



HEIGHTS CROSSING MAY 2019 CALENDAR

ANNOUNCEMENTS & EVENTS:

- 2 Understanding Dementia with Jeff
- 4 Independence Day Cookout
- 6 Lifetime Achievement: Rose Young
- 7 Guitar & Vocals w/ Mike Dardis
- 9 Medical Equipment
- 9 Out to Mill Wharf Tavern
- 11 Mayor's Concert Series
- 14 Annmarie Watkinson & Daughter
- 16 Evening Wine Cheese & Jazz
- 18 Mayor's Concert Series
- 20 Guitar & Vocals w/ Richie Bern
- 23 GYP Bora Bora- Food Demo & Our Own Kathy Hermanson's Pics!
- 24 Out to Charles Riverboat Cruise
- 25 Mayor's Concert Series
- 28 Bandleader Herbie Rae
- 30 Vocalist Mark Olson
- 31 Registered Dietician Renee Brunelle: High Blood Pressure

STAFF DIRECTORY:

Peter McConnell
Executive Director

Kathy Hermanson
Director of Community Relations

Michelle Allwood, Director
of Business Administration

Anmarie Tatelbaum
Resident Care Director

Jeff Marterer
Enriched Life Director

Reggie Whalen
Director of Compass Programming

Bras Texiera
Director of Dining Experience

Matt Desrosiers
Director of Building & Grounds

How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Limo Service Mon- Sat 9:00-4:00 Sun. 9:00-2:00</p>	<p>1 8:30 Fitness Center Open 9:30 Chuck-a-Luck 10:30 Group Exercise 1:00 Group Walk 2:00 Current Events with Jeff 3:30 Summer Vacation Sing-Along 6:15 Movie 6:30 Bingo w/Ashley</p>	<p>2 8:30 Fitness Center Open 9:30 Documentary 10:30 Group Exercise 12:30 Adult Coloring 2:00 "Understanding Dementia, Part 2" with Jeff 3:30 Group Crosswords 6:30 "Undiscovered Talent: Discovered"</p>	<p>3 8:30 Fitness Center Open 9:30 Brain Games 10:30 Group Exercise 1:00 Group Walk 2:00 Food Service Meeting 2:30 Animal Videos 3:30 Scatterbrain Menagerie 6:15 Movie 6:30 Bingo w/ Ashley</p>	<p>4 8:30 Fitness Center Open 9:30 "Why We Do What We Do on Independence Day" 10:30 Group Exercise 11:30 Cookout on Our Patio 2:00 Movie Matinee: "Yankee Doodle Dandy" 3:30 Jeff's Original Watermelon Drinks on the Patio 6:30 Fireworks with Jean</p>	<p>5 8:30 Fitness Center Open 9:30 Paraphernalia 10:30 Group Exercise 2:00 Discovering Science: Geological Wonders 3:00 Group Walk 3:30 LCR with Debbie 5:30 Kiddush with Rabbi Hurvitz 7:00 Secrets of the Ancient World Uncovered!</p>	<p>6 9:30 Misch Masch 10:00 Protestant Service with Minister Gail 10:30 Group Exercise 2:00 Lifetime Achievement: Rose 3:00 Meet the Family & Drinks on the Patio 6:30 Undiscovered Talent: Men & Women of Our Armed Forces!</p>
<p>7 9:00 Announcements 9:30 Reflections 10:30 Group Exercise 2:00 Guitar & Vocals with Mike Dardis 3:00 Refreshments on the Patio 3:30 Group Walk 6:15 Movie 6:30 Bingo with Ashley</p>	<p>8 8:30 Fitness Center Open 9:30 Chuck-a-Luck 10:30 Group Exercise 1:00 Group Walk 2:00 Current Events with Jeff 3:30 Movie Committee: Everyone Welcome! 6:15 Movie 6:30 Bingo w/Ashley</p>	<p>9 8:30 Fitness Center Open 9:30 Documentary 10:30 Group Exercise 11:30 Out to Mill Wharf Tavern for Lunch 12:30 Adult Coloring 2:00 3:30 Group Crosswords 6:30 An Evening with Famous Acapella Group "Pentatonix"</p>	<p>10 8:30 Fitness Center Open 9:30 Brain Games 10:30 Group Exercise 1:00 Group Walk 2:00 "Mysteries of History" with Debbie 3:30 Scatterbrain Menagerie 6:15 Movie 6:30 Bingo w/ Ashley</p>	<p>11 8:30 Fitness Center Open 9:30 Jeff's Culinary 10:30 Group Exercise 2:00 Twenty Questions 3:30 Catholic Communion 3:30 Parlor Talk 6:00 Mayor's Concert Series on the Patio</p>	<p>12 8:30 Fitness Center Open 9:30 Paraphernalia 10:30 Group Exercise 2:00 Ice Cream Sodas & Games of Skill on the Patio 3:30 Awards Ceremony 5:30 Kiddush with Rabbi Hurvitz 7:00 An Evening of Barbershop Quartet Music</p>	<p>13 <i>Barbershop Music Appreciation Day!</i> 9:30 Misch Masch 10:30 Group Exercise 2:00 This Ain't Your Father's Barbershop! 3:00 Watermelon Drinks on the Patio 6:30 An Evening with Acapella Group "Straight, No Chaser"</p>
