

## COMPASS AT HOPKINTON

### UPCOMING EVENTS

#### THURSDAY, APRIL 7

“Make ‘Em Laugh” Silent Movies.

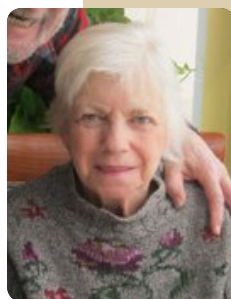
Richard Hughes will be here to take us on a “tour into the past” with silent movies accompanied by live piano playing from 6:00-7:00 P.M.

#### THURSDAY, APRIL 21

Sing and dance with Marti Sawyer at 6:00 P.M.

#### EVERY SATURDAY AND SUNDAY IN APRIL

Open House from 11:00 A.M.-2:00 P.M.! Please join us for a tour of the newly-renovated Compass at Hopkinton community as you learn about Compass Memory Support, a research-driven program for the treatment of the symptoms of Alzheimer’s disease.



### RESIDENT PROFILE

**Barbara Dobson** was born in Providence, Rhode Island, as one of four girls. She attended Catholic school and became a nurse, working at Roger Williams Hospital. Barbara later moved to Hopkinton and raised six children (three girls and three boys) while working as a parent coordinator for the Head Start program. In addition, she went back to school and received a Bachelor’s degree while also selling Mary Kay cosmetics, which eventually earned her a Mary Kay car. Her family describes her as a devoted and organized mother. In addition to her professional and family responsibilities, Barbara was an accomplished dancer. She and her husband enjoyed Country Western dancing and also took adult ballet classes together. At home, Barbara enjoyed gardening and arranging her own flowers. She sewed all of her children’s dance costumes and enjoyed knitting for her grandchildren. Barbara vacationed at the ocean, on Cape Cod and at Point Judith and even sailed to Bermuda. She always thought of the ocean as a return to home, recalling days spent there as a child with her own parents. At Compass at Hopkinton, Barbara is an active and engaged resident. She enjoys walking groups, singing and dancing, and visits from the Golden Goose children!

### STUDYING MATISSE



*Left to right: Betty Smith and Charlotte Fargo participate in Matisse: An Interpretive Art Program*



## ASSOCIATE PROFILE



Compass at Hopkinton's new Program Director **Michelle Boiardi** has close to ten years' experience in providing programs for individuals with memory loss. Michelle notes that the most rewarding aspects of working with the residents is to discover their true potential and abilities. This outlook motivates Michelle to provide each resident with a rich life, through diverse and creative programming. Taking trips, visiting

local museums, writing autobiographical poetry, participating in interpretive art groups and community gardening are among the programs the Michelle is interested in bringing to Compass at Hopkinton. Last month the residents attended a movie at the Coolidge Corner Theatre in Brookline (see photos below). Her love of art, museums, and travel informs her approach to programming.

Michelle joined Compass at Hopkinton with a great interest in Compass Memory Support's research-based treatment program for the symptoms of Alzheimer's disease and the unique academic affiliation with the Boston University School of Medicine's Alzheimer's Disease Center.

An avid runner, the mother of three boys and a devoted traveler, Michelle herself is living a rich life and bringing her own sense of adventure to the programs and residents each day.

## THEATRE TRIP



Compass at Hopkinton residents (including **Charlotte Fargo** and **Rita Volpini**, shown at left) participated in a trip to the Coolidge Corner Theatre in Brookline for a special film program for individuals with Alzheimer's disease, sponsored by ARTZ, Artists for Alzheimer's. Residents enjoyed an interactive program including short classic film clips, interactive discussions, and of course the requisite popcorn!



## GRAND OPENING CELEBRATION!



*At our recent Grand Opening, we celebrated our newly-renovated assisted living community, our unique and innovative treatment programs for the symptoms of Alzheimer's disease, and our many dedicated associates! Top to bottom: Resident Care Associate **Ally Matias** and **Rita Volpini**; **Catherine Mullen** and Assistant Program Director **Dawn Cobb**; **Donna Kizik**, daughter of resident **Nicholas Eosco**, **Terese McElhaney** of St. Patrick's Manor, and Compass Program Director **Michelle Boiardi**; Director of Community Relations **Eric Varin** and Resident Care Director **Marilyn Fox**; **Mary Jo Boynton** of Nashoba Valley Elder Care and Executive Director **Tadd Clelland**; President of Senior Living Residences **Robert Larkin** and special guest **Dr. Robert Stern**, director of the Clinical Core of Boston University Alzheimer's Disease Center; **Sally Kaitz** of Kaitz and Siegel Geriatric Care Managers and **Susan Ritz** of Deborah Fins Associates Geriatric Care Managers.*

