









How will you spend your day?

The quest for knowledge, inspiration and enrichment is lifelong.





HEIGHTS CROSSING SEPTEMBER 2019 CALENDAR

ANNOUNCEMENTS & EVENTS:

2 Labor Day Cookout Featuring "The Silver Fox" George Cataldo

4 Tai Chi with Vince: First time here!

7 Brockton Youth Cheerleaders visit

8 The Kadima Band

11 Picnic at Borderland State Park

12 Lobster Boil on the Patio

12 Singer/ Songwriter Jeffrey Folmer

14 Our Annual Antique Car Show

15 Irish Music with Duane Sullivan

17 Guitar & Vocals w/ Gary Leanues

19 "Hits & Misses" Vocal Group

19 Mystery Trip with Jean

19 Dementia Support Group

19 "Martinis & Massage" on the Patio

20 Art Class with Pat DiBiase

21 Michelle's Fashions

22 Patriots Tailgate Party on the Patio

24 GYP Japan:

9:30 Jeff Makes Sushi

2:00 Japanese Tea Ceremony

26 Voter Registration in the Arts & Media Center

29 Band Leader Steve King

STAFF DIRECTORY:

Peter McConnell **Executive Director**

Kathy Hermanson

Director of Community Relations

Michelle Allwood, Director of Business Administration

Annmarie Tatelbaum Resident Care Director

Jeff Marterer
Enriched Life Director

Reggie Whalen **Director of Compass Programming**

Bras Texiera

Director of Dining Experience

Matt Desrosiers **Director of Building & Grounds**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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9:00 Announcements 9:30 Reflections 10:30 Group Exercise 2:00 Guitar & Vocals with Roger Chartier 3:00 Refreshments 3:30 Group Walk 6:15 Movie 6:30 Bingo with Ashley	8:30 Fitness Center 9:30 Chuck-A-Luck 10:30 Group Exercise 11:30 Our Labor Day Cookout 2:00 Music & Comedy with George Cataldo 6:15 Movie 6:30 Bingo with Ashley	3 8:30 Fitness Center 9:30 Documentary 10:30 Group Exercise 1:00 Reader's Corner 2:00 "More Super Heroes Next Door" 3:30 Group Crossword 6:30 An Evening with "The Mamas & The Papas"	8:30 Fitness Center 9:30 Brain Games 10:30 Tai Chi with Vince 1:00 Hangman 2:00 Food Service Meeting 2:30 Amazing Animals 3:30 Real-Life Crime Mystery 6:15 Movie 6:30 Bingo	8:30 Fitness Center 9:30 Jeff's Culinary 10:30 Group Exercise 1:00 Adult Coloring 2:00 Totally Trivia 3:30 Catholic Communion 3:30 Parlor Talk 6:30 LCR	6 A Bubbly Day! 8:30 Fitness Center 9:30 Paraphernalia 10:30 Group Exercise 2:00 Make Our Own Bubbles 3:00 Bubbles Galore! 3:30 Music Appreciation 5:30 Kiddush w Rabbi Hurvitz 6:45 Movie	9:30 Misch Masch 10:30 Group Exercise 2:00 Our Brockton Youth Cheerleader Triends Come for a visit! 3:30 Vintage Commercials -Where are they now? 6:30 Saturday Night Movie w/Ashley & the fixins!
8 9:00 Announcements 9:30 Reflections 10:30 Group Exercise 2:00 The Kadima Band 3:00 Refreshments 3:30 Group Walk 6:15 Movie 6:30 Bingo with Ashley	9 8:30 Fitness Center 9:30 Chuck-A-Luck 10:30 Group Exercise 1:00 Group Walk 2:00 Current Events 3:30 Last Summer Sing 6:15 Movie 6:30 Bingo	10 8:30 Fitness Center 9:30 Documentary 10:30 Group Exercise 1:00 Reader's Corner 2:00 Where in the World?! Mysterious Places? 3:30 Group Crosswords 6:30 Tony Bennett Duets	11 8:30 Fitness Center 9:30 Brain Games 10:30 Group Exercise 11:00 Depart for Picnic at Borderland State Park 2:00 Where in the World?! 3:30 Remembering 9/11 6:15 Movie 6:30 Bingo	8:30 Fitness Center 9:30 Jeff's Culinary 10:00 Episcopalian Service with Reverand Walden 10:30 Group Exercise 11:30 Chef's Lobster Boil 2:00 Twenty Questions 3:30 Catholic Communion 6:30 Vocalist Jeffrey Folmer	13 Chinese Moon Festival 8:30 Fitness Center 9:30 Paraphernalia 10:30 Group Exercise 2:00 Chinese Moon Celebration 3:30 Life in China Today 5:30 Kiddush w Rabbi Hurvitz 6:45 Movie	14 9:30 Misch Masch 10:30 Group Exercise 11:00-2:00 Our 23rd Annual Antique Car Show and Cookout! 3:00 Defunct Automobiles! 6:15 Movie 6:30 Bingo with Ashley
