

COMPASS ON THE BAY

UPCOMING EVENTS

(all events are subject to change)

MONDAY, NOVEMBER 7

Art lesson with Joni Miller at 1:00 and 2:30 P.M.

MONDAY, NOVEMBER 14

Entertainment of Al Gould at 1:45 P.M.
Public welcome!



SATURDAY, NOVEMBER 19

Alzheimer's and Dementia Support Group at 11:00 A.M. *Public welcome!*

THURSDAY, NOVEMBER 24

Thanksgiving Meal served at lunchtime. Families of residents welcome! Please let us know ahead of time the number who plan to attend.

*The Eucharist is offered every Sunday at 10:00 A.M.
The Rosary is said most Tuesdays at 2:00 P.M. and
we offer monthly Mass with Fr. Hedderman.*



RESIDENT PROFILE



Barbara Parodi was born in Marlboro and is the oldest of four children. Barbara graduated from Marlboro High School, where she was a cheerleader. After high school, she went into the workforce. She never went to college but did get some training in the medical field and became a medical assistant. Barbara worked at Raytheon where she met her husband-to-be, who was an engineer there. They got married while Barbara was in her mid-twenties, moved to Newton and decided to adopt a six-year-old girl. Barbara loves to travel and has seen much of the world, including Paris, Italy, and Chile. While traveling, she loves sightseeing and trying the native cuisine. Another interesting thing about Barbara is that she became very involved with the Carmelites as a layperson, serving in their order. Barbara always lived on the water, finally settling in Hull. She obtained a great nickname while she was a member at the senior center there. They called her "Giggles," and to hear her laugh you can understand why! Barbara is an avid reader and an accomplished artist. She loves to paint with watercolors. She has two good friends, Michael and Sal, whom she got to know while living in Hull. They are both very involved with her life and help her out.



BEER TASTING

*Bernie Hayes and
Janice Andrews
joined in our
Oktoberfest beer
tasting*



ART MUSEUM VISITS

Clockwise, from top left: **Gloria Plummer** at the Museum of Bad Art; **Ann Reitman** explores the “water” exhibit at the Peabody Essex Museum; **Margaret Dwinell** and **Jim Bonanno**



discuss a piece of artwork at the Peabody Essex Museum; **Jim Schwenk**, Social Program Director **Paul Rinaldi**, and **Ann Reitman** at the Museum of Bad Art

November is

National Alzheimer's Awareness Month!

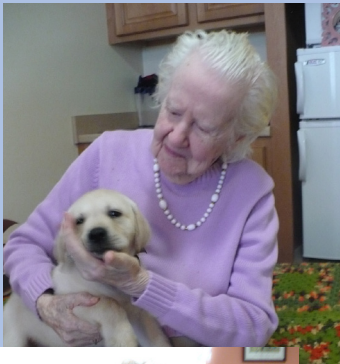
Visit our web site, www.SeniorLivingResidences.com for “brain healthy” nutrition TIPS & recipes. Scientists now believe diet can delay the onset or progression of Alzheimer's!

CHOWDERFEST



Ann Reitman is pictured at the Chowderfest tasting one of the four chowders. The *Compass on the Bay* chowder won again!

FOUR-LEGGED FRIENDS



Visiting with our pal Brady during “Puppy Therapy” are (counterclockwise from left): **Mae Lewis**, **Natalie Tyrell**, and **Anne Antanaricz**. We offer Pet Therapy for our residents every Monday!



HELPING HANDS



Resident **Mafalda Celeste** and Lesley University Intern **Rachel Warner** arrange flowers for the dining room tables