



How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.



Your Community December Calendar

ANNOUNCEMENTS & EVENTS:

March Birthdays

Edith R 3/25
Beverly R 3/09
Joan C 3/29
Bob H 3/31
Jerome N 3/07

3/16/20 March Birthday Party

STAFF DIRECTORY:

Teresa Burns,
Executive Director

Pam Annunziata,
Director of Community Relations

Lindsay Mckenzie, **Assistant
Executive Director**

Stephanie Aussubel,
Resident Care Director

Karen Prest,
Enriched Life Director

Carol Simone,
Social Worker

Derrick Peterson,
Director of Dining Experience

Walter Crane, **Director of
Building & Grounds**

March 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 🍷 9:30 Religious Places & CVS in Fresh Pond Mall (T) 🍵 10:00 Coffee & Conversation with Sandra 📺 10:30 Trivia 🥁 2:30 Drumming Circle with Cornell 🎬 7:30 Movie	2 🏃 9:00 Group Exercise 9:30 Shaw's & Osco (T) 🌸 11:00 Flower Arranging 🍷 2:00 Resident Round Table Meeting with Bob Larkin from Senior Living Residences 📖 3:30 Play Reading with The Friends 🎬 7:30 Movie	3 🏃 9:00 Group Exercise 📺 10:00 Nancy's Card Table 🍲 11:00 Chicken Soup for the Soul 🎲 2:00 BINGO 🎬 7:30 Movie	4 🏃 9:00 Stretch and Yoga 💇 9:00 Hair styling 🗣️ 10:15 Discussion with Carol 💻 1:00 Computers Cafe 🧘 2:30 Meditation 🏃 3:30 Tai Chi 🎬 7:30 Movie	5 🏃 10:00 Fall Prevention Presentation w/Rachel & Katie 📺 10:30 News Currents 🗺️ 11:30 Armchair Travel 🎬 7:30 Movie	6 🏃 9:15 Fall Prevention Class w/SAIL Instructor 🌸 10:00 Garden Group 📺 1:30 Today in History 🎭 2:00 Student Group Performers/ Little Brothers 📖 3:00 Poetry Appreciation with Robin 🎬 7:30 Movie: Special Interest	7 🏃 9:00 Movement & Stretch 💡 10:00 Mindful Mandalas 🍷 3:15 Social hour 🎬 7:30 Movie: Comedy
8 🍷 9:30 Religious Places & CVS in Fresh Pond Mall (T) 🍵 10:00 Coffee & Conversation with Sandra 📺 10:30 Trivia 🍷 2:00 Communion Service 🎹 3:00 Johann Sebastian Bach The Passions of Bach 🎬 7:30 Movie	9 🏃 9:00 Group Exercise 9:30 Shaw's & Osco (T) 🌸 11:00 Flower arranging with Jen 📺 2:00 Word Games 📖 3:30 Play Reading with The Friends 🎬 7:30 Movie	10 🏃 9:00 Group Exercise 🍲 11:00 Chicken Soup for the Soul 💡 12:00 Pet visits w/Connie 🎲 2:00 BINGO 🍷 3:00 Tea Social with TCH Friends 🎬 7:30 Movie	11 🏃 9:00 Stretch & Yoga 💇 9:00 Hair Styling 🗣️ 10:30 Reminiscing Hour 💻 1:00 Computer Café 🧘 2:30 Meditation 🎬 7:30 Movie	12 🏃 9:00 Movement & Stretch 📺 10:30 News Currents 🗺️ 11:30 Armchair Travel 🗺️ USA Road Trip: Try cuisine featured in California 🎬 7:30 Movie	13 🏃 9:15 Fall Prevention Class w/SAIL Instructor 🌸 10:00 Garden Group 📺 1:30 Today in History 🗺️ 2:00 Jewelry Making 🍷 3:00 Ballroom Dancing 🎬 7:30 Movie: Special Interest	14 🏃 9:00 Movement & Stretch 💡 10:00 Pet Pals visit with Chloe and Yuna 🍷 3:15 Social hour 🎬 7:30 Movie: Comedy
