

NASHOBA PARK

A Community Established by the Nonprofit



UPCOMING EVENTS

TUESDAY, MARCH 8

Sgt. Daniel M. Clark, "The Singing Trooper," at 3:00 P.M. *Public is welcome!*

THURSDAY, MARCH 17

Students from the Bracken School of Irish Dance will entertain with reels, jigs, and hornpipes at 3:00 P.M.!



TUESDAY, MARCH 22

Guitarist George Parker performs at 2:00 P.M. *Public is welcome!*

FRIDAY, MARCH 25

Jazz pianist Ethan Stone returns at 2:00 P.M. *Public is welcome!*

TUESDAY, MARCH 29

Nashville recording artist Lyle Pierce brings a country flair at 2:00 P.M. *Public is welcome!*



RESIDENT PROFILE



Helen Woodworth begins and ends her day sitting in the recliner by the window in her cozy Nashoba Park apartment, watching the wildlife, weather, daylight, and seasonal changes. It is so peaceful here and "all the staff are wonderful to me," she says. Helen has three younger siblings: Edward, Robert, and Mary. The four grew up in West Roxbury and Helen lived in the Boston area until moving to Groton about 11 years ago. She earned a bachelor's degree in elementary education with minors in psychology and philosophy, and has worked as both a nanny and an elementary school teacher. Helen has two daughters, Patty and Karen, and four grandchildren: Caitlin, Daniel, Brianna, and Abigael. Brianna is expecting Helen's first great-grandchild! Helen volunteers for the Groton Council on Aging making outreach and wellness calls. She has found that "by reaching out, others often reach back." Helen believes that "If you have a faith in your heart and a positive attitude, it will take you a long way in life."

WELCOME, NEW RESIDENTS!



Left to right: Armand Ortins and John Payne



ASSOCIATE PROFILE



Certified Nursing Assistant **Kathleen Raymond** was born in Warwick, Rhode Island and grew up in East Greenwich. She and her fiancé Michael relocated to Massachusetts for his job. Kathy's daughter Julie lives in Wakefield, Rhode Island and has three children (and another one on the way!), which makes Kathy a very happy grandmother! Her son Steven lives in Cumberland, Rhode Island. Kathy is an outdoor enthusiast who enjoys camping, boating, swimming, and just about anything to do with the water. She also likes to do arts and crafts, needlework, and crocheting in her spare time. Kathy's favorite places to relax are at the beach or at a lake. She is very friendly and has a cheerful smile for everyone. Kathy has been a CNA since she was 21 years old. She loves her job at Nashoba Park. "I love the Nashoba Park team," she says, adding, "Everyone is nice here and the residents are a joy."

Questions about making a tax-deductible gift?

Contact **Stephanie Burton**, executive director of Nashoba Park at 978-772-0707 or **George Mathieson**, director of development of Volunteers of America, Massachusetts at 617-390-0228



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Massachusetts

ASSOCIATE OF THE MONTH

Congratulations to Certified Nursing Assistant **Joyce Carmona!**



OUR BELOVED MUSICAL ENTERTAINERS!



Clockwise, from top left: **Martha Osborn** (former piano teacher) with classical pianist **Adam Bergeron**; **Arnie and Jane Lewis** with classical pianist **Bruce Pratt, Jr.**; **Pat DiNicola** gives **Tony Funches** a warm welcome; **Edna Roensch** and **Huck Moorehouse** sing with **Patrick Hoye**



LIFETIME ACHIEVEMENT AWARDS



We recently celebrated the lifetime achievements of two of our amazing residents! Left, top to bottom: **Irene Reisch**, Social Program Director **Kim Dee**, and Irene's daughter **Diane**; **Kim** with **Madeleine Boegemann** and Executive Director **Stephanie Burton**



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Edited by Kimberley Dee, Social Program Director