

# SEPTEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 9:30 Coffee & Catch up 10:15 Morning Stretch 11:00 Walking Group 1:00 Board Games 2:00 Spa Social 3:30 BINGO 6:00 Family Affair Show	<b>2 Labor Day</b> 9:30 Morning Walk 10:15 Morning Stretch 11:00 Labor Day Puzzles 2:00 Labor Day BBQ 3:30 What's My Job? 6:00 The Andy Griffith Show	<b>3</b> 9:30 Current Events 10:15 Morning Stretch 11:00 Learn: Telephones 1:30 Beaded Jewelry 2:00 Walking Club 2:30 Catholic Services 3:30 How To: Facebook 6:00 Perry Mason	<b>4</b> 9:30 1940's Movie Trivia 10:15 Morning Stretch 11:00 Music & Movement 1:30 Chair Yoga 2:30 Walk/Outdoor Games 3:00 Happy Hour! 6:00 John Wayne Classic	<b>5 National Cheese Pizza Day</b> 9:30 The Write Word Game 10:15 Morning Stretch 11:00 Learn: Doris Day 1:00 Board Games/Cards 2:00 Cheese Pizza Social 3:30 BINGO 6:00 The Twilight Zone	<b>6</b> 9:30 Morning Walk 10:15 Morning Stretch <b>11:00 Market Basket</b> 1:30 Chair Yoga 2:30 Karaoke 3:00 Happy Hour 6:00 Friday Night Flicks	<b>7</b> 9:30 Brain Teasers 10:15 Morning Stretch 11:00 Craft Corner 1:00 Memory Games 2:00 Doc: Karl Marx 3:30 Cards with Jim 6:00 Petticoat Junction
<b>8</b> 9:30 Coffee & Catch up 10:15 Morning Stretch 11:00 Walking Club 1:30 Faith Community Church 2:30 Meditation Circle 3:30 BINGO 6:00 Family Affair Show <b>Patriots vs Steelers 8:20pm</b>	<b>9</b> 9:30 Morning Walk 10:15 Morning Stretch 11:00 BINGO 1:30 Beaded Jewelry 2:00 Movie Trivia 2:30 Scripture Reading 3:00 Lemonde Social 6:00 The Andy Griffith Show	<b>10</b> 9:30 Current Events 10:15 Morning Stretch 11:00 Learn: Dean Martin <b>12:00 Men's Luncheon</b> 2:30 Catholic Services <b>3:30 Ladies' Mimosa</b> 6:00 Perry Mason	<b>11</b> 9:30 Easy Does It Trivia 10:15 Morning Stretch 11:00 Music and Movement <b>1:15 Tuck Museum Trip</b> 3:30 Happy Hour! 6:00 John Wayne Classic	<b>12 GYP JAPAN</b> 9:30 Cranium Crunch 10:15 Morning Stretch 11:00 Learn: Japan 1:30 Street Food: Osaka 2:00 Fruit Sushi 3:30 Japanese Entertainment 6:00 The Twilight Zone	<b>13</b> 9:30 Morning Walk 10:15 Morning Stretch 11:00 Karaoke Club 1:30 Chair Yoga <b>2:30 Pat Vaillancourt</b> 3:30 Japan Happy Hour! 6:00 Friday Night Flicks	<b>14</b> 9:30 Brain Teasers 10:15 Morning Stretch 11:00 Craft Corner 1:00 Memory Games 2:00 Doc: F. Nietzsche 3:30 Cards with Jim 6:00 Petticoat Junction
<b>15</b> 9:30 Coffee & Catch up 10:15 Morning Stretch 11:00 Walking Club 1:00 Patriots Game Social 2:00 Social 3:30 BINGO 6:00 Family Affair Show <b>Patriots vs Dolphins 1:00pm</b>	<b>16</b> 9:30 Morning Walk 10:15 Morning Stretch <b>11:00 Community Oven</b> 2:30 Beaded Jewelry 3:00 Happy Hour! 6:00 The Andy Griffith Show	<b>17</b> 9:30 Current Events 10:15 Morning Stretch 11:00 Learn: Famous Authors <b>1:30 Resident Council</b> 2:30 Catholic Services 3:30 Karaoke Club 6:00 Perry Mason	<b>18</b> 9:30 Eazy Does it Trivia 10:15 Morning Stretch 11:00 Music and Movement 1:30 Chair Yoga <b>2:30 Resident Round Table</b> 3:00 Happy Hour! 6:00 John Wayne Classic	<b>19</b> 9:30 Cranium Crunch 10:15 Morning Stretch 11:00 Learn: Glenn Miller 1:00 Board Games/Cards <b>2:00 Ralphie B</b> 3:30 BINGO 6:00 The Twilight Zone	<b>20</b> 9:30 Morning Walk 10:15 Morning Stretch <b>11:00 Target Trip</b> 1:15 Chair Yoga <b>2:00 Adam Bergeron</b> 3:00 Happy Hour! 6:00 Friday Night Flicks	<b>21</b> 9:30 Brain Teasers 10:15 Morning Stretch 11:00 Craft Corner 1:00 Memory Games 2:00 Doc: S. Freud 3:30 Cards with Jim 6:00 Petticoat Junction
<b>22</b> 9:30 Coffee & Catch up 10:15 Morning Stretch 11:00 Walking Club 1:30 Faith Community Church 2:30 Patriot's Game Social 3:30 BINGO 6:00 Family Affair Show <b>Patriots vs Jets 1:00pm</b>	<b>23</b> 9:30 Morning Walk 10:15 Morning Stretch 11:00 How To: Cards <b>1:15 SmuttyNose</b> 3:30 Beaded Jewelry 6:00 The Andy Griffith Show	<b>24</b> 9:30 Current Events 10:15 Morning Stretch 11:00 Learn: Oktoberfest 1:30 30s & 40s Movie Stars 2:30 Catholic Services <b>3:00 September Birthdays</b> 6:00 Perry Mason	<b>25</b> 9:30 Who Am I- Germans 10:15 Morning Stretch 11:00 Music and Movement 1:30 Chair Yoga 2:30 Board Games/Cards 3:00 Happy Hour! 6:00 John Wayne Classic	<b>26</b> 9:30 Cranium Crunch 10:15 Morning Stretch 11:00 Learn: Tony Bennett 1:15 <b>2:00 Nick Starr Presents</b> 3:30 BINGO 6:00 The Twilight Zone	<b>27</b> 9:30 Coffee with the Chiefs 10:15 Morning Stretch 11:00 Craft Corner 1:30 Chair Yoga <b>3:00 Oktoberfest Party!</b> 6:00 Friday Night Flicks	<b>28</b> 9:30 Brain Teasers 10:15 Morning Stretch 11:00 Craft Corner 1:00 Memory Games 2:00 Doc: JFK 3:30 Cards with Jim 6:00 Petticoat Junction
<b>29</b> 9:30 Coffee & Catch up 10:15 Morning Stretch 11:00 Walking Club 1:00 Patriots Game Social 2:00 Social Hour 3:30 BINGO 6:00 Family Affair Show <b>Patriots vs Bills 1:00pm</b>	<b>30</b> 9:30 Morning Walk 10:15 Morning Stretch 11:00 How To: Emails <b>1:15 Outing to a Farm</b> 3:30 Trivia Games 6:00 The Andy Griffith Show			<b>Program Key:</b> High Tide Cafe      Winnacunnet Fitness Patio/Courtyard      Compass Neighborhood Arts & Crafts Room      Boar's Head Pub Legat Library      Piano Lounge The Barn Theater      Van Trip		

\* Programs are subject to change based on resident interests.