



















How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.





Cornerstone at Milford January 2020 Calendar

ANNOUNCEMENTS & EVENTS:

Celebrate New Year's Day with John Grundstrom at 2:00 and The Mennonite Singers at 6:45!

Join us as Adam Bergeron plays classical piano at 2:00 on January 9.

Alexandria (Bianco) Connelly Sings on Monday January 13 at 2:00

Our Road Trip USA begins on January 16, and it will feature Roger Hart's slideshow presentation on Alaska.

John Horrigan talks about Martin Luther King on MLK Day, January 20 at 2:00

On January 26 Joe Reid and Will McMillan will perform "It's Only a Paper Moon" in the piano lounge.

Denise Doucette is here on January 30 to sing and play guitar.

STAFF DIRECTORY:

Beth Patras **Executive Director**

Michelle Hamilton **Director of Community Relations**

Corey Bandieri **Director of Business Administration**

Jessica Ferreira

Resident Care Director

Jenn Hozempa **Director of Compass Programming**

Dave Klein

Director of Dining Experience

Billy Beaton

Director of Building & Grounds

Kathryn Staropoli
Enriched Life Director

		Mr. Mr.				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 New Year's Day	2	3 Festival of Sleep Day	4 Trivia Day
4			9:30 Coffee and Chat 10:00 Chair Exercises	9:30 Coffee and Chat 10:00 Chair Aerobics	9:30 Coffee and Chat 10:00 Arthritis Exercise	9:30 Coffee and Chat 10:00 Chair Exercises
T			11:00 Trivia	11:00 Left, Right, Center	10-2:00 Weekly Reflection	11:00 Trivia
121		2020	1:30 Blood Pressure Clinic	2:00 Resident Council	11:00 Talk About Sleep	2:00 Bingo
/ 41	luary	2020	2:00 John Grundstrom Sings	Meeting	2:00 Judy Capone's Karaoke	3:30 Play Uno
			3:15 Baking with the Twins	3:30 Bingo	3:15 Happy Hour	6:00 Independent Board
			6:45 Mennonite Singers	5:30 Ethan Stone Plays	6:00 Friday Night Flicks	Games
5	6	7	8	9	10	11
9:30 Mass on TV	9:30 Coffee and Chat	9:30 Coffee and Chat	9:30 Coffee and Chat	9:30 Coffee and Chat	9:30 Coffee and Chat	9:30 Coffee and Chat
11:00 Play Tenzie	10:00 Communion	10:00 Arthritis Exercises	10:00 Tai Chi	10:00 Chair Aerobics	10:00 Arthritis Exercise	10:00 Chair Exercises
2:00 Liz and Friends Play in the Piano Lounge	2:00 Ted Powers Sings and	11:00 DL: Celebrating the New Year Around the World	2:00 Richard Hughes' Silent	10:45 Memories, Stories and Meaning with KC	10-2:00 Weekly Reflection 11:00 Wrap Baby Gifts	11:00 Play Tenzie 2:00 Bingo in Creative Arts
3:30 Bingo in Creative Arts	Plays Guitar	2:00 Adam McCauley Sings	Movie	2:00 Adam Bergeron Plays	2:00 Antiques Roadshow	3:30 Words in a Word
Room	3:30 Watch "The Crown" in	3:30 Voter Registration Drive	3:15 Target Trip	Classical Music on Piano	3:15 Happy Hour & Shower!	6:00 Independent Board
6:00 Sunday Night at the	Greenleaf	6:00 Wheel of Fortune with	3:15 Baking with the Twins	3:30 Catholic Mass	4:45 Chris Carter in Spices	Games
Movies	6:00 Bingo	Leah	6:00 Current Events w/Kathy	6:00 Andre Rieu On TV	6:00 Friday Night Flicks	
12	13	14	15	16	17	18
9:30 Mass on TV	9:15 Trip to MFA	9:30 Coffee and Chat	9:30 Coffee and Chat	ROAD TRIP USA: ALASKA	9:30 Coffee and Chat	9:30 Coffee and Chat
