

## CONCORD PARK

A Community Established by the Nonprofit



### UPCOMING EVENTS

#### THURSDAY, FEBRUARY 2

Musician Matt MacCabe will perform in the living room at 2:00 P.M.

#### THURSDAY, FEBRUARY 9

Broadway tunes with singer Diane Dexter at 2:00 P.M.



#### MONDAY, FEBRUARY 13

A Valentine visit from the local Girl Scouts at 2:00 P.M.

#### FRIDAY, FEBRUARY 17

Art Matters presentation on "Animals in Art" at 2:00 P.M.

#### THURSDAY, FEBRUARY 23

Enjoy the Crooners with Mark Stanzler at 2:00 P.M.



### RESIDENT PROFILE



Meet **Aaron Reitano**! In the short time Aaron has been at Concord Park, he has made a big impact. Aaron grew up in Manhattan, and from there moved to New Jersey near the George Washington Bridge, and later landed in Chelsea, Massachusetts. He is clearly a lover of education and music, having earned degrees in elementary education, secondary education, conducting, and music education from K-12. Aaron also has a master's degree in science and was a pre-med student at UMass. Right now he is learning Latin. Aaron's true passion is music; he plays the saxophone, the clarinet, the guitar, and the piano. He has been a piano and voice teacher as well as a songwriter throughout his career. At one point, Aaron had a band called Aaron Rae the Bopper, which gave Las-Vegas-style performances. Aaron played music for the New York Mets (*we will forgive him that it wasn't the Red Sox because he is such a nice man*). Aaron has been gracious enough to play here at Concord Park and there is hardly a day where he doesn't get requests to play more. Thank you, Aaron, for all of your contributions to the Concord Park community!



### COMMUNITY EVENTS

Concord Park's annual  
**VALENTINE'S CHOCOLATE BUFFET**  
Tuesday, February 14<sup>th</sup> at 2:30 P.M.

Fun songs with banjo player  
**ALAN BRANDT**  
Friday, February 24<sup>th</sup> at 2:00 P.M.

## Questions about making a tax-deductible gift?

Contact **Nancy Crowley**, executive director of  
Concord Park at 978-369-4728.



## CONCORD PARK HOLIDAY PARTY



*First row, left to right: **Forda Pappas** and Santa; Social Worker **Cynthia Overman** and her son, **Nate**; second row, left to right: Santa with his newest recruit, **Francis Robinson**; Santa and **Ann Sbardella**; **Helen Palmateer** and Santa; CNA's **Paula Doyle** and **Neuri Miguel** with Santa; third row, left to right: **Tema Nason** and her friend **Ed** with Santa; **Peg Grason** with Santa*

### *Safety Tips for Driving as We Age*

Have your **vision** and **hearing** checked regularly (at least once a year)

Wear a **seat belt** at all times

**Plan** your driving route and **allow extra time** to arrive safely

Travel on **familiar** roads; **avoid rush hour** traffic and **inclement weather**

**Avoid driving at night** if you have vision difficulties

Understand the effects that **medication** may have on your driving

**Reduce distractions** such as the car radio or cell phone

Enroll in a **driver-safety program** such as AARP, AAA or National Safety Council