



MAY CALENDAR

ANNOUNCEMENTS & EVENTS:

Thursday, May 2nd
2:00 Band Concert w/St. Michael's
School from Ottawa, Canada

Friday, May 10th
1:30 PM Mother's Day Tea
Join Us In The Dining Room

Tuesday, May 14th
6 PM Lifetime Achievement
Award/Will It Be You?

Tuesday, May 21st
All Day! Grab Your Passport and
join us in Italy

Please ask reception or any manager how
you can nominate an Associate for a Star
Award!!!



Forestdale Park Assisted Living

STAFF DIRECTORY:

Terri Guenard,
Executive Director

Sarah Starkweather, Director of
Community Relations

Michelle Spindler, Director of
Business Administration

Penny Shea
Resident Care Director

Denise Thorud, Director of
Compass Programming

Jeffrey Fowler,
Director of Dining Experience

Giovanni Gonzalez, Director of
Building & Grounds

How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>MAY 2019</h1>			1 9:30 Morning Stretch 10:00 Daily Chronicle 11:00 Bistro Chat 1:00 Pastor Emily Visits 2:00 Crafting Club 3:30 Big John Entertains @ Wine Down Wednesday 6:00 Resident Run Bingo	2 9:30 Daily Stretch 10:00 Daily Chronicle 10:30 Making Pralines 11:00 Bistro Games 1:00 Walking Club 2:00 Band Concert w/St. Michael's School from Ottawa, Canada 3:00 Line Dance With Chrissy 6:00 Art with James	3 9:30 Daily Chronicle 10:00 Rosary with Virginia 10:30 Stories We Tell 11:00 Bistro Chat 1:00 Walking Club 2:00 Discovery Learning 3:00 Left, Right, Center 4:00 Taylor's Garden Club	4 9:30 Come Pick Your Derby Horse 10:00 Work Out w/Bernadine 10:00 Daily Chronicle 11:00 Bistro Trivia 1:00 Walking Club 2:00 Poker Bunch 2:00 Beso Bingo in Compass 3:00 Saturday Movie Matinee 6:00 Kentucky Derby Race
5 10:00 Morning Mass on TV 10:30 Zumba with Christina! 11:30 Cinco De Mayo Lunch/Spices 1:00 Afternoon Walking Club 2:00 Bowling Club in Bistro 3:00 Poker Club 3:00 Pokeno Bunch 6:00 Resident Run Bingo	6 9:30 Morning Stretch 10:00 Daily Chronicle 10:00 Sacred Heart Mass/Fr. Mario 1:00 Library & Store in Bistro 1:30 Walking Club 2:30 Food Committee 3:00 Resident Council 6:00 Pokeno Night	7 9:30 Daily Chronicle 10:00 Work Out w/Bernadine 11:00 Bistro Chat 1:00 Walking Club 2:00 Discovery Learning 2:00 Painting Club 3:00 Josef Nocera/Elvis! 3:30 Bistro Trivia 6:00 Prize Bingo	8 9:30 Morning Stretch 10:00 Daily Chronicle 10:00 Trip To Target 11:00 Bistro Chat 1:00 Fun and Games 2:00 Crafting Club 3:30 Wine Down Wednesday 6:00 Resident Run Bingo	9 9:30 Daily Stretch 10:00 Daily Chronicle 11:00 Bistro Games 1:00 Culinary Club 2:00 Line Dancing w/Chrissy 3:30 Karaoke Karl Live 6:00 Art with James	10 9:30 Daily Chronicle 10:00 Rosary with Virginia 10:30 Stories We Tell 11:00 Bistro Chat 1:00 Walking Club 1:30 Mother's Day Tea 3:00 Left, Right, Center 4:00 Taylor's Garden Club	11 10:00 Work Out w/Bernadine 10:00 Daily Chronicle 11:00 Bistro Trivia 1:00 Walking Club 2:00 Kat Connors in Compass 3:00 Saturday Movie Matinee 6:00 Younggyo Lee Piano
