

COMPASS AT HOPKINTON

UPCOMING EVENTS

THURSDAY, MARCH 3

Compass at Hopkinton Grand Opening Celebration! Dr. Robert A. Stern, director of the Clinical Core of Boston University Alzheimer's Disease Center, will be available to speak about the latest in Alzheimer's disease research. Stop in for this 5:00 P.M. event and join us for a beverage, tasty hors d'oeuvres, live entertainment, and door prizes! Families, elder care professionals, and community members are welcome.



WEDNESDAY, MARCH 9

Three-piece band String Swing at 1:30 P.M.

THURSDAY, MARCH 17

Sing and Dance with Marti Sawyer at 1:30 P.M.



RESIDENT PROFILE

Betty Crowell was born in West Concord. She fondly recalls exploring the woods near her home as a child, as well as ice skating in the family's garden area and skiing on a hill down the road from her home with her siblings.

A lifelong lover of music, Betty sang in chorus and played the trombone while in junior high and high school. She later worked as a telephone operator and a secretary, answering telephones and filing. She was married in West Concord and then lived in many different places with her husband. Betty had no trouble making friends in the various states she and her husband resided (including Texas, Illinois, Pennsylvania, Maryland). They eventually returned to Massachusetts and raised two children. Later, Betty and her husband enjoyed traveling, taking cruises and visiting family and friends.

Betty has had many hobbies over the years. In addition to her love of music and dancing with her husband, she has enjoyed knitting, sewing, cooking, exercising, and spending time with her children. At Compass at Hopkinton, Betty's favorite activities are the walking group and visits from the Golden Goose children. She is always first to lend a hand!

ANN MARIE & ICE



Residents dance along with Ann Marie & Ice Entertainment. Left to right: Andrea Brass, Ann Marie, Barbara Dobson,

Rita Volpini, Betty Crowell, and Nick Eosco



ASSOCIATE PROFILE

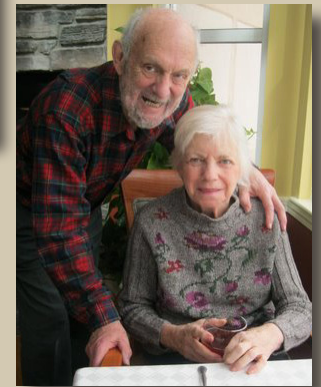


Resident Care Director **Marilyn Fox** (pictured at left with resident **Caroline Bloy**) joined Compass at Hopkinton in November. She has been a nurse for 20 years and has been working in assisted living for over five years. She enjoys helping our residents achieve their highest quality of life, whether by individual care planning or noticing an immediate need.

Marilyn's love of the outdoors and walking will soon benefit us all, as we begin to think about spring plantings for Compass at Hopkinton and resuming our outdoor walks. Marilyn also looks forward to taking her new baby granddaughter, Arianna, for springtime walks soon. A sports fanatic, she can often be found talking to the residents about the Red Sox current spring training and upcoming season.

Marilyn is very happy in her new role at Compass at Hopkinton. She enjoys working with the other associates and is excited to see each resident's individual successes!

VALENTINE'S DAY LUNCHEON



Enjoying a delicious and festive Valentine's Day luncheon were (top to bottom):

Glen Lougee; Rita Volpini; Bernice Shapiro; and Barbara and Dave Dobson



CREATING VALENTINE CARDS



*Left: **Catherine Mullen and Charlotte Fargo** make Valentine's cards for the Golden Goose Academy children's visit; right: **Rita Volpini** works on a Valentine card for her great-granddaughter.*



AS YOU PLAN FOR 2011, CONSIDER SHARING YOUR PASSION, HOBBIES, AND SPIRITUALITY WITH THE RESIDENTS HERE AT COMPASS AT HOPKINTON. CONTACT **TADD CLELLAND** IF YOU ARE INTERESTED IN VOLUNTEERING YOUR TIME.



A community managed by

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