



How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.



Your Community March Calendar

ANNOUNCEMENTS & EVENTS:

3/1 Peanut Butter Lover's Day!! Enjoy an exciting menu from Chef Lisa!

2pm Culinary Club- Peanut Butter Blossom Cookies

3/3 9:30am Walk to Forestdale School for the **Presidential Primary **Election**!!**

3/10 6:00pm Mark Tavenner LIVE!!

3/12 2:00pm Dead Sea Scrolls Lecture: Part 1 with Nate Ramsayer

3/13 Friday the 13th!!

11:30am Out to Lunch: California Pizza Kitchen

3/19 2:00pm Cyber Security Lecture with Kiara Serret of SLR

3/29 2:00 Painting of the Little Library with Girl Scout Troop 71131

STAFF DIRECTORY:

Terri Guenard,
Executive Director

Sarah Starkweather, Director of
Community Relations

Michelle Spindler, Director of
Business Administration

Laura Waszak,
Resident Care Director

Courtney Sott,
EnrichedLIFE Director

Denise Thorud, Director of
Compass Programming

Lisa Tortora,
Director of Dining Experience

Eric Fields, Director of
Building & Grounds

March 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Peanut Butter Lover's Day! 10:00 Morning Mass on TV 11:00 Daily Chronicle 1:00 Scrabble Club 2:00 Culinary Club: Peanut Butter Blossom Cookies 3:30 Discovery Learning- Teddy Peanut Butter of Everett 6:00 Pokeno Bunch 	2 10:00 Daily Chronicle & Morning Stretch 11:00 Sacred Hearts Svces 1:00 FDP Dollar Store 2:30 Karen's Needle, Knit & Thread (Compass) 4:00 Bistro Chat 6:00 Puzzles	3 Presidential Primary Day & Caregiver Appreciation Day 9:30 Walk to Forestdale School to VOTE!! 10:00 Workout w/Bernadine 11:00 Bistro Chat 1:00 Crafting Club- Suffrage Pins & Caregiver Cards 6:00 Josef Nocera LIVE! 	4 9:30 Morning Stretch 10:00 Daily Chronicle 10:30 Horoscopes 1:00 Pastor Emily Visits 2:00 Walking Club 3:00 Irish Music with Accordion Dave (Compass) 3:30 Wine Down Wednesday 6:00 Resident Run Bingo	5 9:30 Morning Stretch 10:00 Daily Chronicle 10:00 Bible Study with Chaplain Tom 1:00 Walking Club 2:00 Discovery Learning: California 3:00 Food Council Meeting 3:30 Resident Council Meeting 6:00 Art with James	6 9:30 Daily Chronicle 10:00 Rosary with Virginia 10:30 Stories We Tell 11:00 Out to Lunch- El Potro Mexican Bar & Grill 2:15 Yoga with Sarah 3:30 Kalifornia Karl LIVE! 6:00 Aggravation Game	7 10:00 Workout w/ Bernadine 11:00 Daily Chronicle & Bistro Trivia 1:00 Walking Club 1:30 Beso Bingo (Compass) 2:00 Book Club NEW TIME! 2:30 Sat. Movie Matinee 6:00 Poker Club
8 Daylight Savings Begins! 10:00 Morning Mass on TV 11:00 Morning Stretch 1:00 Afternoon Walking Club 2:00 Word Peck 3:30 Discovery Learning: California Wine Country 6:00 Pokeno Bunch 	9 9:30 Daily Chronicle 10:00 Morning Stretch 11:00 Sacred Hearts Svces 1:00 FDP Dollar Store 2:00 Movies Trip (tbd) 2:30 Karen's Needle, Knit & Thread (Compass) 4:00 Garden Club-MPR 6:00 Puzzles	10 9:30 Daily Chronicle 10:00 Workout w/Bernadine 1:00 Walking Club 1:30 Crafting Club- St. Paddy's Day Crafts 3:00 Card Games With Helene 6:00 Mark Tavenner LIVE	11 9:30 Morning Stretch 10:00 Daily Chronicle 10:00 Trip to Market Basket 10:30 Horoscopes 1:00 Tai Chi with Alex 2:00 Crafting Club: Wine Glass Painting 3:30 Wine Down Wednesday 6:00 Resident Run Bingo	12 National Girl Scouts Day! 9:30 Morning Stretch 10:00 Yoga with Bernadine 10:00 Bible Study with Chaplain Tom 1:00 Line Dancing with Chrissy 2:00 Nate Ramseyer Lecture: Dead Sea Scrolls- Part 1 of 4 6:00 Art with James	13 Friday the 13th!! 9:30 Daily Chronicle 10:00 Rosary with Virginia 10:30 Stories We Tell 11:30 Out to Lunch- California Pizza Kitchen 2:30 Midnight Dreams Music NEW!! 3:30 Discovery Learning: Mural Conservatory of L.A. 6:00 Pokeno Night	14 National Potato Chip Day! 10:00 Workout w/ Bernadine 11:00 Daily Chronicle & Bistro Trivia 1:00 Scrabble Club 1:00 Culinary Club: Chocolate Covered Potato Chips 1:30 Beso Bingo (Compass) 3:00 DJ George LIVE! 6:00 Poker Club
