



How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.



CONCORD PARK ASSISTED LIVING NOVEMBER CALENDAR

ANNOUNCEMENTS & EVENTS:

Veterans Day Monday, Nov 11th Veterans Lunch & Musical Performance 11 - 1 PM

Grab Your Password November 26th - The Country of Turkey

Ecumenical Service with Deacon Burch Nov. 6th 1:30 PM Nov. 20th 1"30PM

Resident Round Table - Nov 4th Food Committee Meets - Nov. 25th

Happy Thanksgiving!

Thanksgiving Day Buffet - Please Let us know if you plan to celebrate the meal with us and if you are expecting guests!



View event photos on our Community facebook page.

ENRICHEDLIFE AN **ASSISTED LIVING** LIFESTYLE

STAFF

Natasha Heimrath, **Executive Director**

Maryellen King, Director of **Community Relations**

Ruchi Shanker, Director of **Business Administration**

Kathleen Davidson, **Resident Care Director**

Katherine Bailey, **EnrichedLIFE Director**

Daniel Petitt, Director of **Compass Programming**

> Cindy Overman, Social Worker

Misty Helderson, **Director** of Dining Experience

Donald Monty, **Director of Building & Grounds**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
N V	emb	2019 er	Happy Th	anksgiving	1 10:00 "On Your Feet" Exercise 11:00 Coffee & Conversation 1:45 Grocery Shopping 2:00 Birthday Celebration with Wendee Glick 3:00 Birthday Social 6:30 Movie Night	2 10:00 Exercise with Joe Fish 11:00 Artist Rediscovered 1:00 Diwali - the Festival of Lights with Tom 2:00 Movie Matinee 6:30 BINGO Night
3 10:00 Rosary Group 10:45 Church Service 2:00 JINGO with the Students! 3:00 Comedy Hour - <i>The Lucy</i> <i>Show</i> 6:30 Downton Abbey Lovers Group Meets DAYLIGHT SAVINGS TIME ENDS	4 10:00 Forever Fit with Lori 11:00 Discussion Group with Cindy 2:00PM Residents Roundtable 3:00 Spelling Bee Practice Social 6:30 BINGO!	5 9:15 Tai Chi with Ray 10:00 Grocery Trip 10:30 News Headlines with JoAnn 12:00 Newcomer's & Welcome Committee Lunch 2:00 Pokdot Pottery Craft 3:00 Ping-Pong Challenge 3:15 Bible Group 6:30 Current Events with Bob	6 10:00 Music & Motion with Tom 11:00 Jeopardy Challenge 1:30 Ecumenical Service with Deacon Burch 2:00 Spelling Bee Kick Off! 2:00 Bridge Group 3:00 Wine & Cheese Social 6:30 Movie Classics	7 10:00 Beyond Fitness Exercise with JoAnn 11:00 The Weekly Article Review 1:30 - 3:00 Art Studio with Linda 2PM Turkish Travels Documentary 3PM Discovery Series: Arts & Culture 6:30 Patriotic Sing-Along	8 10:00 Chair Yoga & Relaxation Breathing 11:00 Patriotic Documentary 12:30 Veterans' Trip to The American Heritage Museum 2:00 Chaboom Afternoon Exercise with Courtney 3:00 Making Trail Mix Social 6:30 Movie Night	9 10:00 Group Exercise 11:00 Biography Series 1:00 Veterans Day Observance and Sing-Along with Tom 2:00 Movie Matinee 3:00 Jerry Hurley on Piano 6:30 BINGO Night
