



## METHUEN VILLAGE JULY CALENDAR

### ANNOUNCEMENTS & EVENTS:

- July 2nd Music w/ Mark Tavenner at 2pm
- July 7th Music w/ Dave Caponigro at 3pm
- July 9th Singin' w/ Josef Nocera at 2pm
- July 13th Music w/ Scott Andrews at 3pm
- July 16th Soul Works Drumming at 2pm
- July 21st Rockin w/ Rockoholics at 3pm
- July 22nd Tunes w/ Stan Anderson at 3pm
- July 26th Music w/ Billy Glynn at 2pm
- July 30th Music w/ Kevin Farley at 2pm

- ★ Please Join Us for Family Movie Night Thursday July 25th at 7pm! Popcorn, Drinks and Snacks will be Provided!

### STAFF DIRECTORY:

Tracy Valletti  
Executive Director

Beth Haydon  
Director of Community Relations

Karyn Mahoney  
Director of Business Administration

Joan MacLauchlan  
Resident Care Director

Rachel Gamache  
EnrichedLIFE Director

Kristen Labrie  
Director of Compass Programming

Brian Keefe  
Director of Dining Experience

John Oliveira  
Director of Building & Grounds

*How will you spend your day?*

The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.

# JULY 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><i>*For This Month's Community Service Project, our Community Will Be Collecting Goods to Send to Deployed Soldiers. Feel Free to Join in and Drop Goods off at our Community.</i></p>	<p>1            9:30 Mindful Mandalas            10:00 Theraband Exercises            10:30 "Historic Stamps" (DL)            11:00 Gardening Club  <b>2:00 Book Club Meeting</b>            3:00 Spin It Fitness            6:30 Rosary w/ Gloria            7:00 Bingo with Gloria</p>	<p>2            9:30 Riddle Me This            10:00 Stretch It Out!  <b>10:45 Resident Council Meeting</b>            1:30 Cranium Crunches  <b>2:00 Music w/ Mark Tavenner</b>            3:15 Chair Aerobics            7:00 The Crown S 2 Ep 8</p>	<p>3            10:00 Tai Chi for Arthritis            10:30 10 Things You May Not Know About Mary Cassatt  <b>1:00 Thrift Shopping Trip</b>  <b>2:00 4th of July Decoration Committee</b>            3:00 Putter's Club            7:00 Big Money Bingo</p>	<p><b>HAPPY 4TH OF JULY!!!</b>            10:00 Stretch It Out!            10:30 Patriotic Yogurt Makin'            11:00 Name That Landmark            2:00 Outdoor Yard Games  <b>3:00 Letter Writing to Soldiers!</b>            4:00 Patriotic Social            7:00 Concert Series: Spirit of America Concert</p>	<p>5            10:00 Weighted Exercises            10:30 8 Legendary Circus Performers  <b>11:00 MV Cook Book Meeting</b>  <b>1:00 Shopping Trip</b>            2:00 "American Experience: The Circus" (DL)            3:00 Balance Exercises            7:00 Big Money Bingo</p>	<p>6            10:00 Cardio Time            10:30 Horseshoe Tournament            2:00 Big Money Bingo            2:00 Biography "Diana: In Her Own Words"            3:00 Family Feud            7:00 Saturday Cinema</p>
<p>7            10:00 Sunday Stretching            10:30 Ladder Ball            2:00 Big Money Bingo            2:00 Documentary: "WWII In Color Ep1"  <b>3:00 Music w/ Dave Caponigro</b>            7:00 Classic Movie Night</p>	<p>8            9:30 Mindful Mandalas            10:00 Theraband Exercises            10:30 Nail Spa            11:00 Rosary w/ St. Monica's  <b>2:00 Horse Races \$.25/race</b>            3:15 Spin It Fitness            7:00 Big Money Bingo</p>	<p>9            9:30 Stretch It Out!  <b>10:00 Veteran's Social w/ Tom H</b>            10:30 Myths and Heroes (DL)            11:00 Buzz Word  <b>2:00 Singin' w/ Josef Nocera</b>            3:15 Chair Aerobics            7:00 The Crown S 2 Ep 9</p>	<p>10            10:00 Tai Chi for Arthritis  <b>10:00 Plainridge Casino Trip</b>            10:30 Jeopardy Challenge  <b>1:45 Jewelry Making</b>            3:00 Water Pong Tournament            7:00 Big Money Bingo</p>	<p>11  <b>9:30 Get Fit w/ Brian Coyne</b>  <b>10:30 Christian Services</b>            10:30 Words w/ Friends  <b>2:00 Resident Store</b>            2:00 "National Parks Adventure"            3:00 Dice Exercises  <b>6:00 Paint Night w/ Arete Rehab</b></p>	<p>12            9:30 Weighted Exercises  <b>10:00 Watercolor w/ Bridget</b>            10:30 World's Coolest Cars (DL)  <b>1:00 Shopping Trip</b>            2:00 Crafting Creations            3:00 Fingers and Toes Exercises            7:00 Bingo with Brenda</p>	<p>13            10:00 Cardio Time            10:30 Ring Toss            2:00 Big Money Bingo            2:00 Biography: "Elizabeth at 90"  <b>3:00 Music w/ Scott Andrews</b>            7:00 Saturday Cinema</p>