15 10:00 Morning Mass on TV 1:00 Afternoon Walking Club 1-3pm Girl Scout Cookie SALE w/ Troop 71131! 2:30 Discovery Learning- Southern Cali 3:30 Word Peck 6:00 Mark West LIVE!	16 9:30 Daily Chronicle 10:00 Morning Stretch 11:00 Sacred Hearts Svces 1:00 FDP Dollar Store 2:30 Karen's Needle, Knit & Thread (Compass) 4:00 Garden Club-MPR 6:00 Puzzles	17 St Patrick's Day 9:30 Daily Chronicle 10:00 Workout w/Bernadine 11:00 Bistro Chat 1:00 Culinary Club- Irish Soda Bread 3:30 John D'Ambrosio Sing-A-Long 6:00 Prize Bingo 	18 9:30 Morning Stretch 10:00 Daily Chronicle 10:30 Joey BBop LIVE! 1:00 Pastor Emily Visits 2:00 Poetry Share- Spring Poems 3:30 Wine Down Wednesday 6:00 Resident Run Bingo	19 First Day of Spring! 9:30 Morning Stretch 10:00 Daily Chronicle 1:00 Line Dancing with Chrissy 2:00 Cyber Security Seminar with Kiara of SLR 3:30 Jeopardy 6:00 Art with James 	20 9:30 Daily Chronicle 10:00 Rosary with Virginia 10:30 Stories We Tell 11:00 Out to Lunch- Jack's Ristorante 2:15 Yoga with Sarah 3:00 Holly Sommers LIVE! 6:00 Pokeno Night	21 10:00 Workout w/ Bernadine 11:00 Daily Chronicle & Bistro Trivia 1:00 Walking Club 1:00 Scrabble Club 1:30 Beso Bingo (Compass) 2:30 Sat. Movie Matinee 6:00 Poker Club
22 10:00 Morning Mass on TV 1:00 Afternoon Walking Club 1:30 Culinary Club: Rocky Road Ice Cream Sandwiches 3:30 Crossword Puzzles 6:00 Pokeno Bunch 	23 9:30 Daily Chronicle 10:00 Morning Stretch 11:00 Sacred Hearts Svces 1:00 FDP Dollar Store 2:30 Karen's Needle, Knit & Thread (Compass) 4:00 Garden Club-MPR 6:00 Puzzles	24 GYP California Food Day 9:30 Daily Chronicle 10:00 Workout w/Bernadine 11:00 Bistro Chat 1:00 Walking Club 2:00 Card Games with Helene 3:00 Howie Newman LIVE! 6:00 Prize Bingo 	25 9:30 Morning Stretch 10:00 Daily Chronicle & Horoscopes 10:00 Trip to Target 1:00 Tai Chi with Alex 2:30 Discovery Learning- California Foods 3:30 Wine Down Wednesday 6:00 Resident Run Bingo	26 9:30 Daily Chronicle 10:00 Workout w/ Bernadine 10:00 Bible Study with Chaplain Tom 11:30 Birthday Club Lunch 1:00 Line Dancing with Chrissy 2:00 Culinary Club: Avocado Sourdough Toast 6:00 Art with James	27 9:30 Daily Chronicle 10:00 Rosary with Virginia 10:30 Stories We Tell 1:00 Walking Club 1:30 Google Arts & Culture-@Large: Ai Weiwei on Alcatraz 2:15 Yoga with Sarah 3:30 Family Feud 6:00 Aggravation Game	28 10:00 Tone It Up with Terri! 1:00 Walking Club 1:00 Scrabble Club 1:30 Beso Bingo in Compass 3:00 Daily Chronicle & Bistro Trivia 3:30 Kalifornia Karl LIVE! 6:00 Poker Club
29 10:00 Morning Mass on TV 1:00 Afternoon Walking Club 2:00 Painting the Little Library with Girl Scout Troop 71131 3:30 Crossword Puzzles 6:00 Pokeno Bunch	30 9:30 Daily Chronicle 10:00 Morning Stretch 11:00 Sacred Hearts Svces 1:00 FDP Dollar Store 2:00 Karen's Needle, Knit & Thread (Compass) 3:00 Sharon DiFronzo LIVE! 4:00 Garden Club-MPR 6:00 Puzzles	31 9:30 Daily Chronicle 10:00 Workout w/Bernadine 11:00 Bistro Chat 1:00 Culinary Club: Vegan Mac & Cheese 2:30 Walking Club 3:00 Word Peck 6:00 Josef Nocera LIVE!	Program Key: Physical Bistro Activity Social/Games/Clubs Emotional/Expressive Arts Outings Entertainment/Events Spiritual Grab Your Passport <i>* Programs are subject to change based on resident interests.</i>			