



THE CAMBRIDGE HOMES SEPTEMBER CALENDAR

ANNOUNCEMENTS & EVENTS:

STAFF DIRECTORY:

Teresa Burns
Executive Director

Pamela Annunziata
Director of Community Relations

Lindsay Mckenzie
Assistant Executive Director

Stephanie Aussubel
Resident Care Director

Somita Ray
EnrichedLIFE Director

Derrick Peterson
Director of Dining Experience

John Murphy
Director of Building & Grounds

Carol Simone, LICSW
Social Worker

































































































































































How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.

SEPTEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  (T) 9:30 Religious places & CVS in Fresh Pond mall  10:00 Coffee Hour  2:30 Drumming Circle  7:30 Movie	2 Labor Day  9:00 Group exercise (T)9:30 Shaw's & Osco  10:00-11:15 Vote forward letter writing  11:00 Meet Somita & Lisa  1:30 Flower arranging  2:00 Sign up for trips  3:30 Play reading w/Friends	3  9:00 Group exercise  10:15 Discussion group w/Carol  2:00 Resident Round Table  3:30 Music & exercise with Art Sullivan  7:30 Movie	4  9:00 Stretch & Yoga  9:00 Gardening 1:1 9:00 Hair Styling  1:00 Computer Café  3:00 Tai-chi  3:00 Hand massage	5  9:00 Movement & Stretch 10:30 (T) Harvard Art Museum-Winslow Homer  2:00 Documentary film: Japan, Dr. Nomad's travel  3:30 Japanese theme Happy Hour  7:30 Movie	6  9:15 Fall Prevention Exercise class with SAIL instructor  10:30 Slide show on traditions of Japan  2:00 SAORI-Japanese weaving  3:00 Hand massage  7:30 Movie-Special interest	7  9:00 Movement & Stretch  10:00 Manicure/pedicure with Suk \$\$- make appointments  11:30 Saturday Handwork Circle  2:30 Friendly chat with Lisa (volunteer)  7:30 Movie
8 Grandparents Day National Assisted Living Week begins (T) 9:30 Religious places & CVS in Fresh Pond mall  10:00 Coffee hour  2:00 Communion Service  2:30 Grandparents social  7:30 Movie	9  9:00 Group exercise (T) 9:30 Shaw's & Osco  10:00-11:15 Vote forward letter writing  11:00 Hand massage  12:45 Bingo  3:00 Flower arranging  3:30 Play reading w/Friends	10  9:00 Group exercise  10:00 Nancy's Card Table 10:00(T) MFA  2:00 Documentary film  3:00 Tea-social with The Friends  7:30 Movie	11 We Salute Our Heroes  9:00 Stretch & Yoga  9:00 Gardening 1:1 9:00 Hair Styling  11:00 BP clinic  12:00 Visit from Connie & Einstein (pet therapy)  1:00 Computer Café  2:30 Tai-chi  3:30 A Moment of silence followed by sharing patriotic poems	12 Grab Your Passport Japan  9:00 Movement & Stretch 10:15 Meet & greet Dr. Pasquale Cancelliere, New Podiatrist  2:30 Japanese traditional & contemporary dance program by Michiko Kurata  6:30 Welcome back social/ Technology Café with NEU students  7:30 Movie night with NEU students	13  9:15 Fall Prevention Exercise class with SAIL instructor 10:30 Podiatry Appointments with Dr.Cancelliere  10:30 Documentary film  2:00 Art Matters: Portraits  3:00 Hand massage  7:30 Movie-Special Interest	14 National Assisted Living Week Ends  9:00 Movement & Stretch  10:30 Mary & Daisy from Pet Pals will visit TCH  11:30 Saturday Handwork Circle  2:30 Acapella concert with PowRangers volunteer troupe  7:30 Movie
15 T) 9:30 Religious places & CVS in Fresh Pond mall  10:00 Coffee hour  3:00" The Life & Music of Andrew Llyod Webber" Music appreciation with Richard Travers  7:30 Movie	16  9:00 Group exercise (T) 9:30 Shaw's & Osco  10:00-11:15 Vote forward letter writing  11:00 Hand massage  2:00 Resident's birthday party  3:00 Flower arranging  3:30 Play reading w/Friends	17  9:00 Group exercise  10:15 TCH Community Connection-new team member  11:30 Friends luncheon  2:30 Tai-chi  3:30 Social hour & movie requests  5:00 Friends dinner  7:30 Movie	18  9:00 Stretch & Yoga  9:00 Gardening 1:1 9:00 Hair Styling  1:00 Computer Café 2:15 (T) Target, Watertown  3:00 Craftwork 4:30-6:00 Art Reception	19  9:00 Movement & Stretch  10:15 Book Review 1:00-3:00 NEW Reiki session  3:30 Piano concert with Bradley (volunteer)  6:30 Technology Café with NEU students  7:30 Board games with NEU students	20  9:15 Fall Prevention Exercise class w/SAIL instructor  10:30 Art slide/discussion "The Two Fridas" 12:45 Men's Club luncheon w/Friends  2:30 Ballroom dancing  3:00 Hand massage  7:30 Movie-Special Interest	21  9:00 Movement & Stretch  11:30 Saturday Handwork Circle  2:30 Friendly chat with Lisa (volunteer)  7:30 Movie
22 (T) 9:30 Religious places & CVS in Fresh Pond mall  10:00 Coffee hour  2:30 "Império: Portugal, the Azores, and the Making of a Global Empire"-history lecture/slides with Paolo  7:30 Movie	23 Autumn begins  9:00 Group exercise (T) 9:30 Shaw's & Osco  10:00-11:15 Vote forward letter writing  11:00 Flower arranging  12:45 Bingo  3:00 Hot Mulled Apple Cider & pumpkin spice cake  3:30 Play reading w/Friends	24  9:00 Group exercise  10:15 Documentary film 10:45 (T) Lunch outing  1:45 Food Forum  2:45 Art of making Sushi  7:30 Movie	25  9:00 Stretch & Yoga  9:00 Gardening 1:1 9:00 Hair Styling  12:00 Visit from Connie & Einstein (pet therapy)  1:00 Computer Café  2:30 Tai-chi  3:00 Hand massage	26  9:00 Movement & Stretch  10:30 Slide/talk on different methods of fishing  2:00 Sign up for trips  3:30 Wine and Cheese  6:30 Technology Cafe with NEU students  7:30 Movie	27  9:00 Movement & Stretch  10:30 Sharing cultural traditions  2:30 Lecture/live demo with Barbara Bates from Mass Audubon  3:00 Hand massage  7:30 Movie: special interest	28  9:00 Movement & Stretch  10:30 Mary & Daisy from Pet pals will visit TCH  11:30 Saturday Handwork Circle  2:30 Friendly chat with Lisa (volunteer)  7:30 Movie
29 Rosh Hashanah begins at sundown (T) 9:30 Religious places & CVS in Fresh Pond mall  10:00 Coffee hour  4:00 Music in celebration of Rosh Hashanah  7:30 Movie	30  9:00 Group exercise (T) 9:30 Shaw's & Osco  11:00 Hand massage  12:45 Bingo 2:00 Honoring Sydney L. with Lifetime Achievement Award/celebrating her 100th Bday  3:30 Play reading w/Friends			<div> <div>  Staying Fit  Social  Creative Arts  Entertainment  Technology </div> <div>  Cognitive  Spiritual  Therapeutic  Discovery Learning  (T) Transportation </div> </div> <p><i>* Programs are subject to change based on resident interests.</i></p>		