



How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.



Cornerstone at Milford SEPTEMBER CALENDAR 11 Birch Street, Milford, MA 01757

ANNOUNCEMENTS & EVENTS:

Sept. 4 at 5:30, Ethan Stone sings and plays in the Piano Lounge.

Bruce Hambro has an audio video presentation on Tony Bennett and Peggy Lee on Sept. 12 at 2:00.

John Horrigan will talk about superstitions on Friday the 13th at 2:00.

GYP Japan features Michiko doing traditional Japanese dancing on Sept. 17 at 2:00.

Matt B Plays the Sax on Sept 19 at 2:00.

Sept 24 at 2:00, Manny Brandoa sings .

Gary Landgren plays honky tonk piano at 2:00 in the Piano Lounge



ENRICHEDLIFE AN **ASSISTED LIVING** LIFESTYLE

STAFF DIRECTORY:

Beth Patras Executive Director

Michelle Hamilton **Director of Community Relations**

Corey Bandieri Director of Business Administration

> Jessica Ferreira **Resident Care Director**

Jenn Hozempa **Director of Compass Programming**

Dave Klein **Director of Dining Experience**

Billy Beaton Director of Building & Grounds

> Kathryn Staropoli **Enriched Life Director**

						<u>t far a kang</u>
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Mass on TV 11:00 Play Tenzie 2:00 Liz & Friends Entertain 3:30 Bingo 6:00 Sunday Night at the Movies	2 Labor Day 9:30 Coffee and Chat 10:00 Left, Right, Center 10:30 Chair Aerobics 2:00 Polka Paul Sings 3:30 Walking Club 6:00 Bingo	3 9:30 Coffee and Chat 10:00 Arthritis Exercises 11:00 Make Your Own Flower Bouquet 2:00 Dave Cuddy Sings 3:30 Giant Scrabble 6:00 Wheel of Fortune	4 9:30 Coffee and Chat 10:00 Tai Chi 11:00 Trivia 1:30 Ice Cream Trip 3:15 Target Trip 3:15 Baking w/ the Twins 5:30 Ethan Stone Plays	5 9:30 Coffee and Chat 10:00 Chair Aerobics 11:00 Who Am I? 2:00 Resident Council Meeting 3:30 Fun w/ Jack & Paige 6:00 Dean Martin Comedy	6 9:30 Coffee and Chat 10:00 Bill Cody Museum 11:00 Poetry 2:00 Art For Your Mind 3:15 Happy Hour and Lifetime Achievement 6:00 Friday Night Flicks	7 9:30 Coffee and Chat 10:00 Chair Exercises 11:00 America's Got Talent 2:00 Bingo 3:30 UNO in the Cafe 6:00 Ind Board Games
8 9:30 Mass on TV 11:00 YouTube Videos 2:00 Skip Reil Group Sings 3:30 Bingo in Creative Arts Room 6:00 Sunday Night at the Movies	9 9:15 MFA Trip 9:30 Coffee and Chat 10:00 Communion 10:30 Chair Aerobics 2:00 Dave Caponigro 3:30 Talk on Diet and Hypertension 6:00 Bingo	10 9:30 Coffee and Chat 10:00 Chair Exercises 11:00 DL: How It's Made 2:00 Words in a Word 1:30 Blood Pressure 3:30 Food Committee 4:45 Chris Carter 6:00 Ind Word Games	11 9:30 Coffee and Chat 10:00 Tai Chi 11:00 Explore 11:30 Men's Lunch 2:00 Cards with Stacy 3:15 Target Trip 3:15 Baking w/ the Twins 6:00 Dessert on the Patio	12 9:30 Coffee and Chat 10:00 Chair Aerobics 11:00 DL: How It's Made 2:00 Bruce Hambro: Tony Bennett and Peggy Lee 3:30 Catholic Mass 6:00 Andre Rieu Concert on TV	13 9:30 Coffee and Chat 10:00 Trip to the Dollar Store 2:00 John Horrigan 3:15 Happy Hour in the Cafe 6:00 Friday Night Flicks in Greenleaf	14 9:30 Coffee and Chat 10:00 Chair Exercises 10:45 Tenzie 2:00 Bingo 3:30 Father Mac's Songs and Prayers 6:00 Independent Board Games
