



CONCORD PARK ASSISTED LIVING JULY CALENDAR

ANNOUNCEMENTS & EVENTS:

Highlights

July 4th - HAPPY 4th of JULY -
BBQ Lunch

July 10th - Trip to FENWAY PARK!

July 10th - HAPPY BIRTHDAY to
our Residents born in July -
Celebrate with Steve Staine's on
Piano & Birthday Refreshments

July 25th - Trip to the Bolton
Winery

July 30th - Lifetime Achievement
Celebration

Transportation Schedule:

Tuesdays, Wednesdays,
Thursdays 8:30AM to 4:30PM &
Fridays Noon to 4PM

STAFF

Natasha Heimrath,
Executive Director

Maryellen King, Director of
Community Relations

Ruchi Shanker, Director of
Business Administration

Kathleen Davidson,
Resident Care Director

Katherine Bailey,
EnrichedLIFE Director

Daniel Petitt, Director of
Compass Programming

Cindy Overman,
Social Worker

Misty Heldermon,
Director of Dining Experience

Donald Monty, Director of
Building & Grounds

How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 10:00 Forever Fit Exercise w/ Robin 11:00 Discussion Group with Tom 1:30 Pontine Theater “Tales of New England” 2:30 Best Records Hour 6:30 BINGO with Charlie	2 9:15 Tai Chi with Randy 10:30 News Headlines with JoAnn 1:45 Ceramics with Diane on the Patio 2:30 Bike Path Walking Group w/ Tom 3:15 Bible Group 6:30 Current Events with Bob	3 10:00 Exercise Class with Tom 11:00 Yankee Magazine Reminiscing 1:30 Ecumenical Services 2:00 Yankee Stompers Band 3:00 Bridge Group 3:00 Patriotic Social on the Patio 6:30 Movie: It Happened One Night	4 Happy Fourth of July 10:00 Group Exercise 11:00 Patriotic Beading & Fourth of July BBQ Lunch 2:00 The Story of America Documentary 6:30 Patriotic Sing-Along 8:00 Boston Pops & Fireworks Show over Boston	5 10:00 Chair Yoga 11:00 <i>The Weekly</i> Article Review 1:45 Grocery Trip 2:00 A Patriotic Musical Program Marty Sawyer 3:00 Putting Challenge Social 6:30 Movie Night: CLUE the Movie	6 10:00 Exercise with Joe Fish 10:30 Accordionist Jeff Moore Performs (CL) 1:00 National Watermelon Month Observed with Tom 2:00 Movie Matinee: Five Easy Pieces 6:30 BINGO!
7 10:00 Rosary Group 10:45 Catholic Church Service 2:00 JINGO! 3:00 Jerry Hurley on Piano 6:30 The Arts: The Art of Singing	8 10:00 Forever Fit with Robin 11:00 Discussion Group with Cindy 2:00 Resident Round Table 3:00 Refreshments & JEOPARDY 6:30 BINGO with Charlie	9 9:15 Tai Chi with Randy 10:00 Grocery Trip 10:15 Newcomers Group with Cindy 2:00 Patio Games 3:00 Refreshing Refreshments Social 3:00 Bible Group 6:30 Current Events with Tom	10 10:00 Morning Exercise with Tom 11:00 Fenway Park Tour Trip 1:30 Writing Workshop with Michele 3:00 Bridge Group 6:30 Classic Movie Night: Meet John Doe	11 9:15 Forever Fit with Erika 10:30 <i>The Weekly</i> Article Review 2:00 Ethan Stone on Piano 3:00 Wine & Cheese Social 6:30 Patio Group Sing Along	12 10:00 Chair Yoga 11:00 Coffee & Conversation with Cindy 1:45 Grocery Trip 2:00 Birthday Party Celebration with Steve Staine 3:00 Birthday Cake Social 6:30 Movie Night: When Harry Met Sally	13 10:00 Group Exercise 11:00 Biography Series 1:00 National Ice-Cream Month Observed with Tom 2:00 Movie Matinee: Gideon’s Trumpet 6:30PM BINGO!