15 🍷 9:30 Religious Places & CVS in Fresh Pond Mall (T) 🍵 10:00 Coffee & Conversation with Sandra 📺 10:30 Trivia 🥁 2:30 Drumming Circle w/Cornell 🎬 7:30 Movie	16 🏃 9:00 Group Exercise 9:30 Shaw's & Osco (T) 🌸 11:00 Flower Arranging 🍷 2:00 Resident's Bday Party with String Swing 📖 3:30 Play Reading with The Friends 🎬 7:30 Movie	17 🏃 9:00 Group Exercise 🍲 11:00 Chicken Soup for the Soul 🍷 11:30 Lunch w/TCH Friends 🍷 2:00 St. Patrick's Day Party 🍷 5:00 Dinner w/TCH Friends 🎬 7:30 Movie	18 🏃 9:00 Stretch & Yoga 📺 10:15 Community Connection 💻 1:00 Computer Café 🧘 2:30 Meditation 🏃 3:30 Tai Chi 🎬 7:30 Movie	19 🏃 9:00 Movement & Stretch 📺 10:15 Book Review 🗺️ 11:30 Armchair Travel 🗻 2:00 Wood flower creations 🎬 7:30 Movie	20 🏃 9:15 Fall Prevention Class w/SAIL Instructor 🌸 10:00 Garden Group 🍷 12:45 Men's Club Lunch 📺 1:30 Today in History 📺 2:00 Saori 🎬 7:30 Movie: Special Interest	21 🏃 9:00 Movement & Stretch 🍷 3:15 Social hour 🎬 7:30 Movie: Comedy
22 🍷 9:30 Religious Places & CVS in Fresh Pond Mall (T) 🍵 10:00 Coffee & Conversation with Sandra 📺 10:30 Trivia 🎓 2:30 History Lecture/Slides w/ Paolo 🎬 7:30 Movie	23 🏃 9:00 Group Exercise 9:30 Shaw's & Osco (T) 🌸 11:00 Flower arranging with Jen 📺 2:00 Word Games 📖 3:30 Play Reading w/The Friends 🎬 7:30 Movie	24 🏃 9:00 Group Exercise 🍲 11:00 Chicken Soup for the Soul 💡 12:00 Pet Visits w/Connie 📺 1:45 Food Forum 🎲 2:00 BINGO 🎬 7:30 Movie	25 🏃 9:00 Stretch & Yoga 🗣️ 10:30 Reminiscing Hour 💻 1:00 Computer Café 🧘 2:30 Meditation 👨 3:30 Chef's Table with Denis 🎬 7:30 Movie	26 🏃 9:00 Movement & Stretch 📺 10:30 News Currents 🗺️ 11:30 Armchair Travel 🗻 2:00 Jewelry Making w/Karen 🍷 3:30 Wine & Cheese w/Friends 🎬 7:30 Movie	27 🏃 9:15 Fall Prevention Class w/SAIL Instructor 🌸 10:00 Garden Group 📺 1:30 Today in History 🎵 3:00 Life & Music 🎬 7:30 Movie: Special Interest	28 🏃 9:00 Movement & Stretch 💡 10:00 Pet Pals visit with Chloe and Yuna 🍷 3:15 Social hour 🎬 7:30 Movie: Comedy
29 🍷 9:30 Religious Places & CVS in Fresh Pond Mall (T) 🍵 10:00 Coffee & Conversation with Sandra 📺 10:30 Trivia 🕒 2:30 🎬 7:30 Movie	30 🏃 9:00 Group Exercise 9:30 Shaw's & Osco (T) 🌸 11:00 Flower Arranging 📺 2:00 Word Games 📖 3:30 Play Reading with The Friends 🎬 7:30 Movie	31 🏃 9:00 Group Exercise 🗻 10:00 Jewelry Making 🍲 11:00 Chicken Soup for the Soul 🎲 2:00 BINGO 🎬 7:30 Movie	Program Key: <div> 🏃 Staying Fit 🗺️ Cognitive </div> <div> 🍷 Social 🍷 Spiritual </div> <div> 🗻 Creative Arts 💡 Therapeutic </div> <div> 🥁 Entertainment 🎓 Discovery Learning </div> <div> 💻 Technology (T) Transportation </div> <i>* Programs are subject to change based on resident interests.</i>			