



CAPE COD SENIOR RESIDENCES NOVEMBER CALENDAR

ANNOUNCEMENTS & EVENTS:

- 11/4 Rick Walsh Entertains
- 11/5 Trip to Christmas tree Shop
- 11/7 Liz Saunders Entertains
- 11/9 Deliver turkeys for Turkey Trot
- 11/11 Veterans Day Ceremony
- 11/14 Mashpee Singing Seniors
- 11/15 National Parks with Steve Farrar
- 11/18 Trip to Dollar tree
- 11/21 Lifetime Achievement Ceremony
- 11/23 Holiday Craft Fair & Bake Sale
- 11/25 Eddie Scheer Entertains

STAFF DIRECTORY:

Michael LeBrun,
Executive Director

Pat Caron, **Director of
Business Administration**

Cathie Cox,
Resident Care Director

Lisa Marie Chinappi,
EnrichedLIFE Director

Brendon Forrest,
Director of Dining Experience

Dan Doughty, **Director of
Building & Grounds**

How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Program Key:

- Dining Room
- Activity Room
- Country Kitchen (1st Floor)
- Patio
- Media Room
- Country Kitchen (2nd Floor)
- Outing
- Round room
- Outdoors

* Programs are subject to change based on resident interests.

Happy Thanksgiving

1

- 9:00 Coffee Talk
- 10:00 Male Support Group
- 10:30 Exercise Class
- 11:00 Indoor Walking
- 2:30 \$2.00 Bingo (AL & IL)
- 7:30 Movie Night! TBA

2

- Hairstresser is in
- 10:30 Exercise Class
- 11:00 Saturday Stroll
- 3:15 Scratch Card Bingo
- 3:30 Card Sharks
- 7:30 Movie Night! TBA

3 Daylight Savings Time Ends

- 10:30 Catholic Mass
- 11:00 Sunday Stroll
- 2:00 Marvelous Manicures
- 2:30 Movie Matinee
- 3:30 Scrabble
- 7:00 Christian Worship

4

- 9:00 Coffee Talk
- 10:30 Exercise Class
- 11:00 1 ON 1 w/ Lisa Marie
- 11:00 Indoor Walking
- 11:00 Current Events -Alice
- 2:00 PO-KE-NO
- 3:00 Rick Walsh Entertains

5 HAIRDRESSER IS IN

- 9:30 Zip Trip Christmas Tree
- 11:00 Indoor Walking
- 2:30 \$1.00 Bingo
- 3:30 Exercise Class
- 7:00 Bible Study

6

- 9:00 Coffee Talk
- 10:30 Exercise Class
- 11:00 Indoor Walking
- 11:00-12:00 Bayada Nurse is
- 2:30 Nacho Day \$1.00 Bingo AL-IL
- 3:30 Knitting Group
- 7:00 Evening Knitters

7

- 9:00 Rest of the Story
- 9:15 Walmart & Lunch at The Gateway Pub
- 10:30 Bible Study
- 11:00 Indoor Walking
- 3:00 Liz Saunders Entertains
- 4:00 Exercise Class

8

- 9:00 Coffee Talk
- 10:30 Exercise Class
- 11:00 Indoor Walking
- 2:30 \$2.00 Bingo
- 3:30 Craft For Craft fair
- 7:30 Movie Night! TBA

9

- Hairstresser is in
- 10:30 Exercise Class
- 11:00 Deliver Turkeys for Turkey Trot
- 11:00 Saturday Stroll
- 3:15 Prize Cart Bingo - AL
- 3:30 Card Sharks
- 7:30 Movie Night! TBA

10

Happy Birthday US Marines

- 10:30 Catholic Mass
- 11:00 Sunday Stroll
- 2:00 Marvelous Manicures
- 2:30 Movie Matinee
- 3:30 Scrabble

11

- 9:00 Coffee Talk
- 10:30 Exercise Class
- 11:00 Zip Trip - Library
- 11:00 Indoor Walking
- 11:00 Current Events - Alice
- 2:30 Veterans Day Ceremony
- 3:30 Ride to National Cemetery

12 HAIRDRESSER IS IN

- 9:00 Coffee Talk
- 10:30 Exercise Class
- 11:00 Indoor Walking
- 2:30 Travel Video - Italy
- 3:30 Men's Group with Dan
- 7:00 Bible Study