<p>14            10:00 Sunday Stretching            10:30 Dart Throwin'  <b>11:00 Bus Outing to St. Monica's</b>            2:00 Big Money Bingo            2:00 Biography "Bombshell: The Hedy Lamarr Story"  <b>3:00 Close Knit Club</b>            7:00 Classic Movie Night</p>	<p>15            9:30 Mindful Mandalas            10:00 Theraband Exercises            10:30 Marie Curie (DL)            11:00 Paint Chip Poetry  <b>1:30 Poker with Joe</b>            2:00 Left Right Center            3:00 Book Club Meeting            6:30 Rosary with Gloria            7:00 Bingo with Gloria</p>	<p>16 <b>GYP...Bora Bora</b>            9:30 Excuse My French            10:00 Stretch It Out!            11:00 History and Traveling            12-2 Get a Faux Polynesian Tattoo  <b>2:00 Soul Works Drumming</b>            3:00 Paint a Pareo            4:00 Polynesian Social            7:00 The Crown S2 E10</p>	<p>17            10:00 Tai Chi for Arthritis            10:30 This Month's Popsicle            11:00 Boggle on the Board  <b>11:15 Hot Dog Lunch</b>  <b>2:00 Garden Stone Painting</b>            3:00 Bocce Ball  <b>4:30 Men's Pub w/ John</b>            7:00 Big Money Bingo</p>	<p>18            10:00 Stretch it Out!  <b>10:30 Christian Services</b>            10:30 Words w/ Friends  <b>2:00 Resident Store</b>            2:00 Trivia Time            3:00 Balance Exercises            7:00 Concert Series: Beach Boys 25 Years Together</p>	<p>19 <b>Blood Pressure Clinic 10:15</b>            9:30 Weighted Exercises  <b>10:30 Gardening Club</b>            11:00 Women's Suffrage Memorabilia (DL)  <b>1:00 Shopping Trip</b>            1:30 Methuen Village Marchers  <b>2:30 Bon Voyage</b>            7:00 Bingo with Brenda</p>	<p>20            10:00 Cardio Time            10:30 Bean Bag Toss            2:00 Big Money Bingo            2:00 Documentary: "Restless Creature"            3:00 Wacky Wordie on the Board            7:00 Saturday Cinema</p>
<p>21            10:00 Sunday Stretching            10:30 Corn Hole Toss            2:00 Big Money Bingo            2:00 Documentary: "  <b>3:00 Rockin w/ Rockoholics</b>  <b>4:00 Sundae Social</b>            7:00 Classic Movie Night</p>	<p>22            9:30 Mindful Mandalas            10:00 Theraband Exercises  <b>10:30 Water Gun Painting</b>            11:00 Rosary St. Monica's  <b>1:30 Poker with Joe</b>            Methuen Marchers            2:00 Horse Treat Cooking  <b>3:00 Classics w/ Stan Anderson</b>            7:00 Big Money Bingo</p>	<p>23            9:30 Stretch It Out!  <b>10:00 Art with Harshal</b>            10:30 Let's Make Horse Treats            11:00 Dillinger (DL)            2:00 Horse Races \$.25/race            3:15 Chair Aerobics  <b>4:00 Dipped Banana Bar</b>            7:00 Call the Midwife S1 Ep1</p>	<p>24            10:00 Tai Chi for Arthritis            10:00 Veteran's Social w/ Tom  <b>10:30 Resident Food Council</b>  <b>1:00 Nevins Drop Off</b>            2:00 Poet of the Month            3:00 Balloon Tennis            4:00 Margarita Social            7:00 Big Money Bingo</p>	<p>25  <b>9:30 Get Fit w/ Brian Coyne</b>  <b>10:30 Christian Services</b>            10:30 Words w/ Friends            1:30 Cranium Crunches  <b>2:00 Resident Store</b>            3:00 Fingers and Toes Workout  <b>7:00 Movie Night! Invite Your Family!</b></p>	<p>26            9:30 Weighted Exercises  <b>10:00 Watercolor Techniques</b>  <b>10:30 Hydration and Fall Prevention</b>  <b>1:00 Shopping Trip</b>  <b>2:00 Music w/ Billy Glynn</b>            3:00 Balance Exercises            7:00 Bingo with Brenda</p>	<p>27            10:00 Cardio Time            10:30 Movie Matchup            2:00 Big Money Bingo            2:00 Biography: "Above Us Only Sky"            3:00 Balloon Tennis            3:00 Women's Writing Group            7:00 Saturday Cinema</p>
<p>28            10:00 Sunday Stretching            10:30 What's Your Parental Advice?  <b>11:00 Bus Outing to St. Monica's</b>            2:00 Big Money Bingo            2:00 Documentary: "The Dawn Wall"  <b>3:00 Close Knit Club</b>            3:00 Methuen Marchers            7:00 Classic Movie Night</p>	<p>29            9:30 Mindful Mandalas            10:00 Theraband Exercises            10:30 How Well Do You Know Jackie O  <b>1:30 Poker with Joe</b>  <b>2:00 Let's Make Centerpieces</b>            3:00 Spin It Fitness            6:30 Rosary with Gloria            7:00 Bingo with Gloria</p>	<p>30            9:30 Riddle me This            10:00 Stretch It Out!            Nail Spa            1:30 All About Henry Ford (DL)  <b>2:00 Music w/ Kevin Farley</b>            3:15 Chair Aerobics  <b>4:00 Resident BDay Party</b>            7:00 Call the Midwife S 1 Ep 2</p>	<p>31            10:00 Tai Chi for Arthritis            10:30 Poet of the Month  <b>11:00 Gardening Club</b>  <b>10:45 Salisbury Beach Trip</b>            2:00 PDQ            3:00 Ladder Ball            7:00 Big Money Bingo</p>	<p><b>Program Key:</b>  <span style="color:red">■</span> Physical    <span style="color:green">■</span> Cognitive    <span style="color:orange">■</span> Social    <span style="color:blue">■</span> Spiritual    <span style="color:purple">■</span> Arts/Music/Entertainment</p> <p><i>* Programs are subject to change based on resident interests.</i></p> <p><b>*Afternoon Social is Held Everyday at 4pm Unless Otherwise Specified</b></p>		