









How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.





HEIGHTS CROSSING NOVEMBER 2019 CALENDAR

ANNOUNCEMENTS & EVENTS:

2- Lifetime Achievement: Dorothy

3- Band Leader Steve King performs

3- Night Game: Ravens vs Patriots

6- Food Service Meeting Chef Bras

7- Classical Pianist Bruce Pratt

10- Vocalist Sigy Moller

12 Greek & other music with George Deliyanis

13 Out to lunch at Landfall Restaurant in Wood's Hole

15 Art Class with Pat DiBiase

16 November birthday party

17 Womens A Capella Quartet:

"Serendipity"

21 Dementia Support Group

21 Classical Music with Rob &

Marcus the German Shepherd

25 "What Happened on the First Thanksgiving" with Lori Leiderman

28 Thanksgiving Dinner starts at 1:00

29 Black Friday Madness

STAFF DIRECTORY:

Peter McConnell **Executive Director**

Kathy Hermanson

Director of Community Relations

Michelle Allwood, **Director**of Business Administration

Annmarie Tatelbaum Resident Care Director

Jeff Marterer
Enriched Life Director

Reggie Whalen **Director of Compass Programming**

Bras Texiera

Director of Dining Experience

Matt Desrosiers **Director of Building & Grounds**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	No	vemb	er 2019		1 8:30 Fitness Center Open 9:30 Potpourri 10:30 Group Exercise 1:00 Memory Madness 2:00 Autumn Trivia 3:30 Library Talk 5:30 Kiddush with Rabbi Hurvitz 7:00 Teddy Meet & Greet	9:30 Paraphernalia 10:00 Protestant Service with Minister Gail 10:30 Group Exercise 2:00 "Lifetime Achievement: Dorothy Butler" 3:00 Meet the Family 6:30 50's Music w/ Cassandra
9:00 Announcements & Go 9:30 Reflections with Jeff 10:30 Group Exercise 2:00 Big Band Leader Stev 3:00 Refreshments 3:30 Movie Preview 6:15 Movie 6:30 Bingo w/ Ashley 8:00 Patriots vs Ravens	9:30 Chuck-a-Luck 10:30 Group Exercise	8:30 Fitness Center Open 9:30 Our Annual "Great Apple Taste Test" with Jeff 10:30 Group Exercise 1:00 Hangman 2:00 "Major Religions You Never Hear Of" with Jeff 3:30 Group Crosswords 6:30 An Evening with Celtic Woman	8:30 Fitness Center Open 9:30 Brain Games with Jeff 10:30 Tai Chi with Vince 1:00 Birthdays & Horoscopes 2:00 Food Service Meeting 3:30 Celebrate Walking to St. Petersburg, Florida 6:15 Movie 6:30 Bingo with Ashley	8:30 Fitness Center Open 10:00 Protestant Service with Reverend Walden 9:30 Antiques Roadshow Game 10:30 Group Exercise 1:00 This Day in History 2:00 Reading Corner 3:30 Catholic Communion 6:30 Classical Pianist Bruce Pratt	8 8:30 Fitness Center Open 9:30 Potpourri 10:30 Group Exercise 2:00 "Child Entrepreneurs & Inventors" 3:30 Library Talk 5:30 Kiddush with Rabbi Hurvitz 6:45 Movie	9 9:30 Paraphernalia 10:30 Group Exercise 2:00 Singer & Humorist George Cataldo Salutes Our Veterans! 3:30 Cider Sip by the Fire 6:30 More Music from the 1950's with Cassandra
