



## Cornerstone at Hampton December Calendar

### ANNOUNCEMENTS & EVENTS:

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#### Performances in January

January 16th Jillian Mann's Music

January 17th Rebecca Rule  
Storytelling

January 23rd Bob Desmarius Sings

#### Outings in January:

Galley Hatch

Library

Market Basket

Walmart

Dollar Store

Barley House

GYP: January 30th - Alaska

### STAFF DIRECTORY:

Katrina June,  
Executive Director

Amanda Jillson  
Director of  
Community Relations

Catherine LaFlamme  
Director of Business Administration

Tara Wade,  
Resident Care Director

Robyn Outcalt,  
EnrichedLIFE Director

Patricia Corso  
Director of  
Compass Programming

Jean Foster-Spillane  
Director of Dining Experience

Jack Demeritt  
Director of  
Building & Grounds

*How will you spend your day?*

The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.

# January 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Program Key:</b></p> <ul style="list-style-type: none"> <li><span style="color: blue;">■</span> High Tide Cafe</li> <li><span style="color: orange;">■</span> Patio/Courtyard</li> <li><span style="color: lightgreen;">■</span> Arts &amp; Crafts Room</li> <li><span style="color: purple;">■</span> Legat Library</li> <li><span style="color: teal;">■</span> The Barn Theater</li> <li><span style="color: red;">■</span> Winnacunnet Fitness</li> <li><span style="color: cyan;">■</span> Compass Neighborhood</li> <li><span style="color: pink;">■</span> Boar's Head Pub</li> <li><span style="color: darkpurple;">■</span> Piano Lounge</li> <li><span style="color: yellow;">■</span> Van Trip</li> </ul>		<p><i>* All programs are subject to change based on resident interest.</i></p>	<p>1 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 Music &amp; Movement 1:30 Chair Yoga w Karyl 3:00 Happy Hour! 6:00 Brain Games</p>	<p>2 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 BINGO 1:30 Walking Group <b>2:00 January Birthdays</b> 3:30 Discovery Learn 6:30 Poker with Jim</p>	<p>3 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 Karaoke Club 1:30 Chair Yoga 3:00 Happy Hour! 6:00 Friday Night Flicks</p>	<p>4 10:15 Morning Stretch 11:00 Craft Corner 1:30 Saturday Matinee 3:30 Cards with Jim 6:00 Travels with my Father</p>
<p>5 10:15 Morning Stretch 11:00 BINGO Game 1:30 Preseason Football Games 3:00 Board Games 6:00 Movie: Comedy : Murder Mystery</p>	<p>6 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 <b>Galley Hatch Trip</b> 2:30 Board Games 3:00 Indoor Walking Group 6:00 Cribbage/Card Games</p>	<p>7 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 Crochet with Sandy 1:30 Discovery Learn 2:30 Catholic Services <b>3:30 Resident Council</b> 6:00 Independent Puzzles</p>	<p>8 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 Music &amp; Movement 1:30 Chair Yoga 3:00 Happy Hour! 6:00 Brain Games</p>	<p>9 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 BINGO <b>1:30 Resident Round Table</b> <b>3:00 National Parks:Alaska</b> 6:30 Poker with Jim</p>	<p>10 9:45 Toppan's Store Open 10:15 Morning Stretch <b>11:00 Library Trip</b> 1:30 Chair Yoga 3:00 Happy Hour! 6:00 Friday Night Flicks</p>	<p>11 10:15 Morning Stretch 11:00 Craft Corner 1:30 Saturday Matinee 3:30 Cards with Jim 6:00 Travels with my Father</p>
<p>12 10:15 Morning Stretch 11:00 BINGO Game 1:30 Historical Documentary 3:00 Board Games 6:00 Movie: Drama PS I love you</p>	<p>13 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 Memory Lane Games <b>2:00 Market Basket Trip</b> 3:30 Indoor Walking Group 6:00 Cribbage/Card Games</p>	<p>14 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 Crochet With Sandy 1:30 Jeopardy! 2:30 Catholic Services 3:30 Discovery Learn 6:00 Independent Puzzles</p>	<p>15 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 Music &amp; Movement 1:30 Chair Yoga 3:00 Happy Hour! 6:00 Brain Games</p>	<p>16 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 BINGO <b>2:00 Jillian Mann</b> 3:30 Discovery Learn 6:30 Poker with Jim</p>	<p>17 9:45 Toppan's Store Open 10:15 Morning Stretch <b>11:00 Rebecca Rule Storytelling</b> 1:30 Chair Yoga 3:00 Happy Hour! 6:00 Friday Night Flicks</p>	<p>18 10:15 Morning Stretch 11:00 Craft Corner 1:30 Saturday Matinee 3:30 Cards with Jim 6:00 Travels with my Father</p>
<p>19 10:15 Morning Stretch 11:00 BINGO Game 1:30 Jeopardy Game 3:00 Preseason Football Social 6:00 Movie: Action Casino Royale</p>	<p>20 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 Golden Oldies Sing Along <b>2:00 Walmart Trip</b> 3:30 Indoor Games 6:00 Cribbage / Cards</p>	<p>21 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 Crochet With Sandy 1:30 Wheel of Fortune 2:30 Catholic Services 3:30 Discovery Learn 6:00 Independent Puzzles</p>	<p>22 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 Music &amp; Movement 1:30 Chair Yoga 3:00 Happy Hour! 6:00 Brain Games</p>	<p>23 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 BINGO <b>2:00 Bob Desmarius Sings</b> 3:30 Discovery Learn 6:30 Poker with Jim</p>	<p>24 9:45 Toppan's Store Open 10:15 Morning Stretch <b>11:00 Dollar Tree Trip</b> 1:30 Chair Yoga 3:00 Happy Hour! 6:00 Friday Night Flicks</p>	<p>25 10:15 Morning Stretch 11:00 Craft Corner 1:30 Saturday Matinee 3:30 Cards with Jim 6:00 Travels with my Father</p>
<p>26 10:15 Morning Stretch 11:00 BINGO Game 1:30 Mediation and Yoga social 3:00 Preseason football social 6:00 Card Games</p>	<p>26 9:45 Toppan's Store Open 10:15 Morning Stretch <b>11:00 Barley House Trip</b> 2:30 Board Games 3:00 Indoor Walking Group 6:00 Cribbage Game/ Cards</p>	<p>28 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 Crochet with Sandy 1:30 Word Peck 2:30 Catholic Services 3:30 Discovery Learn 6:00 Independent Puzzles</p>	<p>29 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 Music &amp; Movement 1:30 Chair Yoga 3:00 Happy Hour! 6:00 Brain Games</p>	<p>30 <b>GYP ALASKA</b> 9:45 Toppan's Store Open 10:15 Morning Stretch 11:00 Learn: Alaska Basket Weaving 2:00 Basket Weaving 3:00 Cornerstone's Iditarod Race 6:30 Poker with Jim</p>	<p>31 9:30 Coffee with the Chiefs 10:15 Morning Stretch 11:00 Indoor Games 1:30 Chair Yoga 3:00 Happy Hour! 6:00 Friday Night Flicks</p>	