARSHA MARTIN WILL
PRESENT "COPING WITH
SHOULDER PAIN" AT 3:00 P.M.

WEDNESDAY,
1/28



HEART STRINGS, A VIOLIN AND
GUITAR DUO, WILL SURELY
PLEASE THE CROWD! 3:00 P.M.

Avis Curley was born on Cape Sable Island in Nova Scotia, Canada. She was one of five children and her dad was a lobster fisherman. Avis says she shelled many lobsters for her mom, but wouldn't you know her favorite is crabmeat! Avis came to the U.S. at a very young age and learned English. She graduated from Boston schools and went to college at Bryant & Stratton College, where she chose business courses. While attending college she met her husband, Stewart Ahman, and together they had three children: Heather, Stewart and Phyllis. While raising her children, Avis worked as a secretary and volunteered for the Girl Scouts and Brownies, as well as the Council on Aging and the AARP. When her husband died after 42 years of marriage, Avis sold her house on the Cape Cod Canal and moved into senior housing in Bourne, where she made many friends and was very active. Following a hospitalization, Avis moved to Cape Cod Senior Residences, where she has been for the last five months. Her friendly nature, great sense of humor, and knack for crafting are greatly welcomed. Avis has joined the Hospitality Committee, Knitting Group and attends most activities when not busy whipping a craft together in her apartment! As Avis always reminds us, "If you want a friend, be one!"



Avis says, "I love being here! There is so much to do, you don't feel lonely."

RESIDENT PROFILE

Senior Residences, where she has been for the last five months. Her friendly nature, great sense of humor, and knack for crafting are greatly welcomed. Avis has joined the Hospitality Committee, Knitting Group and attends most activities when not busy whipping a craft together in her apartment! As Avis always reminds us, "If you want a friend, be one!"



In Memoriam

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Anita Garlin

1965 - 2008

Cape Cod Senior Residences is saddened by the sudden and unexpected loss of one of our Certified Nursing Assistants. Anita Garlin



began working at CCSR in November of 2006 and quickly became recognized as an enthusiastic and compassionate woman. She was well-liked by both staff and residents and respected by family members. Anita

truly took great joy in making people happy, and often would go to great lengths to meet the needs of the residents. Her spirit, laughter, and friendship remain in our hearts.

Happy January Birthday!

- Marilyn McDonald* 7th
- Beverly Pires* 7th
- Frank Mendosa* 9th
- William Tavares* 19th
- Joseph Brown* 22nd
- Eleanor Kuchta* 24th
- Mary Genua* 27th



Saluting our Veterans



Avis Curley (left) and Eva Bialas (right) were among the crowd who gathered to pay tribute to our CCSR veterans on Veteran's Day. The Reverend Ed De La Cour (son of resident Ann De La Cour) offered a prayer for all servicemen.



Holiday Fun at CCSR!



Left: Irene Russell (center), enjoys a Thanksgiving feast with her family.

Right: Bridie Fallon keeps an eye on SPD Tammy Campinha's son Tyrell during the Holiday Bake Sale.



Left: Kindergarten students from The Bridgeview School came to carol for the residents!

Knit One, Pearl Two!



Left, top: Resident Jean Rooney (left) marvels at a queen-sized afghan created by our neighbor Jacklyn from Americorps (right). Jacklyn and Amanda (center) attended one of Jean's crocheting



classes, then Jacklyn took home photocopied instructions to complete this masterpiece!; Bottom: Some members of our Weekly Knitting Circle: AnnaMae Cecilio, Jean Rooney and Avis Curley