



## Your Community March Calendar

### ANNOUNCEMENTS & EVENTS:

Surfing & Song **California** Style...  
**GRAB YOUR PASSPORT** & Celebrate  
**California** March 12th



#### *A Happy Birthday in March:*

March 9th - Roger F.  
March 11th - Norma G.  
March 15th - Tony M.  
March 16th - Pauline G.  
March 26th - Edythe L.



### STAFF DIRECTORY:

Natasha Heimrath,  
Executive Director

Maryellen King, Director of  
Community Relations

Ruchi Shanker, Director of  
Business Administration

Kathleen Davidson,  
Resident Care Director

Kate Bailey,  
EnrichedLIFE Director

Daniel Pettit, Director of  
Compass Programming

Cynthia Fincke-Overman,  
Licensed Social Worker

Misty Heldermon,  
Director of Dining Experience

Donald Monty, Director of  
Building & Grounds

*How will you spend your day?*

The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00 The Rosary 10:45 Catholic Church Service <b>2 Marty Sawyer on Guitar</b> 2 UNO with the Students 6:30 Downton Abbey Lovers Group	2 10:00 Forever Fit 11 Discussion Group with Cindy <b>-Name Tag Lunch-</b> <b>2 Resident Roundtable</b> 3 March in History & Refreshments 6:30 BINGO!	3 9:15 Tai Chi with Ray 10:30 "The Weekly" Articles in Review <b>-Newcomers &amp; Welcome Committee Lunch-</b> <b>2 Pottery Class</b> <b>2:30 Chaplin Tom Visits</b> 3:15 Bible Group 6:30 Current Events with Bob	4 10:00 Music & Motion with Tom 11:00 JEOPARDY 11:30 COA Lunch <b>2 Discovery Series: Ireland</b> <b>2:30 Concord Academy Duo Visit</b> 3 Bridge Group 6:30 Classic Movie Night	5 10:00 Forever Fit 11:00 New England's Finest in Review <b>1:45 Linda's Art Studio</b> 2 Jon Seiff Sings (CL) 3 Travel To California Documentary <b>6:30 Piano &amp; Fun with Joe Sarason</b>	6 10:00 "Get on Your Feet" Exercise 11:00 Coffee & Conversation with Cindy 1:45 Shopping Trip <b>2 Jump'n Jumba Band Perform</b> 3:00 Wine & Cheese Social with Musical Trivia 6:30 Movie Night	7 10 Group Exercise 10:30 Jeff Moore Performs (CL) 11:00 Biography Series <b>2 Steve Lectures on California's National Parks</b> 3 Movie Matinee 6:30 Resident led BINGO!
8 10:00 The Rosary 10:45 Catholic Church Service <b>2 Rick Scalise on Piano</b> <b>2 Joe Mallon Presents(CP)</b> 2 Quiddler with the Students 6:30 PBS Special	9 10:00 Forever Fit 11 Discussion Group with Cindy <b>2 Haiku Poetry Group</b> <b>2 Discovery Series: California</b> 3 UNO & Quiddler Cards 6:30 BINGO!	10 9:15 Tai Chi with Ray 10 Shopping Trip 10:30 Current Events with JoAnn <b>2 Holly Sommers Sings (CL)</b> <b>2:30 Chaplin Tom Visits</b> <b>3 Avocado Social</b> 3:15 Bible Group 6:30 Current Events with Bob	11 10:00 Music & Motion with Tom 11:00 Wheel of Fortune 11:30 COA Lunch <b>1:45 Marathon Walkers Group - Indoor Walk at the Rec center &amp; Ice cream stop</b> 2:30 Concord Academy Duo Visit 3 Bridge Group <b>3:00 Food Committee</b> 6:30 Classic Movie Night	12 <b>Grab Your Passport California!</b> 10:15 Exercise with JoAnn 11:00 The Weekly Articles in Review <b>12:45 Trip to Indian Hill</b> <b>2 Everyone Go Surfing with The Beach Boy Band</b> <b>3 California Wine Tasting</b> 6:30 Singing Group Meets	13 10:00 "Get on Your Feet" Exercise 11:00 Coffee & Conversation with Cindy <b>11 To The Irish Rose Restaurant for Lunch</b> 1:45 Shopping Trip <b>2 Ted Powers Sings &amp; Dances</b> 3:00 Wine & Cheese Social with Musical Trivia 6:30 Movie Night	14 10 Joe Fish Fitness <b>11 Meditation &amp; Movement (CL)</b> 11:00 Artists Rediscovered <b>1 Celebrate National Girl Scout Day with Tom</b> 2:00 Movie Matinee 6:30 Resident led BINGO!
