



## NASHOBA PARK MAY CALENDAR

### ANNOUNCEMENTS & EVENTS:

**Fri, May 3<sup>rd</sup> @ 2pm:** Instrumental Guitarist **George Parker** celebrating "Cinco de Mayo".

**Fri. May 10<sup>th</sup> @ 2pm:** Singing Guitarist **Andy Ross** with a mix of country and popular songs.

**Tue. May 14<sup>th</sup> @ 2pm:** Pianist **Mark West** performs a variety of musical genres from classical to American standards to popular music.

**Fri. May 17<sup>th</sup> @ 2pm:** Vocalist **Josef Nocera** sings the songs of the great crooners and more.

**Tue. May 21<sup>st</sup> @ 2pm:** Silent Film Pianist **Richard Hughes** will bring us back to the days of old, playing music to accompany the action on the movie screen.

**Fri. May 24<sup>th</sup> @ 1:30pm:** Memorial Day Program; Honoring our servicemen and women and others we have lost.

**2pm:** Pianist **Dick Sawyer** will play a variety of military, patriotic and popular tunes.

**Fri. May 31<sup>st</sup> @ 2pm:** Vocalist **Heather Marie** will bring us to places around the world in song with her "Destinations" Program.

### STAFF DIRECTORY:

Stephanie Burton, LSW,  
**Executive Director**

Paige Nelson,  
**Assistant Director of  
Business Administration**

Joanna Williams, RN,  
**Resident Care Director**

Laura Bettez, RN,  
**GAFC - Wellness Nurse**

Frank Leger,  
**Director of Dining Experience**

John Gariepy,  
**Director of Building & Grounds**

Kimberley Dee, ADC,  
**EnrichedLIFE Director**

Jackie Pozo,  
**Social Worker**

*How will you spend your day?*

The quest for knowledge, inspiration and enrichment is lifelong.