11:00 YouTube Videos	9:30 Coffee and Chat	10:00 Arthritis Exercises	10:00 Tai Chi	9:30 Coffee and Chat	10:00 Arthritis Exercise	10:00 Nat Geo: Wild Arabia
2:00 Peter Smith Duo in	10:30 Chair Aerobics	11:00 Ted Talk	11:00 Trivia	10:00 Chair Aerobics	10-2:00 Weekly Reflection 11:00 Would You Rather?	11:00 Left, Right, Center
Piano Lounge 3:30 Bingo in Creative Arts	2:00 Alex (Bianco) Connolly Performs	2:00 Polka Paul Entertains 3:30 Food Committee Meeting	1:30 Blood Pressure Clinic	10:30 Nat Geo Alaska 2:00 Roger Hart: Alaska	2:00 Manny Brando Sings	2:00 Women's Chorus Sings in Greenleaf
6:00 Sunday Night at the	3:30 Watch "The Crown"	in Cafe	3:15 Target Trip	3:15 Share Alaskan Memories	,	3:30 Bingo
Movies	6:00 Play Bingo in Creative	6:00 Independent Word	3:15 Baking with the Twins	and Stories	6:00 Friday Night Flicks	6:00 Independent Board
	Arts	Games	5:30 Joel Hiller Plays Piano	6:00 Dean Martin on TV	, 3	Games
19	20 Martin Luther King Day	21	22	23	24 Peanut Butter Day	25
9:30 Mass on TV	9:30 Coffee and Chat	9:30 Coffee and Chat	9:30 Coffee and Chat	9:30 Coffee and Chat	9:30 Coffee and Chat	9:30 Coffee and Chat
11:00 Play Tenzie	10:00 Communion	10:00 Arthritis Exercises	10:00 Tai Chi	10:00 Chair Aerobics	10:00 Arthritis Exercise	10:00 Chair Exercises
2:00 Peter Kostopolous	10:30 Chair Aerobics	11:00 DL: Blizzard of '78	10:30 Trip to Barnes and	10:30 Tim Visits with Vets	10-2:00 Weekly Reflection	10:45 Play Uno
Piano Lounge 3:30 Bingo in Creative Arts	2:00 John Horrigan Talks About Martin Luther King in	1:00-4:00 Comfort Cats 2:00 Bill Foley Sings	Noble 2:00 Bill Reidy Entertains	12:00 Birthday Lunch 2:00 Giant Scrabble	11:00 Make Peanut Butter Balls in Cafe	2:00 Bingo in Creative Arts 3:30 Words in a Word
6:00 Sunday Night at the	Greenleaf	3:30 Rummikub	3:15 Target Trip	3:30 Bingo	2:00 Holly Summers Sings	6:00 Independent Board
Movies	3:30 Watch "The Crown"	6:00 Wheel of Fortune with	3:15 Baking with the Twins	5:00 Dan Pappas in Spices	3:30 Happy Hour	Games
	6:00 Bingo	Leah	6:00 Current Events w/ Kathy	6:00 Andre Rieu on TV	6:00 Friday Night Flicks	
26	27	28	29	30	31 Hot Chocolate Day	
9:30 Mass on TV	9:30 Coffee and Chat	9:30 Coffee and Chat	9:30 Coffee and Chat	9:30 Coffee and Chat	9:30 Coffee and Chat	
11:00 YouTube Videos	10:30 Chair Aerobics	10:00 Arthritis Exercises	10:00 Tai Chi	10:00 Chair Aerobics	10:00 Arthritis Exercise	
2:00 Joe Reid and Will	2:00 Bill Burke Entertains in	11:00 Read Old Newspapers	11:00 Men's Lunch Trip	10:45 Memories, Stories, and	10-2:00 Weekly Reflection	
McMillan Sing and Play	Greenleaf	2:00 Kathy's Slides From	2:00 Lindsay Straw Sings	Meaning with KC	11:00 Finishing Lines	
3:30 Bingo in Creative Arts 6:00 Sunday Night at the	3:30 Watch "The Crown" 6:00 Bingo in Creative Arts	Portugal 3:30 Carol Burnett Show	3:15 Target Trip 3:15 Baking with the Twins	2:00 Denise Doucette Entertains	2:00 Maria Abramo Violin 3:15 Happy Hour with Hot	
Movies	0.00 Diligo ili Greative Arts	6:00 Scott Grossman & Scott	6:00 Current Events w/ Kathy	3:30 Bingo	Chocolate too!	
INOVICO		Howard Piano Lounge	0.00 Guitent Events W/ Nathly	6:00 Dean Martin on TV	6:00 Friday Night Flicks	