15 10:00 The Rosary 10:45 Catholic Church Service <b>2:00 JINGO w/ the Students</b> <b>3:00 Jerry Hurley on Piano</b> 6:30 Downton Abbey Lovers Group	16 10:00 Forever Fit 11 Discussion Group with Cindy <b>1PM Ed Biggins Sings Irish Tunes (CL)</b> <b>2 Irish Tea Social with Virtual Trip to Ireland</b> <b>3 Men's Outing for Coffee</b> 6:30 BINGO!	17 9:15 Tai Chi with Ray 10:30 Current Event with JoAnn <b>2 Ventriloquist Kevin visits with St Pat</b> <b>3 Celtic Guitar with George Parker</b> <b>3 Happy St. Patrick's Day Social</b> 3:15 Bible Group 6:30 Current Events with Bob	18 10:00 Music & Motion with Tom 11:00 JEOPARDY 11:30 COA Lunch <b>2 Violin with Lynn (CP)</b> 2:30 Concord Academy Duo Visit 3 Bridge Group <b>6:30 Matt McCabe on Piano</b>	19 10:00 Forever Fit 11:00 New England Finest in Review <b>1 Visit to Sky Bar Manufacturing</b> <b>2 Ben &amp; Brad Broadway Hits</b> <b>3 Sky Candy Bar Sampling &amp; History Social</b> 6:30 Singing Group Meets	20 10:00 "Get on Your Feet" Exercise 11:00 Coffee & Conversation with Cindy 1:45 Shopping Trip <b>2 Birthday Celebration with Steve Staines</b> <b>3 Birthday Cake Social</b> 6:30 Movie Night	21 10 Joe Fish Fitness 11:00 Biography Series <b>1 Celebrate Irish American Heritage Month with Tom</b> <b>2 Stephenie Sings &amp; Lecture Musical Favorites</b> 6:30 Resident led BINGO!
22 10:00 The Rosary 10:45 Catholic Church Service <b>2:00 JINGO w/ the Students</b> <b>3 Spring Refreshment Social</b> 6:30 PBS Special	23 10:00 Forever Fit 11 Discussion Group with Cindy <b>1 Trip to Tower Hill</b> 2 Giant Crossword with Cindy 6:30 BINGO!	24 9:15 Tai Chi with Ray 10 Shopping Trip 10:30 Current Event with JoAnn <b>2 Drumlin Farms Visits (CP)</b> <b>2 Discovery Series: Spring &amp; Weather</b> <b>2:30 Chaplin Tom Visits</b> 3:15 Bible Group 6:30 Current Events with Bob	25 <b>9 Blood Pressure Clinic</b> 10:00 Music & Motion with Tom 11:00 Wheel of Fortune 11:30 COA Lunch <b>2:30 Lifetime Achievement Celebration</b> 3 Bridge Group 6:30 Classic Movie Night	26 10:15 Exercise with JoAnn 11 The Weekly Articles in Review <b>2 Lecture Series with Magdalana: Live, Learn &amp; Pass it On</b> 6:30 Singing Group Meets	27 10:00 "Get on Your Feet" Exercise 10 Chris Ekblom Performs (CL) 11:00 Coffee & Conversation with Cindy 1:45 Shopping Trip <b>2 Book Club Meets</b> 3 Wine & Cheese Social 6:30 Jeff Folmer Performs on Guitar	28 10 Group Exercise 11:00 Artists Rediscovered <b>1 Celebrate National American Red Cross Day with Tom</b> <b>2 Brian Cane on Saxophone (CL)</b> 2:00 Movie Matinee 6:30 Resident led BINGO!
29 10:00 The Rosary 10:45 Catholic Church Service 2:00 JINGO w/ the Students <b>3:00 Jerry Hurley on Piano</b> 6:30 Downton Abbey Lovers Group	30 10:00 Forever Fit 11 Discussion Group with Cindy <b>2 Discovery Series: Gardening in New England</b> <b>3 Seed Planting</b> 6:30 BINGO!	31 9:15 Tai Chi with Ray 10:30 Current Events with JoAnn 2 JEOPARDY Challenge <b>2:30 Chaplin Tom Visits</b> 3:15 Bible Group 6:30 Current Events with Bob	<h1>March 2020</h1>			