

Navigating Parkinson's

A Parkinson's Support Group
at The Cambridge Homes



4th Saturday of each month | 10:30 - 12:00

Dealing with Parkinson's disease isn't easy. But it is helpful to share your concerns and personal experiences with others who completely understand what you are going through. You will also learn about proven strategies to help you better care for your family member. *Light refreshments will be served.*

Call Teresa or Pam for more info and to RSVP at 617.876.0369 or info@thecambridgehomes.org.

ABOUT OUR FACILITATOR: Noah Gabriel Press McIntyre is a professional coach and entrepreneur with more than 30 years experience studying mindfulness and gratitude. With both parents diagnosed with Parkinson's, Noah has seen first-hand the invaluable comfort that support groups can provide to families dealing with this disease. Noah is passionate about providing healing and support for other families, which is why he's made this group open to anyone in the community who'd like to attend.



Independent & Assisted Living
360 Mount Auburn Street, Cambridge, MA
CambridgeHomes.org