



*We are...*

# HEIGHTS CROSSING

With friends like these, every day is an adventure.



# ALMA MATER PRIDE

## WE ARE BROCKTON GRADS



Many Heights Crossing residents graduated from Brockton High School and are proud to share their red & black Boxer pride!

It's a great comfort to many who have grown up in the area to be reunited with old classmates, neighbors and friends.



## BLAST FROM THE PAST

EACH DAY FEELS LIKE A REUNION

*Pictured above: Our Brockton High graduates pose on the front steps of the former Brockton High School (currently the Keith School). It was a perfect opportunity to share a few memories and laughs while chatting about homecoming games, favorite classes and school dances.*



# MEET THE CLASS



**Donald Mack, 1951** - Many know the Mack family through the Brotherhood Oil Company that Donald and his brother owned and operated their entire life - several Heights Crossing residents were their customers! Having been active in the Brockton Holy Name Society and Stoughton Senior Center, Donald loves to socialize, volunteer and attend dinner dances. Today, you can find him in our Cinema rooting on the Red Sox!



**Bertha Maneikis, 1952** - Bertha spent her childhood in Brockton within "The Lithuanian Village", a very close-knit community with its own church, stores and meeting places, still fondly remembered as one of the true hearts of Brockton. Bertha attended both Northeastern & Tufts University and became a Medical Technician for the Goddard Hospital, the VA and Wellesley College.



**Marjorie Fuller, 1942** - Marjorie was born in Brockton and worked at Good Samaritan Hospital for several years before marrying and moving to Stoughton. Her husband's family owned the *Brockton Enterprise* for over 100 years before it was sold in 1996. Marjorie was active in her area's Garden Club and National Resources Trust (NRT) and truly enjoys classical music - she rarely misses a music program offered at Heights Crossing!



**Claire Ronan, 1947** - Claire can truly call herself a native Brocktonian, having graduated from Brockton High and raised her five children in town. Claire may be a familiar face, as she worked in the disciplinary office at Brockton High School for more than 20 years. She developed good rapport with students using a big heart, listening ear and—of course—a bowl of candy on her desk!

**Elsie Lizio, 1950** - Born and raised in Brockton, Elsie has a strong connection to the community surrounding Heights Crossing. She has fond memories of walking to school from her home on Pleasant Street. Elsie was a star on the field, playing basketball and field hockey for Brockton High. When she married her husband, they moved to Easton and raised three children, two of whom still live locally. Elsie has always had a caring soul, having worked for a New England organization that offered services for disabled children and those with chronic health problems.





# KENNETH GILLPATRICK

## WE ARE VETERANS



**MOST POPULAR MEN'S PROGRAMS:**  
History lectures, current events & exercise classes

**WWII Experiences:** Kenneth operated one of the gliders that flew into Normandy on D-Day, infamously known as "flying coffins". 17,000 pilots died, but Kenneth miraculously survived and even stayed behind to help an injured comrade.

**A 1941 Brockton High graduate,** Kenneth Gillpatrick is an extremely hardworking, humble and patriotic individual. He fought in WWII and his experiences, which include flying into Normandy on a glider on D-Day and being one of the first to occupy Berlin, are extraordinary.

Following the War, Kenneth served on the Brockton Fire Department, eventually as Deputy Chief. Although he was involved in a dangerous gas explosion, after which most of the department retired, he remained working until his 65th birthday.

In addition to reflecting on past military experiences with fellow veterans at Heights, Kenneth also enjoys the local connections and friendships he has with residents and their families, some of whom were firefighters alongside him.

Today, Kenneth enjoys twice-daily visits from his son, once to bring his morning newspaper and again in the afternoon just to sit and talk.



## HONORING OUR VETERANS

*To honor and support veterans at Heights Crossing...*

- We host regular educational programs about historic battles
- We worked with our local cable station to interview veteran residents for submission to The National Archives for The Veterans Project



# THE GYM RAT PACK

## WE ARE FIT



### NORMAN GILES

Norman (standing) has been an active person throughout his life, enjoying swimming, cycling and running. He particularly loves spending time outdoors, bird-watching being one of his favorite hobbies. Here at Heights, Norman is happy to have found a group of like-minded friends who also strive to eat healthy, stay active and enjoy time outdoors. We can all hope to be as motivated as Norman when we are 92 years young!

### JACQUELINE FARRAR

Jacqueline (standing) is from St. Louis and moved to Heights Crossing to be closer to her family. She worked part time as a Secretary for the Missouri Department of Employment. Today you can see Jacqueline's commitment to staying fit as she walks the perimeter of our campus 2-3 times daily.

