



Cape Cod Senior Residences January Calendar

ANNOUNCEMENTS & EVENTS:

January 14th - National Bagel Day

January 15th - Liz Saunders Entertains

January 17th - National Parks Presentation

January 18th - Rick Walsh Entertains

January 23rd - Theme Dinner - Alaska

January 27th - Eddie Scheer on piano

January 29th - National Puzzle Day



STAFF DIRECTORY:

Michael LeBrun,
Executive Director

Pat Caron,
Director of Business
Administration

Cathie Cox,
Resident Care Director

Lisa Marie Chinappi,
EnrichedLIFE Director

Brendon Forrest,
Director of Dining Experience

Dan Doughty, Director of
Building & Grounds

How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.

January 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Program Key: <div> <div>Dining Room</div> <div>Patio</div> <div>Outing</div> </div> <div> <div>Activity Room</div> <div>Media Room</div> <div>Round room</div> </div> <div> <div>Country Kitchen (1st Floor)</div> <div>Country Kitchen (2nd Floor)</div> <div>Outdoors</div> </div>			1 <div>2:30 Movie Matinee</div> 	2 <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>10:30 Bible Study</div> <div>11:00 Indoor Walking</div> <div>2:30 \$1.00 Bingo</div> <div>3:15 Face Match Game</div>	3 <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 Indoor Walking</div> <div>2:30 \$2.00 Bingo</div> <div>3:15 Let's Play Cards</div> <div>7:30 Movie Night! TBA</div>	4 <i>Hairdresser is in</i> <div>10:30 Exercise Class</div> <div>11:00 Saturday Stroll</div> <div>3:15 Prize Cart Bingo</div> <div>7:30 Movie Night! TBA</div>
<i>* All programs are subject to change based on resident interest.</i>						
5 <div>10:30 Catholic Mass</div> <div>11:00 Sunday Stroll</div> <div>2:00 Marvelous Manicures</div> <div>2:30 Movie Matinee</div> <div>3:30 Scrabble</div>	6 <i>Happy Birthday- Meredith F.</i> <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 1on1 w/ Lisa Marie</div> <div>11:00 Indoor Walking</div> <div>11:00 Current Events</div> <div>2:00 PO-KE-NO</div> <div>3:30 Jeopardy Game</div>	7 <i>Hairdresser is in</i> <i>Happy Birthday - Jean N.</i> <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 Indoor Walking</div> <div>2:30 \$1.00 Bingo</div> <div>7:00 Bible Study</div>	8 <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 Indoor Walking</div> <div>2:30 Travel Video: Alaska</div> <div>3:30 Knitting Group</div>	9 <div>9:00 Rest of the Story</div> <div>9:15 Walmart & Lunch At Gateway</div> <div>10:30 Exercise Class</div> <div>10:30 Bible Study</div> <div>11:00 Indoor Walking</div> <div>2:30 \$1.00 Bingo</div> <div>3:30 Exercise Class</div>	10 <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 Indoor Walking</div> <div>2:30 \$2.00 Bingo</div> <div>3:15 Let's Play Cards</div> <div>7:30 Movie Night! TBA</div>	11 <i>Hairdresser is in</i> <div>10:30 Exercise Class</div> <div>11:00 Saturday Stroll</div> <div>3:15 Scratch Card Bingo</div> <div>7:30 Movie Night! TBA</div>