13

- 9:00 Coffee Talk
- 10:30 Exercise Class
- 11:00 Indoor Walking
- 11:00-12:00 Bayada Nurse is in
- 2:00 Computer Class w/ Sara
- 3:30 Discover Italy
- 7:00 Evening Knitters

14

- 9:00 Coffee Talk
- 10:30 Exercise Class
- 10:30 Bible Study
- 11:00 Indoor Walking
- 2:30 Mashpee Singing Seniors
- 4:00-6:00 Theme Dinner - Italy

15

- 9:00 Coffee Talk
- 10:30 Exercise Class
- 11:00 Indoor Walking
- 2:30 National Parks Presentation
- 7:30 Movie Night! TBA

16

- Hairstresser is in
- Happy Birthday Dotty H.
- 10:30 Exercise Class
- 11:00 Saturday Stroll
- 3:15 Scratch Card Bingo AL
- 3:30 Card Sharks
- 7:30 Movie Night! TBA

17 Happy Birthday Stella L.

- 10:30 Catholic Mass
- 11:00 Sunday Stroll
- 2:00 Marvelous Manicures
- 2:30 Movie Matinee
- 3:30 Scrabble

18

- 9:30 Zip Trip \$\$Dollar Tree
- 11:00 Indoor Walking
- 11:00 Current Events- Alice
- 2:30 All Community Meeting Safety Meeting & Birthday
- 3:30 Exercise Class

19 HAIRDRESSER IS IN

- 9:00 Coffee Talk
- 10:30 Exercise Class
- 11:00 Indoor Walking
- 2:30 Bake for the Bake Sale
- 7:00 Bible Study

20

- 9:00 Coffee Talk
- 10:30 Exercise Class
- 11:00 Indoor Walking
- 11:00-12:00 Bayada Nurse is in
- 2:30 Travel to Italy and Greece With Sara Canning
- 3:30 Knitting Group
- 7:00 Evening Knitters

21

- 9:00 Rest of the Story
- 9:15 Zip Trip Market Basket
- 10:30 Bible Study
- 11:00 Indoor Walking
- 2:30 \$1.00 Bingo
- 3:30 Exercise Class
- 7:00 Lifetime Achievement for Dan N. with Tom Madden

22

- 9:00 Coffee Talk
- 10:30 Exercise Class
- 11:00 Indoor Walking
- 2:30 \$2.00 Bingo (AL & IL)
- 3:30 Baking for Bake Sale
- 7:30 Movie Night! TBA

23

- Hairstresser is in
- Happy Birthday Vivian R.
- 10:30 Exercise Class
- 11:00 Saturday Stroll
- 11:00-3:00 Holiday Craft Fair & Bake Sale
- 3:15 Prize Cart Bingo
- 7:30 Movie night! TBA

24 Happy Birthday Tom K.

- 10:30 Catholic Mass
- 11:00 Sunday Stroll
- 2:00 Marvelous Manicures
- 2:30 Movie Matinee
- 3:30 Scrabble
- 7:00 Christian Worship

25

- 9:00 Coffee Talk
- 9:30 Catholic mass
- 10:30 Exercise Class
- 11:00 Zip Trip - Library
- 11:00 Indoor Walking
- 2:00 PO-KE-NO
- 3:00 Eddie Scheer on Piano

26 HAIRDRESSER IS IN

- 9:00 Coffee Talk
- 10:30 Exercise Class
- 11:00 Indoor Walking
- 2:30 \$1.00 Bingo AL & IL
- 3:30 National Cake Day, let's Make a Watergate Cake
- 7:00 Bible Study

27

- 9:00 Coffee Talk
- 10:30 Exercise Class
- 11:00 Indoor Walking
- 11:00-12:00 Bayada Nurse is in
- 2:30 \$1:00 Bingo - AL-IL
- 7:00 Evening Knitters

28

Thanksgiving meal is from 11:00 -2:00



Happy Birthday Kevin R. & Ron L.

- 9:00 Coffee Talk
- 10:30 Exercise Class
- 11:00 Indoor Walking
- 2:30 \$2.00 Bingo AL & IL
- 7:30 Movie Night! TBA

30

- Hairstresser is in
- Happy Birthday Anna Mae
- 10:30 Exercise Class
- 11:00 Saturday Stroll
- 3:15 Scratch card Bingo
- 3:30 Card Sharks
- 7:30 Movie Night! TBA

November 2019

