I,_____

This form is an expression of my wishes and not legally binding.

_____, sign this form for the purpose of she may make decisions based on an assessment of my

offering my Health Care Agent guidance so that he or she may make decisions based on an assessment of my personal wishes as well as medical information provided by my physicians. My Health Care Agent has authority to make such decisions in accordance with Massachusetts law. This form is an expression of my wishes and not legally binding.

If there is no reasonable expectation for my recovery and, in the opinion of my physician, I will die without life sustaining treatment that only prolongs the dying process, I ask that my Health Care Agent consider the following (initial lines that express your wishes)

_____ Treatment should be given to maintain my dignity, keep me comfortable and relieve pain.

- _____ If my heart stops, I do not want it to be restarted.
- _____ If I stop breathing, I do not want to have a breathing tube put into my throat and be hooked up to a breathing machine.
- _____ My physician may withdraw or withhold treatment that only serves to prolong the dying process. Some examples of types of such treatment include:
 - _____ If I cannot drink, I do not want to receive fluids through a needle placed in my vein unless necessary to keep me comfortable.
 - _____ If I cannot eat, I do not want a tube inserted in my nose, mouth or surgically placed to give me food.
 - _____ If I have an infection, I do not want antibiotics administered to prolong my life without hope of cure unless necessary to keep me comfortable.
- _____ If possible, I would like to die at home with hospice care, if needed.
- _____ Unless necessary for my comfort, I would prefer NOT to be hospitalized.

_____ My faith tradition is ______

My spiritual contact person is_____

My faith community is _____

_____ I wish to have spiritual support.

_____ I do not wish spiritual support.

_____ If possible, I wish to be an organ donor.

_____ Following is additional guidance for my Health Care Agent's consideration:

Signature:

This Personal Wishes Statement was adapted from "<u>My Choices: An Advance Directive for Health Care Choices</u>," Missoula Demonstration Project, Missoula, Montana, and prepared by The Central Massachusetts Partnership to Improve Care at the End of Life. The Partnership grants permission to reproduce this document in its entirety, so long as the source, including this statement, is shown. 12/03