9:00 Announcements & Go 9:30 Reflections with Jeff 10:30 Group Exercise 2:00 Las Vegas-Style Voca Sigy Moller 3:00 Refreshments 6:15 Movie 6:30 Bingo with Ashley	9:30 Chuck-a-Luck 10:30 Group Exercise	12 8:30 Fitness Center Open 9:30 Documentary 10:30 Group Exercise 1:00 Hangman 2:00 "The Boston Girl" with Jeff 3:30 Group Crosswords 6:30 Guitar & Vocals with George Delyanis	8:30 Fitness Center Open 9:30 Brain Games with Jeff 10:30 Group Exercise 11:00 Out to Landfall Restaurant 2:00 "Mysteries of History" with Debbie 6:15 Movie 6:30 Bingo with Ashley	14 8:30 Fitness Center Open 9:30 Antiques Roadshow Game 10:30 Group Exercise 1:00 This Day in History 2:00 Painting with Cassandra 3:30 Catholic Communion 3:30 Parlor Talk 7:00 Play Uno With Cassandra	8:30 Fitness Center Open 9:30 Potpourri 10:30 Group Exercise 2:00 Art Class with Pat Dibiase 3:30 Library Talk 5:30 Kiddush with Rabbi Hurvitz 6:30 "Name That Tune" with Cassandra	9:30 Paraphernalia 10:30 Group Exercise 2:00 November Birthday Party Featuring a Mystery Entertainer! 3:30 Cider Sip by the Fire 6:30 Cassandra Tells the Story of Her Life!
9:00 Announcements & Go 9:30 Reflections with Jeff 10:30 Group Exercise 2:00 A Capella Quartet "Serendipity" 3:00 Refreshments 4:00 Patriots vs Ravens 6:15 Movie 6:30 Bingo with Ashley	•	8:30 Fitness Center Open 9:30 Documentary 10:30 Group Exercise 1:00 Hangman 2:00 "Why We Do What We Do on Thanksgiving" 3:30 Group Crosswords 6:30 An Evening with the Igor Moissiev Ballet	8:30 Fitness Center Open 9:30 Brain Games with Jeff 10:30 Tai Chi with Vince 1:00 Birthdays & Horoscopes 2:00 "What I Like About My Home Town" with Jeff 3:30 Thanksgiving Hangman 6:15 Movie 6:30 Bingo with Ashley	8:30 Fitness Center Open 9:30 Antiques Roadshow Game 10:30 Group Exercise 1:00 This Day in History 2:00 Hallway Golf 3:30 Catholic Communion 6:45 Movie 6:30 Classical Piano with Rob & Marcus	8:30 Fitness Center Open 9:30 Potpourri 10:30 Group Exercise 2:00 Thanksgiving Craft with Cassandra 5:30 Kiddush with Rabbi Hurvitz 6:30 "Off to the Races" with Cassandra	9:30 Paraphernalia 10:30 Group Exercise 1:30 Popcorn Movie Matinee 3:30 Thanksgiving Memories with Cassandra 6:30 Shuffleboard with Cassandra & Ashley
9:00 Announcements & Go 9:30 Reflections with Jeff 10:30 Group Exercise 2:00 Movie Matinee: "Littl Women" 3:00 Refreshments 3:30 Movie Preview 6:15 Movie 6:30 Bingo with Ashley	9:30 Chuck-a-Luck 10:30 Group Exercise	26 8:30 Fitness Center Open 9:30 Documentary 10:30 Group Exercise 1:00 Hangman 2:00 3:30 Group Crosswords 6:30 An Evening of Autumn Music	8:30 Fitness Center Open 9:30 Brain Games with Jeff 10:30 Group Exercise 2:00 Resident Meeting 3:30 Catholic Communion 6:15 Movie 6:30 Bingo with Ashley	28 Happy Thanksgiving 8:30 Fitness Center Open 9:30 Debbie Thanksgiving Entertainment Extravaganza 10:30 Group Exercise 1:00-3:00 Thanksgiving Dinner Served in the Dining Room 2:00 Movie Matinee 6:30 Movie	8:30 Fitness Center Open 9:30 10:30 Group Exercise 2:00 "Black Friday Madness" with Cassandra 3:30 Library Talk 5:30 Kiddush with Rabbi Hurvitz 6:45 Movie	9:30 Paraphernalia 10:30 Group Exercise 2:00 "What's Your Favorite Holiday Movie Ever?" with Cassandra 6:30 Bean Bag Toss with Cassandra & Ashley