<p>14 9:00 Announcements 9:30 Reflections 10:30 Group Exercise 2:00 Vocalists Anne Marie Watkinson & Daughter 3:00 Refreshments on the Patio 3:30 Group Walk 6:15 Movie 6:30 Bingo with Ashley</p>	<p>15 8:30 Fitness Center Open 9:30 Chuck-a-Luck 10:30 Group Exercise 1:00 Group Walk 2:00 Current Events with Jeff 3:30 Beach Music Sing-Along with Jeff 6:15 Movie 6:30 Bingo w/Ashley</p>	<p>16 8:30 Fitness Center Open 9:30 Documentary 10:30 Group Exercise 1:00 Group Walk 2:00 Music Appreciation: W. A. Mozart 3:30 Group Crosswords 6:30 Wine, Cheese & Jazz on the Patio</p>	<p>17 8:30 Fitness Center Open 9:30 Brain Games 10:30 Group Exercise 1:00 Group Walk 2:00 'Real Life Murder Mystery' 3:30 Wheel of Misfortune 6:15 Movie 6:30 Bingo w/ Ashley</p>	<p>18 8:30 Fitness Center Open 9:30 Jeff's Culinary 10:30 Group Exercise 2:00 Clever Endeavor 3:30 Catholic Communion 3:30 Parlor Talk 6:30 Mayor's Concert Series on the Patio</p>	<p>19 8:30 Fitness Center Open 9:30 Paraphernalia 10:30 Group Exercise 2:00 Hallway Golf! 3:00 The 19th Hole 5:30 Kiddush with Rabbi Hurvitz 7:00 An Evening of Barbara Streisand Music</p>	<p>20 9:30 Misch Masch 10:30 Group Exercise 2:00 Guitar & Vocals with Richie Bern 3:00 Melon Drinks on the Patio 3:30 Group Walk 6:15 Movie 6:30 Bingo</p>
<p>21 9:00 Announcements 9:30 Reflections 10:30 Group Exercise 2:00 Make Your Own Sundaes & Little Rascals 3:00 Refreshments on the Patio 6:15 Movie 6:30 Bingo with Ashley</p>	<p>22 8:30 Fitness Center Open 9:30 Chuck-a-Luck 10:30 Group Exercise 1:00 Group Walk 2:00 Current Events with Jeff 3:30 South Pacific Sing-Along with Jeff 6:15 Movie 6:30 Bingo w/Ashley</p>	<p>23 <i>GYP Bora Bora</i> 8:30 Fitness Center Open 9:30 Jeff's Seasonal Culinary: Tropical Paradise! 10:30 Group Exercise 1:00 Group Walk 2:00 Kathy Hermanson's Bora Bora Adventure 3:00 Bora Bora Snacks & Drinks</p>	<p>24 8:30 Fitness Center Open 9:30 Bora Bora Brain Games 10:30 Group Exercise 10:30 Out to Charles Riverboat Cruise 1:00 Group Walk 2:00 Movie Matinee 6:15 Movie 6:30 Bingo w/ Ashley</p>	<p>25 8:30 Fitness Center Open 9:30 Bora Bora Travelogue 10:30 Group Exercise 2:00 Twenty Questions 3:30 Catholic Communion 3:30 Parlor Talk 6:30 Mayor's Concert Series on the Patio</p>	<p>26 8:30 Fitness Center Open 9:30 Paraphernalia 10:30 Group Exercise 2:00 Patio Games with Snacks & Daiquiris 5:30 Kiddush with Rabbi Hurvitz 6:30 Blockbuster Movie & Movie Snacks</p>	<p>27 <i>National Mutt Day!</i> 9:30 Misch Masch 10:30 Group Exercise 2:00 Let's Make the "Mutt" the State Dog of Massachusetts! 3:00 Kibbles & Bits 6:15 Movie 6:30 LCR Game</p>
<p>28 9:00 Announcements 9:30 Reflections 10:30 Group Exercise 2:00 Band Leader Herbie Rae 3:00 Refreshments on the Patio 3:30 Group Walk 6:15 Movie 6:30 Bingo with Ashley</p>	<p>29 8:30 Fitness Center Open 9:30 Chuck-a-Luck 10:30 Group Exercise 1:00 Group Walk 2:00 Current Events with Jeff 3:30 Drinks on the Patio 6:15 Movie 6:30 Bingo w/Ashley</p>	<p>30 8:30 Fitness Center Open 9:30 Documentary 10:30 Group Exercise 1:00 Group Walk 2:00 "The Price is Right!" 3:30 Group Crosswords 6:30 Vocalist Mark Olson</p>	<p>31 8:30 Fitness Center Open 9:30 Brain Games 10:30 Group Exercise 1:00 Group Walk 2:00 Dietician Renee Brunelle: "High Blood Pressure" 3:30 Resident Meeting 6:30 Bingo w/ Ashley</p>	<h1>JULY 2019</h1> <p>* Programs are subject to change based on resident interests.</p>		