



NOVEMBER CALENDAR

ANNOUNCEMENTS & EVENTS:

11/11 Veteran's Day Concert
with the Big Band

11/14 Wellness presentation
on Blood Pressure

11/28 11:30-2:00PM
Tradition Thanksgiving
Meal

STAFF DIRECTORY:

Michael Schaus,
Executive Director

Thom Limonciello,
Assistant Executive Director

Samantha Chavez,
Resident Care Director

Patricia Barbosa, Director of
Business Administration

Nell Kavolius
EnrichedLIFE Director

Mikala DeRubeis
ConnectedLIFE Program Specialist

Julie Wade, Director of
Compass Programming

Dennis DiBiasio
Director of Dining Experience

John Havey, Director of
Building & Grounds



How will you spend your day?


The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.

November 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program Key: Physical (Light Blue) Outings (Yellow) Cognitive (Dark Blue) Entertainment (Orange) Social (Green) Spiritual (Purple) Emotional/Expressive Arts (Pink)					1 10:30 Strength Training 1:00 50's History Trivia 2:00 American Songs w/ Sue 3:00 Beer & Wine in Pub 3:30 Trip to CVS/Shaw's 4:00 Streaming Shabbat 6:15 Irish Duo & Fiddler	2 10:30 Morning Stretch 1:00 Walking Club 2:00 Discovery Learning 3:00 Cafe Refreshments 4:00 Uno in the Cafe 6:15 Saturday Cinema
* Programs are subject to change based on resident interests.						
3 9:30 Daily Chronicle 11:00 Mass at St. John's 2:00 Discovery Learning 3:00 Cooking in the Cafe: Lemon Squares 4:00 Who, What, When? 6:15 Sunday Netflix	4 9:30 News and Views 10:30 Crooning w/ Linda 11:00 Training w/ Sue M. 1:00 .25 Mile Challenge 2:00 Rock & Roll w/ John 4:00 Explore Women in War 6:15 Project Art!	5 9:30 News and Views 10:30 St. John's Students 1:00 Indoor Walking Club 2:00 Needham Men's Chorus 4:00 50's Trivia 3:45 Book Club "Sam's Letters to Jennifer" 6:15 Big Crossword	6 9:30 News and Views 10:30 Dollar Store Trip 1:00 Stretch Band Exercises 2:00 Soft Rock w/Bill Reidy 3:30 Wine & Cheese in Cafe 4:00 Short Stories (London) 6:15 Musical Bingo	7 9:30 News and Views 10:15 Holy Communion 10:30 Lecture w/Todd : Reptiles 1:00 Brain Teasers 2:00 Discovery Learning 4:00 Name That Tune! 6:15 Sing a long w/ Lea!	8 10:30 Strength Training 1:00 60's History Trivia 2:30 Opera, Rock & Soul w/ Alexander & Co 3:00 Mimosas & Poker w/Mike 3:30 Trip to CVS/Shaw's 4:00 Streaming Shabbat 6:15 Movie: Showboat	9 10:30 Morning Stretch 1:00 Walking Club 2:00 Delores & Dwayne 3:00 Cafe Refreshments 4:00 Scrabble 6:15 Saturday Cinema