 15 9:30 Mass on TV 11:00 Left, Right, Center 2:00 Kris Pappas Sings and Plays 3:30 Bingo in Creative Arts Room 6:00 Sunday Night at the Movies 	16 9:30 Coffee and Chat 10:00 Communion 10:30 Chair Aerobics 2:00 John Grundstrom Entertains 3:30 Walking Club Meet in Cafe 6:00 Bingo	 17 GYP JAPAN 9:30 Coffee and Chat 10:30 Travel Video on Japan 2:00 Traditional Japanese Dance by Michiko 3:30 Japanese Happy Hour 	18 9:30 Coffee and Chat 10:00 Tai Chi 11:00 Finishing Lines 2:00 Dave Cuddy Sings 3:15 Target Trip 3:15 Baking w/ the Twins 5:30 Dessert and Ted Powers on the Patio	 19 9:30 Coffee and Chat 10:00 Chair Aerobics 11:00 Trivia 11:30 Chinese Dine-In Take Out 2:00 Matty B Plays Sax 3:30 Fun w/ Jack & Paige 6:00 Dean Martin on TV 	20 9:30 Coffee and Chat 10:00 Arthritis Exercises 11:00 What Would You Rather ? 2:00 Jeff Thomas Sings in Greenleaf 3:15 Happy Hour 6:00 Friday Night Flicks	21 9:30 Coffee and Chat 10:00 Chair Exercises 11:00 Left, Right, Center 2:00 Bingo 3:30 Wheel of Fortune 6:00 Independent Board Games
22 9:30 Mass on TV 11:00 YouTube Videos 2:00 Scott & Scott Sing and Play 3:30 Bingo in Creative Arts Room 6:00 Sunday Night at the Movies	23 9:30 Coffee and Chat 10:00 Communion 10:30 Chair Aerobics 2:00 Judy Capone Does Karaoke 3:30 Walking Club Meet in Cafe 6:00 Bingo	24 9:30 Coffee and Chat 10:00 Arthritis Exercises 11:00 DL: Leonardo da Vinci 2:00 Manny Brando 3:30 Cooking with Dave 6:00 Mary Njeri's Talk on Africa	25 9:30 Coffee and Chat 10:00 Tai Chi 10:00 Trip to Apple Farm 2:00 Giant Scrabble 3:15 Target Trip 3:15 Baking w/ the Twins 5:00 Peter Paulosky 6:00 Ind Word Games	26 9:30 Coffee and Chat 10:00 Chair Aerobics 10:30 Tim Visits Vets 11:00 DL: da Vinci 12:00 Birthday Lunch 2:00 Bill Reidy Sings 3:30 Fun w/ Jack & Paige 5:00 \$\$ Casino Night \$\$	 27 9:30 Coffee and Chat 10:00 Arthritis Exercises 11:00 Ted Talk 2:00 Maria Abramo Plays Violin 3:15 Happy Hour in Cafe 6:00 Friday Night Flicks in Greenleaf 	28 9:30 Coffee and Chat 10:00 Chair Exercises 11:00 Tenzie 2:00 Woman's Schola Sings 3:30 Words in a Word 6:00 Independent Board Games
 29 Rosh Hashana 9:30 Mass on TV 11:00 Play Tenzie 2:00 Gary Landgren Plays Honky Tonk 3:30 Bingo 6:00 Sunday Night at the Movies 	30 9:30 Coffee and Chat 10:00 Communion 10:30 Chair Aerobics 2:00 Adam Bergeron Plays Classical Piano 3:30 Walking Club 6:00 Bingo	Assisted	e at Milford d Living range based on resident interest.	SEPTEN	BER 20]