14 10:00 Rosary Group 10:45 Catholic Church Service 2:00 Eddie Biggins Performs (CL) 2:00 Rick Scalise on Piano 6:30 PBS Special	15 10:00 Forever Fit with Robin 11:00 Discussion Group with Cindy 2:00 Discovery Series:Inspirational Communities Around the World 6:30PM BINGO with Charlie	16 9:15 Tai Chi with Randy 10:15 Wheel of Fortune 2:00 Open Art Studio 3:15 Bible Group 6:30 Current Events with Tom	17 10:00 Morning Exercise with Tom 11:00 The Weekly Article Review 1:30 Ecumenical Services 3:00 Bridge Group 6:30 Outdoor Concert with Victoria Kelly	18 9:15 Forever Fit with Erika 10:30 JEOPARDY Challenge 11:30AM Restaurant Outing 2:00 Chabom Exercise Session 3:00 Movie Committee & Popcorn 6:30 Patio Group Sing-Along	19 10:00 Chair Yoga 11:00 Coffee & Conversation with Cindy 1:45 Grocery Trip 2:00 George Parker on Guitar 3:00 Summer Cocktail Social 6:30 Movie Night: Escape from Alcatraz	20 10:00 Exercise with Joe Fish 10:00 Trivia with Charlie 11:00 Biography Series 1:00 Moon Day 50th Anniversary with Tom 2:00 Barbershop Quartet Performs 6:30 BINGO!
21 10:00 Rosary Group 10:45 Catholic Church Service 2:00 JINGO! 3:00 Jerry Hurley on Piano 6:30 The Arts: Ballet- Balanchine	22 10:00 Forever Fit with Robin 11:00 Discussion Group with Cindy 2:00 Discovery Series: Explore Bora Bora & Discuss 6:30 BINGO with Charlie	23 9:15 Tai Chi with Randy 10:00 Grocery Trip 10:15 Timeless Trivia- Stars & Patriotics 2:00 Ron Falong lectures on Bora Bora 3:15 Bible Group 6:30 Current Events with Bob	24 Grab Your Passport-Bora Bora 10:00 Morning Exercise with Tom 2:00 Travel to Bora Bora Documentary 3:00 Bridge Group 6:00 A Celebration of Bora Bora Fire Dance Performance & Cocktails Party	25 9:15 Forever Fit with Erika 10:15 <i>The Weekly</i> Article Review 1:30 Trip to Bolton Winery 2:00 Country Music Tom Yetts 3:00 Patio Refreshments 6:30 Patio Group Sing-Along	26 10:00 Chair Yoga 11:00 Coffee & Conversation w/ Cindy 1:45 Grocery Trip 2:00 Art Studio Group 6:00 Outdoor Concert In Town: Oldies	27 10:00 Trivia with Charlie 1:00 National Day of the Cowboy Observed with tom 1:30 Outside Guitar Music with Jeffery Folmer
28 10:00 Rosary Group 10:45 Catholic Church Service 2:00 JINGO! 3:00 Our Favorites Record Hour 6:30 PBS Special	29 10:00 Forever Fit with Robin 11:00 Discussion Group with Cindy 2:00 Bruce Hambro Presents on Frank Sinatra 6:30 BINGO with Charlie	30 9:15 Tai Chi with Randy 10:00 JEOPARDY Challenge 2:00 Lifetime Achievement Celebration 3:15 Bible Group 6:30 Current Events with Bob	31 10:00 Morning Exercise with Tom 11:00 Yankee Magazine Reminiscing 2:00 Mel Greene Entertains with Song & Stories 3:00 Bridge Group 6:30 Movie Classics: Carousel	<div>JULY 2019</div> <div>* Programs are subject to change based on resident interests.</div>		