15 9:00 Announcements 9:30 Reflections 10:30 Group Exercise 2:00 Welcome Duane Sullivan 3:00 Refreshments 3:30 Group Walk 6:15 Movie 6:30 Bingo with Ashley	16 8:30 Fitness Center 9:30 Chuck-A-Luck 10:30 Group Exercise 1:00 Group Walk 2:00 Current Events 3:30 Fall Trips Meeting 6:15 Movie 6:30 Bingo	17 8:30 Fitness Center 9:30 Documentary 10:30 Group Exercise 1:00 Reader's Corner 2:00 Major Religions You Never Heard Of! 3:30 Group Crosswords 6:30 Enjoy the Music of Gary Leanues	18 8:30 Fitness Center 9:30 Brain Games 10:30 Tai Chi w/ Vince Journales 2:00 Real- Life Murder Mystery with Jeff 3:30 Football 101 6:15 Movie 6:30 Bingo	19 8:30 Fitness Center 10:00 Sharon Senior Chorus "The Hits & Misses" 1:00 Jean's Boston Mystery Tripl 2:00 Twenty Questions with Jeff 3:30 Catholic Communion 3:30 Parlor Talk	20 8:30 Fitness Center 9:30 Paraphernalia 10:30 Group Exercise 2:00 Drawing Class with Pat 3:00 Lobby Refreshments 3:30 Superstitious Plague! 5:30 Kiddush w Rabbi Hurvitz 6:45 Movie	21 Lifetime Achievement Day 9:30 Misch Masch 10:30 Group Exercise 10:30-1:30 Michelle's Fashions - Ladies Clothing Sale 2:00 Meet Annette & Richard Griffen! 6:15 Movie 6:30 Bingo with Ashley
9:00 Announcements 9:30 Reflections 10:30 Group Exercise 11:30 Patriots Tailgate Party on the Patio 1:00 Pats vs Jets Halftime Trivia & Morel 6:15 Movie 6:30 Bingo with Ashley	23 8:30 Fitness Center 9:30 Chuck-A-Luck 10:30 Group Exercise 1:00 Group Walk 2:00 Current Events 3:30 Autumn Sing-Along 6:15 Movie 6:30 Bingo	24 GYP Japan 8:30 Fitness Center 9:30 Jeff's Culinary: Sushil 10:30 Group Exercise 1:00 Reader's Corner 2:00 Japanese Tea Ceremony 3:30 Group Crosswords 6:30 Japan's Got Talentl	25 8:30 Fitness Center 9:30 Japanese Brain Games 10:30 Group Exercise 1:00 Hangman 2:00 Smell Test! 3:30 Resident Meeting 6:15 Movie: "M Butterfly" 6:30 Bingo	26 8:30 Fitness Center 9:30 "The (Veird, (Vonderful (Vorld of Japanese Culture" 10:30 Group Exercise 11:00 Voter Registration 2:00 Jean's "Who Dun It" 3:30 Catholic Communion 6:30 Bean Bag Toss	27 8:30 Fitness Center 9:30 Paraphernalia 10:30 Group Exercise 2:00 Concentration Hour! 3:30 Group Conversation 5:30 Kiddush w Rabbi Hurvitz 6:45 Movie	28 Science Experiment Day 9:30 Misch Masch 10:30 Group Exercise 2:00 Uh-Oh! Jean & Deb's Science Lab! 3:00 Liquid Lab Refreshments! 3:30 Music Appreciation 6:15 Movie 6:30 Bingo with Ashley
29 Rosh Hashanah Begins at Sundown 9:00 Announcements	30 8:30 Fitness Center 9:30 Chuck-A-Luck	* All programs are subject	to change based on resident	(CDTCA	4 D C D	

II programs are subject to change based on resident interest. Heights Crossing Limo Service:

Heights Crossing Limo Service:

Monday-Saturday 9:00-4:00

Sunday 9:00-2:00

Hair Salon Tuesday- Friday 9:00-2:00

9:30 Jeff's Rosh Hashanah

2:00 Music with Steve King

10:30 Group Exercise

3:00 Refreshments

3:30 Group Walk

6:15 Movie

10:30 Group Exercise 1:00 Group Walk

2:00 Current Events

6:15 Movie

6:30 Bingo

3:30 Movie Committee

SEPTEMBER 2019