12 10:00 Morning Mass on TV 10:30 Zumba with Christina! 1:00 Afternoon Walking Club 2:00 Bowling Club in Bistro 3:00 Poker Club 3:00 Pokeno Bunch 4:30 Mark Tavenner @ Spices Mother's Day Tribute 6:00 Resident Run Bingo	13 9:30 Morning Stretch 10:00 NEC Vocal Trio 11:00 Sacred Heart Svces 1:00 Library & Store in Bistro 1:30 Walking Club 2:00 Discovery Learning 3:00 Word Peck 6:00 Pokeno Night	14 9:30 Daily Chronicle 10:00 Work Out w/Bernadine 11:00 Bistro Chat 1:00 Walking Club 2:00 Book Club 2:00 Ask Alexa 3:30 Bistro Trivia 6:00 Lifetime Achievement Will It Be You???	15 9:30 Morning Stretch 10:00 Daily Chronicle 10:00 Lunch to Brothers Kouzina 11:00 Bistro Chat 1:00 Pastor Emily Visits 2:30 Star Award Party! 3:30 Sharon DiFronzo Live @ Wine Down Wednesday 6:00 Resident Run Bingo	16 9:30 Daily Stretch 10:00 Daily Chronicle 11:00 Bistro Games 1:00 Culinary Club Making Fresh Pasta 2:00 Line Dancing w/Chrissy 3:00 Word Games 6:00 Art with James	17 9:30 Daily Chronicle 10:00 Rosary with Virginia 10:30 Stories We Tell 11:00 Bistro Chat 1:00 Walking Club 2:00 Discovery Learning 3:00 Left, Right, Center 4:00 Taylor's Garden Club	18 10:00 Work Out w/Bernadine 10:00 Daily Chronicle 11:00 Bistro Trivia 1:00 Walking Club 2:00 Poker Bunch 2:00 Beso Bingo in Compass 3:00 Saturday Movie Matinee 6:00 Seth Connolly Live/Compass
19 10:00 Morning Mass on TV 10:30 Zumba with Christina! 1:00 Afternoon Walking Club 2:00 Bowling Club in Bistro 3:00 Poker Club 3:00 Pokeno Bunch 6:00 Resident Run Bingo	20 9:30 Morning Stretch 10:00 Daily Chronicle 11:00 Sacred Heart Svces 1:00 Library & Store in Bistro 1:30 Walking Club 2:00 Discovery Learning 3:00 Word Peck 6:00 Pokeno Night	21 Grab Your Passport to Italy 9:30 Espresso Bar 10:00 Work Out w/Bernadine 11:30 Italian Lunch w/Live Music 1:00 Walking Club 1:00 Culinary Club: Biscotti!!!! 2:00 Discovery Learning: Italy 6:00 Prize Bingo	22 9:30 Morning Stretch 10:00 Daily Chronicle 10:00 Mystery Ride 11:00 Bistro Chat 1:00 Walking Club 2:00 Crafting Club 3:30 Wine Down Wednesday 5:00 FDP Family Meeting 7:00 Resident Run Bingo	23 9:30 Daily Stretch 10:00 Daily Chronicle 11:00 Bistro Games 1:00 Walking Club 2:00 Line Dancing w/Chrissy 3:00 Word Games 6:00 Art with James	24 9:30 Daily Chronicle 10:00 Rosary with Virginia 10:30 Stories We Tell 11:00 Bistro Chat 1:00 Walking Club 2:00 Discovery Learning 3:00 Left, Right, Center 4:00 Taylor's Garden Club	25 10:00 Work Out w/Bernadine 10:00 Daily Chronicle 11:00 Bistro Trivia 1:00 Walking Club 2:00 DJ George Memorial Day 3:00 Saturday Movie Matinee 6:00 Younggyo Lee Piano
26 10:00 Morning Mass on TV 10:30 Zumba with Christina! 1:00 Afternoon Walking Club 2:00 Josef Nocera Live 3:00 Poker Club 3:00 Pokeno Bunch 6:00 Resident Run Bingo	27 9:30 Morning Stretch 10:00 Daily Chronicle 11:00 Sacred Heart Svces 1:00 Library & Store in Bistro 1:30 Walking Club 2:00 Discovery Learning 3:00 Word Peck 6:00 Mark Tavenner Live	28 9:30 Daily Chronicle 10:00 Work Out w/Bernadine 11:00 Bistro Chat 1:00 Walking Club 2:00 Ask Alexa 3:30 Bistro Trivia 6:00 Prize Bingo	29 9:30 Morning Stretch 10:00 Daily Chronicle 10:00 Outing to Peabody Essex American Art Exhibit/Cafe Lunch 11:00 Bistro Chat 1:00 Walking Club 2:00 Crafting Club 3:30 Wine Down Wednesday 6:00 Resident Run Bingo	30 9:30 Daily Stretch 10:00 Daily Chronicle 11:00 Bistro Games 11:30 Birthday Club Luncheon 1:00 Culinary Club 2:00 Line Dancing w/Chrissy 3:00 Word Games 6:00 Art with James	31 9:30 Daily Chronicle 10:00 Rosary with Virginia 10:30 Stories We Tell 11:00 Bistro Chat 1:00 Walking Club 2:00 Discovery Learning 3:00 Left, Right, Center 3:30 Sharon DiFronzo Live 4:00 Taylor's Garden Club	Activities are subject to change due to resident interests. Check the Daily Sheet at the front Desk