

## COMPASS AT HOPKINTON

### UPCOMING EVENTS

#### MONDAY, OCTOBER 3

Returning favorite Jeff Thomas strolls and sings his way into our hearts at 10:00 A.M. *Public is welcome!*

#### TUESDAY, OCTOBER 11

Meet Me at the Movies and Make Memories! Residents will head to the Coolidge Corner Theatre in Brookline at 10:00 A.M. to view classic film clips and to reminisce together. This experience is part of the Artz (Artists for Alzheimer's) Foundation Program



#### TUESDAY, OCTOBER 18

Gary Leanues will perform at 2:00 P.M. Gary is a keyboardist and strolling musician who comes armed with a cordless mic that invites the audience to sing solo and entertain along with him! Sure to be crowd-pleasing!



### RESIDENT PROFILE



Shawn Spitzer was raised in San Francisco primarily, but also lived for years in Japan, where his younger brother was born. Shawn has enjoyed an exciting life of travel and adventure, thriving on adrenaline rushes while engaging in such activities as skiing in France, biking in California and Mexico, and running with the bulls in Pamplona, to name a few.

As fate would have it, Shawn was reaching young adulthood in the 1960s, and had the opportunity to meet some of the up-and-coming musicians of the day, among them Jim Morrison, the Grateful Dead, and Carlos Santana. Shawn traveled, enjoyed his job as a ski patroller, owned and operated an organic farm, and owned a successful import/export textile and furniture business.

We are delighted to hear the stories of Shawn's life, and we look forward to creating new adventures with him here!

### ART PROGRAM COMING SOON!



We are proud to announce an up-and-coming collaborative program with Enter Stage Left (ESL) Theater in Hopkinton. This interactive, intergenerational art program will be held at the newly-restored Art Center and will offer a variety of cultural events and projects.



## ASSOCIATE PROFILE



We are proud to highlight **Alex Xavier**, a Certified Nursing Assistant with 19 years of experience in this field. Alex was a licensed optician in his home country of Brazil. After learning that his license was not transferable to the United States, Alex chose to demonstrate his compassion in a different way: by becoming a competent and confident CNA. Please join us in recognizing Alex and his contribution to the Compass at Hopkinton family.

## MUSICIAN JEFF THOMAS



*Left: musician **Jeff Thomas** serenades **Catherine Mullen***



*Right: Jeff's performance got all our hands clapping!*



## COMPASS HAPPENINGS



*Clockwise, from top left: **Jessie Groves** enjoys a visit with **Chica**, a Chiweenie, (Chihuahua and Dachshund mix); Our friend **Andrea** from Golden Pond Assisted Living cooked and delivered us delicious fried green tomatoes; Resident Care Director **Lindsay Willis** and resident **Nick Eosco** share a smile.*

## RECONNECTIONS AT WORK!



*After enjoying the Underwater Life Reconnections Program, **Barbara Voymas** was inspired to share her sea horse paperweight with the group. Thanks, Barbara!*



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