10 9:30 Daily Chronicle 11:00 Mass at St. John's 2:00 Devon (Pianist) 3:00 Cooking in the Cafe: Banana Bread 4:00 Who, What, When? 6:15 Sunday Netflix	11 Veteran's Day 9:00 Veterans Pancake Breakfast 1:00 .25 Mile Challenge 2:00 Veteran's Day Concert 4:00 Explore Iceland 6:15 Project Art!	12 9:30 News and Views 10:30 That's Entertainment! 1:00 Indoor Walking Club 2:15 Gentle Yoga with Nellie 3:45 Book Club "Sam's Letters to Jennifer" 6:15 Big Crossword	13 9:30 News and Views 10:30 Town Spa Trip 1:00 Stretch Band Exercises 2:00 Discovery Learning 3:30 Beer & Pretzels in Pub 4:00 Short Stories (Anderson) 6:15 Musical Bingo	14 9:30 News and Views 10:30 Holy Communion 11:00 Wellness Presentation: Blood Pressure 1:00 Brain Teasers 2:00 Resident Council 4:00 Name That Tune! 6:15 Sing a long w/ Lea!	15 10:30 Strength Training 1:00 70's History Trivia 2:00 Discovery Learning 3:00 Guacamole, Chips & Margaritas in the Cafe 3:30 Local Errands 4:00 Streaming Shabbat 6:15 Movie: Mr. Holland's Opus	16 10:30 Morning Stretch 1:00 Walking Club 2:00 Mike Higgins 3:00 Cafe Refreshments 4:00 Rummikub 6:15 Saturday Cinema
17 9:30 Daily Chronicle 11:00 Mass at St. John's 2:00 Herbie Rae performs 3:00 Cooking in the Cafe: Cookie Bars 4:00 Who, What, When? 6:15 Sunday Netflix	18 9:30 News and Views 10:30 Crooning w/Linda 1:00 .25 Mile Challenge 2:00 Discovery Learning 4:00 Explore Actress Hedy Lemarr 6:15 Project Art!	19 9:30 News and Views 10:30 Singing w/ Mel Stiller 1:00 Indoor Walking Club 2:00 Impressionist painting w/ Jess! 3:45 Book Club "Sam's Letters to Jennifer" 6:15 Big Crossword	20 9:30 News and Views 10:30 Christmas Tree Shop 1:00 Stretch Band Exercises 3:30 Cooking Pizelles w/Jayne & Erika 4:00 Short Stories (Bierce) 6:15 Musical Bingo	21 9:30 News and Views 10:30 St. John's Students Visit 1:00 Brain Teasers 2:00 Traditions of Thanksgiving w/ Lori 4:00 Name That Tune! 6:15 Sing a long w/ Lea!	22 10:30 Michelle's Fashions! 12:00 Men's Luncheon 2:00 "Give Thanks" Project 3:00 High Balls & Poker w/ Mike 3:30 Rabbi Kafka 4:00 Streaming Shabbat 6:15 Movie: My Blue Heaven	23 10:30 Morning Stretch 1:00 Walking Club 2:00 Class Rock w/ Tom 3:00 Cafe Refreshments 4:00 Scrabble 6:15 Saturday Cinema
24 9:30 Daily Chronicle 11:00 Mass at St. John's 2:00 Discovery Learning 3:00 Cooking in the Cafe: Apple Crisp 4:00 Who, What, When? 6:15 Sunday Netflix	25 9:30 News and Views 10:30 Strength Training 1:00 .25 Mile Challenge 2:00 Oldies w/ Steve King 4:00 Explore Plymouth Plantation 6:15 Project Art!	26 9:30 News and Views 10:30 Classical Violin Concert 1:00 Food Committee 2:15 Gentle Yoga with Nellie 3:45 Book Club "Sam's Letters to Jennifer" 6:15 Big Crossword	27 GYP - U.S.A 9:30 News and Views 10:30 Discovery Learning 1:00 Stretch Band Exercises 2:00 Pie Eating Contest! 3:30 Baileys & Coffee 4:00 Short Stories (Crane) 6:15 Oldie's w/ Steve King	28 Happy Thanksgiving!!! Gobble Wobble Treats With Sydney! 	29 10:30 Strength Training 1:00 90's History Trivia 2:00 Jazz Concert 3:00 Spritzers & Apps in Cafe 3:30 Trip to CVS/Shaw's 4:00 Streaming Shabbat 6:15 Movie: Jerry MaGuire	30 10:30 Morning Stretch 1:00 Walking Club 2:00 Pianist Mark West 3:00 Cafe Refreshments 4:00 Rumikub 6:15 Saturday Cinema