View event photos on our Community facebook page.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>MAY 2019</h1> <p><b>May Fun Facts: Flower: Lily of the Valley; Birthstone: Emerald;</b></p>		<p><b>May Birthdays</b>  <b>Jack R. 5/2</b>  <b>Ingrid B. 5/18</b>  <b>Phyllis D. 5/26</b>  <b>Tony P. 5/21</b></p>	<p><b>1</b> 9:15 Coffee Cart Social  10 Tai Chi/Qigong</p> <p>1:30 Bingo w/Kim</p> <p><b>2</b> 3:15 Discovery Learning</p> <p>6:45 Games w/Friends</p>	<p><b>2</b> 9:15 Coffee Cart Social  9:30 Van Trip  10 Food Chat w/Frank  1:30 Trivia/Word Game  2:30 Arthritis Exercise  3 Knitting w/Sr. Paula  3:15 Wii Bowling  6:45 Movie</p>	<p><b>3</b> 9:15 Coffee Cart Social  10 Sittercise  10:30 Words in a Word</p> <p><b>2</b> Guitarist George Parker  3 Refreshment Social  3:30 Short Stories  6:45 Games w/Friends</p>	<p><b>4</b> 9:15 Coffee Cart Social  10 Weekend Word Puzzles</p> <p><b>1</b> 1:30 Nora on Piano  2:30 Bingo w/Bill</p> <p>6:45 Movie</p>
<p><b>5</b> <b>Zodiac Signs: Taurus: May 1-20;</b>  9:15 Coffee Cart Social  10 "Far Away &amp; Long Ago"  Sentimental Sing-Along DVD</p> <p><b>1</b> 1:15 Pianist Lis Leal  2:30 Bingo w/Beth</p> <p>6:45 Movie</p>	<p><b>6</b> <b>Gemini: May 21-31</b>  9:15 Coffee Cart  10 Sittercise</p> <p>1:30 Resident Community Meeting  2:15 Word Game w/Kim  3 Rosary &amp; Communion</p> <p>6:45 Games w/Friends</p>	<p><b>7</b>  9:15 Coffee Cart Social  10 Arthritis Exercise  10:30 This Day in History</p> <p>1:30 Walking Group  <b>2</b> Pianist Steve Staines  <b>2</b> 2:45 May Birthday Celebration</p> <p>6:45 Rosary w/Cam &amp; Margaret</p>	<p><b>8</b>  9:15 Coffee Cart Social  10 Tai Chi/Qigong</p> <p>1:30 Women's Group</p> <p>2:45 Bingo w/Kim</p> <p>6:45 Games w/Friends</p>	<p><b>9</b>  9:15 Coffee Cart Social  9:30 Van Trip  10 Independent Exercise DVD  11:30 Susan &amp; Willow Visit  1:30 Trivia/Word Game  2 STAR Award Nominations  2:30 Movie  3 Knitting w/Sr. Paula</p> <p>6:45 Movie</p>	<p><b>10</b>  9:15 Coffee Cart Social  10a Sittercise  10:30 Words in a Word  1:15 Bible Sharing  <b>2</b> Singing Guitarist Andy Ross  3 Refreshment Social  3:30 Short Stories</p> <p>6:45 Games w/Friends</p>	<p><b>11</b>  9:15 Coffee Cart Social  10 Weekend Word Puzzles</p> <p><b>1</b> 1:30 Nora on Piano  2:30 Left, Center, Right</p> <p>6:45 Movie</p>
<p><b>12</b>  9:15 Coffee Cart Social  10 "Sweet &amp; Simple" Sentimental Sing-Along DVD</p> <p><b>1</b> 1:15 Pianist Lis Leal  <b>2</b> 2:30-3:30 Mother's Day  Refreshment Social  6:45p Movie</p>	<p><b>13</b> 9:15 Coffee Cart Social  9:30 Blood Pressure  10 Catholic Mass</p> <p>1:30 Walking Group  <b>2</b> 2:15 Discovery Learning  3:30 Arthritis Exercise</p> <p>6:45 Games w/Friends</p>	<p><b>14</b>  9:15 Coffee Cart Social  10 Sittercise</p> <p><b>2</b> Pianist Mark West  3 Refreshment Social</p> <p>6:45 Rosary w/Cam &amp; Margaret</p>	<p><b>15</b> 9:15 Coffee Cart Social  10 Tai Chi/Qigong  10 Faces &amp; Places</p> <p>1:30 Men's Group  2:45 Bingo w/Kim</p> <p>6:45 Games w/Friends</p>	<p><b>16</b> 9:15 Coffee Cart Social  9:45 Van Trip: Bach's Lunch  10 Famous Twosomes Trivia DVD  11:30 Susan &amp; Willow Visit</p> <p>1:30 Trivia Time w/Stephanie A.  2:30 Arthritis Exercise  3 Knitting w/Sr. Paula  3:15 Wii Bowling  6:45 Movie</p>	<p><b>17</b> 9:15 Coffee Cart Social  10 Sittercise  10:30 Words in a Word</p> <p>1:15 Bible Sharing  <b>2</b> Singer Josef Nocera  3 Refreshment Social  3:30 Short Stories</p> <p>6:45 Games w/Friends</p>	<p><b>18</b> 9 Wheelchair &amp; Walker Cleaning Clinic by Groton School Students  9:15 Coffee Cart Social  10 Groton School Musicians  10 Weekend Word Puzzles</p> <p><b>1</b> 1:30 Nora on Piano  2:30 Bingo w/Beth  6:45 Movie</p>
<p><b>19</b>  9:15 Coffee Cart Social  10 "Sentimental Favorites"  Sing-Along DVD</p> <p><b>1</b> 1:15 Pianist Lis Leal  <b>2</b> 2:30 Art w/Cathy</p> <p>6:45 Movie</p>	<p><b>20</b> 9:15 Coffee Cart Social  10 Sittercise</p> <p>1:30 Bingo w/Kim  3 Rosary &amp; Communion</p> <p>6:45 Games w/Friends</p>	<p><b>21</b> 9:15 Coffee Cart Social  10 Arthritis Exercise  10:30 This Day in History</p> <p>1:30 Walking Group  <b>2</b> Silent Film Pianist Richard Hughes  3:15 Beer, Wine &amp; Soda Social</p> <p>6:45 Rosary w/Cam &amp; Margaret</p>	<p><b>22</b>  9:15 Coffee Cart Social  10 Tai Chi/Qigong</p> <p>1:30 Ecumenical Faith Service</p> <p>2:30 Bingo w/Beth</p> <p>6:45 Games w/Friends</p>	<p><b>23</b> 9:15 Coffee Cart Social  9:30 Van Trip  10 Faces &amp; Places (I) Trivia DVD  11:30 Susan &amp; Willow Visit</p> <p>1:30 Trivia Time w/Stephanie A.  2:30 Arthritis Exercise  3 Knitting w/Sr. Paula  3:15 Craft w/Kim  6:45 Movie</p>	<p><b>24</b>  9 Nail Services w/Jessica  9:15 Coffee Cart Social  10 Sittercise  10:30 Words in a Word  <b>1</b> 1:30 Memorial Day Program  <b>2</b> Pianist Dick Sawyer  3 Refreshment Social  3:30p Short Stories  6:45 Games w/Friends</p>	<p><b>25</b> 9:15 Coffee Cart Social  10 Weekend Word Puzzles</p> <p><b>1</b> 1:30 Nora on Piano  2:30 Left, Center, Right</p> <p>6:45 Movie</p>
<p><b>26</b>  9:15 Coffee Cart Social  10 "Sentimental Reflections" DVD</p> <p><b>1</b> 1:15 Pianist Lis Leal</p> <p>2:30 Bingo w/Beth</p> <p>6:45 Movie</p>	<p><b>27</b>  9:15 Coffee Cart Social  10 Independent Exercise DVD</p> <p><b>2</b> Singing Guitarist Seth Connelly  <b>3</b> Refreshment Social</p> <p>6:45 Games w/Friends</p>	<p><b>28</b>  9:15 Coffee Cart Social  10 Arthritis Exercise  10:30 This Day in History</p> <p>1:30 Food Demo w/Frank  2:30 Bingo w/Kim  4 Walking Group</p> <p>6:45 Rosary w/Cam &amp; Margaret</p>	<p><b>29</b> <b>Grab Your Passport; Destination: Italy</b>  9:15 Coffee Cart Social  10 Tai Chi/Qigong</p> <p><b>1</b> 1:30 GYP Italy Programing  3 Refreshment Social</p> <p>6:45 Games w/Friends</p>	<p><b>30</b> 9:15 Coffee Cart Social  9:30a Van Trip  10 Faces &amp; Places (II) Trivia DVD</p> <p>1:30 Trivia/Word Game  2:30 Arthritis Exercise  3 Knitting w/Sr. Paula  3:15 Poetry &amp; Prose</p> <p>6:45 Movie</p>	<p><b>31</b>  9:15 Coffee Cart Social  10 Sittercise  10:30 Words in a Word</p> <p><b>2</b> Singer Heather Marie  3 Refreshment Social  3:30 Short Stories</p> <p>6:45 Games w/Friends</p>	<p><b>Program Key:</b>  <b>Entertainment</b>  <b>Discovery Learning</b>  <b>Holiday Specials</b>  <b>Grab Your Passport</b></p> <p><i>* All programs are subject to change.</i></p>