### SALLY KLINE

Nothing stops Sally (cycling) from challenging herself each day through exercise. Every morning, Sally spends 30 minutes to an hour on the workout bicycle, followed by an hour of group exercise. Sally recently celebrated her 90th birthday and is not planning to slow down anytime soon!

## EXERCISE WITH US!



At Heights Crossing, we are proud to offer group exercise classes seven days a week, several of which are taught by Kristen (pictured above), our professional Yoga Instructor.

*Our fitness center is open 5 days a week for residents to work out at their own pace, whenever they like.*



**Dorothy “Dottie” O’Neil** is the ultimate people-person. She loves talking to fellow Heights Crossing residents, hearing their stories and building new friendships over shared interests and trivia games.

You’ll often find Dottie chatting with friends while on her daily walks around the community grounds. Dottie is recovering from a physical setback but still pushes herself to walk a little further each day and uses our various exercise equipment to build up her strength.

Dottie has such a big heart that she attends our Alzheimer’s Caregiver Support Group so she can learn better communication techniques to help support her friends with memory loss.

## HEARTS. HUGS & HOPE

AN ALZHEIMER’S CAREGIVER SUPPORT GROUP

An Alzheimer’s diagnosis affects family and friends alike. Our monthly Caregiver Support Group is open to the public and offers a judgment-free zone where individuals can share concerns and personal experiences in a group setting, led by an Alzheimer’s Association certified facilitator.



# DOROTHY O’NEIL

## WE ARE SOCIAL



**MOST POPULAR  
WOMEN’S PROGRAMS:**  
**Seasonal Culinary  
Adventures, painting &  
group exercise classes**





# JOYCE MEKELBURG

## WE ALL HAVE A STORY

**Joyce grew up on Beacon Hill** where she first began exploring a life-long love of dancing and writing. Her parents settled in the Boston area and opened their own cleaning business after emigrating from Russia. In 1942, tragedy struck her neighborhood when the Cocoanut Grove Nightclub caught fire killing nearly 500 people, including her fiancé. At the age of 18, Joyce was one of only three living survivors. She actually witnessed the start of the fire when a busboy lit a match while replacing a lightbulb. Due to her unique experience, Joyce was featured in the documentary *Six Locked Doors* and countless news stories.

Joyce has had an eclectic professional career holding jobs at various well-known local companies including Boston University, Lord & Taylor and Mass General Hospital. She is also an accomplished writer and natural born leader, but her real pride and joy comes from her family, which includes five great-grandchildren!

## WE ARE...

DISCOVERING SOMETHING NEW EVERY DAY

While at Heights Crossing, Joyce has been able to continue doing the things she loves like dancing and singing along at concerts. Through our EnrichedLIFE experiences and adventures she also has the unique opportunity to join like-minded friends in learning new things, discovering their favorite hobbies, catching up-and-coming local performers and much more!



**Married for 66 years,** Fred and Rosarina's love and devotion to each other is an inspiration to all of us at Heights Crossing. Both were born in Brockton and raised four children there, three of which have become doctors (*they must have done something right!*).

Mr. Hassan worked for Barnstead Water Purification and Brockton Redevelopment Authority. Mrs. Hassan taught Consumer Homemaking at Brockton High for 20 years and was instrumental in helping countless students find career opportunities. The Hassans vacationed often at their summer family home in Dennisport and eventually retired there.

Living at Heights Crossing, the Hassans continue to participate in community programs they enjoy. For example, they have fond memories of going to Mass at St. Theresa's on North Main Street in Brockton and now attend Mass every Thursday right here at our community.

## ASK THE EXPERTS!

*“We say the key to a long, happy relationship is hard work and patience.”*



## COUPLES LOVE HEIGHTS

**CROSSING:** Many spouses whose partner may need an additional level of care find comfort knowing that their loved one is receiving the additional support he or she needs while remaining together in their apartment.

**MR. & MRS. HASSAN**  
**WE ARE FAMILY**





## INTERESTED IN GIVING HEIGHTS CROSSING A TRY?

We offer short-term and trial stays with NO MINIMUM length!

This option is popular among seniors and families:

- For extra support after a hospital or rehab stay
- When family is away on business or vacation
- To test the experience of a new home

*Drop in for lunch and a tour!*

Heights   
CROSSING  
A SENIOR LIVING RESIDENCE (SLR)

**ASSISTED LIVING & COMPASS MEMORY SUPPORT**

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