10 10:00 Rosary Group 10:15AM Lifetime Achievement Celebration 10:45 Church Service 2:00 Acoustic Thursdays Perform 3:00 Pie Social 6:30 PBS Special	11Veterans Day10:00 Forever Fit with Lori11:00 Wendee Glick'sVeteran's Day Performance12:00 Veterans Lunch1:30 Photos with Vets2:30 Audio Vet Biographies3:30 Patriotic Social6:30 BINGO!	12 9:15 Tai Chi with Ray 10:30 News Headlines with JoAnn 2:00 Movie: "Top Hat" 3:15 Bible Group 5:30-6:30 Dinner Party & Ballroom Dancing 6:30 Current Events with Bob	13 10:00 Music & Motion with Tom 11:00 Wheel of Fortune 1:30 Writers Workshop 2:00 Discovery Series: Arts & Culture 3:00 Bridge Group 6:30 Movie Classics	14 10:00 Forever Fit with Lori 11:00 The Weekly Article Review 1:00 Indian Hill Music Concert Trip 1:30 - 3:00 Art Studio with Linda 2:30 Board Games/Cards Hour with Katherine 3:00 Refreshment Beer & Pretzels 6:30 Holiday Sing-Group Practice	 15 10:00 "On Your Feet" Exercise 11:00 Coffee & Conversation 1:45 Grocery Shopping 2:00 Lifetime Achievement Celebration - Mini Thanksgiving 3:00 "We Give Thanks Poetry & Prayer" 6:30 Movie Night: 	16 10:00 Exercise with Joe Fish 11:00 Artist Rediscovered 1:00 International Day of Tolerance Observed with Tom 2:00 Stehanie Performa (CL) 6:30 BINGO Night
17 10:00 Rosary Group 10:45 Church Service 2:00 Rick Scalise Performs on Piano 3:00 Adult Relaxation Coloring & Refreshments 6:30 Downton Abbey Lovers Group Meets	18 10:00 Forever Fit with Lori 11:00 Discussion Group with Cindy 2:00 Dolly Madison Reenactment 3:00 Meet & Greet Social 6:30 Texas Holdem with Katherine	19 9:15 Tai Chi with Ray 10AM Grocery Trip 10:30 News Headlines with JoAnn 2:00 Ping-Pong Challenge 2:00 NewComers & Welcome Committee Activity/Trip 6:30 Current Events with Bob	20 10:00 Music & Motion with Tom 11:00 Jeopardy Challenge 1:30 Ecumenical Services with Deacon Burch 2:00 Classic Piano with Adam Bergeron 3:00 Cheese & Wine Social 6:30 Movie Classics	21 10:00 Beyond Fitness Exercise with JoAnn 10:00- 2:00 Suzies Truck Show 1:00 "Out to the Movies" Trip 2:00 Musical: "The Sound of Music" 3:00 Movie Treats 6:30 Sentimental Sing-Along	22 10:00 Chair Yoga 11:00 Coffee & Conversation 1:45PM Grocery Shopping 2:00 Ben Spears Sing-Along Favorites 3:00 Wine & Cheese 6:30 Movie Night	23 10:00 Group Exercise 2:00 Biography Series 1:00 National Adoption Day Observed with Tom 2:00 Movie Matinee 6:30 BINGO Night
24 10:00 Rosary Group 10:45 Church Service 2:00 JINGO with the Students 3:00 Piano with Jerry Hurley 6:30 PBS Special	25 10:00 Forever Fit with Lori 11:00 Discussion Group with Cindy 2:00 Artist Bren Bataclan Visits 3:30 Food Committee with Misty 6:30 BINGO!	26 GRAB YOUR PASSPORT: TURKEY 9:15 Tai Chi with Ray 10:30 News Headlines with JoAnn 11:00 Trip to Turkish Restaurant 2:00 Ron Falong Lectures on the Country of Turkey 3:00 Turkish Travel Documentary 6:30 Current Events with Bob	27 10:00 Music & Motion with Tom 11:00 Giant Crossword Puzzle 1:30 Writing Workshop with Michele 2:00 Discovery Series: Art & Culture 3:00 Refreshments & Music 6:30 Movie Classics	28 10:00 Group Exercise 11:00 Andrea Rieu in Concert Televised -Thanksgiving Buffet- 2:00 Seasonal Movie: 6:30 Traditional Musical	29 10AM "On Your Feet" Exercise 11AM Coffee & Conversation 1:45 Grocery Shopping 2:00 Chaboom Exercise with Courtney 6:30PM Movie Night	30 10AM Group Exercise 11AM Artist Rediscovered 1PM "What Would You Do" with Tom 2:00 Violin & Piano with Jacqueline Arons & Family 6:30PM BINGO Night