12 <i>Happy Birthday - Irwin L.</i> <div>10:30 Catholic Mass</div> <div>11:00 Sunday Stroll</div> <div>2:00 Marvelous Manicures</div> <div>2:30 Movie Matinee</div> <div>3:30 Scrabble</div>	13 <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 Indoor Walking</div> <div>2:30 \$1.00 Bingo</div> <div>3:30 Decorate Cookies With Michelle (AL)</div>	14 <i>Hairdresser is in</i> <i>Happy Birthday - Rita D.</i> <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 Indoor Walking</div> <div>2:30 National Bagel Day Bagels of all kinds (AL)</div> <div>7:00 Bible Study</div>	15 <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 Indoor Walking</div> <div>11-12 Bayada Nurse in</div> <div>2:00 Computer Class</div> <div>3:00 Liz Saunders</div> <div>7:00 Evening Knitters</div>	16 <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>10:30 Bible Study</div> <div>11:00 Indoor Walking</div> <div>2:30 \$2:00 Bingo</div>	17 <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 Indoor Walking</div> <div>2:30 National Parks Presentation</div> <div>7:30 Movie Night! TBA</div>	18 <i>Hairdresser is in</i> <div>10:30 Exercise Class</div> <div>11:00 Saturday Stroll</div> <div>3:15 Prize Cart Bingo</div> <div>7:30 Movie Night! TBA</div>
19 <div>10:30 Catholic Mass</div> <div>11:00 Sunday Stroll</div> <div>2:00 Marvelous Manicures</div> <div>2:30 Movie Matinee</div> <div>3:30 Scrabble</div>	20 <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 1on1 w/ Lisa Marie</div> <div>11:00 Indoor Walking</div> <div>2:30 All Community Meeting, Safety Meeting & Birthday Celebration</div> <div>3:30 Jeopardy Game</div>	21 <i>Hairdresser is in</i> <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 Indoor Walking</div> <div>2:30 \$1.00 Bingo</div> <div>3:15 Word Peck Game</div> <div>7:00 Bible Study</div>	22 <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 Indoor Walking</div> <div>2:30 \$1.00 Bingo</div> <div>3:30 Knitting Group</div>	23 <div>9:00 Rest of the Story</div> <div>9:15 Trip to Market Basket</div> <div>10:30 Bible Study</div> <div>11:00 Indoor Walking</div> <div>10:30 Exercise Class</div> <div>4-6 Theme Dinner- Alaska</div>	24 <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 Indoor Walking</div> <div>2:30 \$2.00 Bingo</div> <div>3:15 Let's Play Cards</div> <div>7:30 Movie Night! TBA</div>	25 <i>Hairdresser is in</i> <i>Happy Birthday - Lois K.</i> <div>10:30 Exercise Class</div> <div>11:00 Saturday Stroll</div> <div>3:00 Rick Walsh</div> <div>7:30 Movie Night! TBA</div>
26 <i>Happy Birthday - Phyllis F.</i> <div>10:30 Catholic Mass</div> <div>11:00 Sunday Stroll</div> <div>2:00 Marvelous Manicures</div> <div>2:30 Movie Matinee</div> <div>3:30 Scrabble</div> <div>7:00 Christian Worship</div>	27 <i>Happy Birthday Betty S. & Taka B</i> <div>9:00 Coffee Talk</div> <div>9:30 Catholic mass</div> <div>10:30 Exercise Class</div> <div>11:00 Zip Trip: Library</div> <div>11:00 Indoor Walking</div> <div>2:00 PO-KE-NO</div> <div>3:00 Eddie Scheer-Piano</div>	28 <i>Hairdresser is in</i> <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 Indoor Walking</div> <div>2:30 \$1.00 Bingo</div> <div>3:15 Discovery Learning</div> <div>7:00 Bible Study</div>	29 <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 Indoor Walking</div> <div>2:30 Food for thought Cooking Demo/ Activity Meeting</div>	30 <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>10:30 Bible Study</div> <div>11:00 Indoor Walking</div> <div>12:30-2:30 - Hearing Exam with Shawn Woodbrey</div> <div>2:30 \$1.00 Bingo</div>	31 <i>Happy Birthday - Joe F.</i> <div>9:00 Coffee Talk</div> <div>10:30 Exercise Class</div> <div>11:00 Indoor Walking</div> <div>2:30 \$2.00 Bingo</div> <div>3:15 Let's Play Cards</div> <div>7:30 Movie Night! TBA</div>	