











SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Morning Meeting 10:30 Trivia 11:00 Word Games 11:30 Lemonade Social! 1:45 Music w/ Steve (LR) 3:00 Musical Balloon Toss 3:30 Relaxing on the Patio 6:45 Snacks & Movie	2 LABOR DAY! 10:00 Morning Meeting 10:30 Knee Slappers 11:30 Barbeque Lunch! 1:30 Walk by the Water 2:00 Piano w/ Matt (LR) 2:30 Sing Along! 3:30 Musical Balloon Toss 4:30 Famous Faces 6:45 Blue Planet 	3 10:30 The Deep Blue Sea (R) 11:15 Balance w/ Jill 1:30 Afternoon Stroll 2:00 Aqua Artwork (R) 3:00 Make Your Own Snack! 4:00 Historical Trivia 4:30 Musical Balloon Toss 5:00 Stretch & Exercise 6:30 Word Games 7:00 Short Stories	4 Happy Birthday Joanie!!! National Wildlife Day! 10:30 Animal News & Facts 11:00 Understanding the Ocean (R) 11:30 Bird Feeder Making! 1:30 Stroll by the Water 2:00 Titanic Tales (R) 3:00 History Slideshow!(CR) 4:30 Afternoon Stretch 6:45 Documentary	5 Hairdresser's Here! 10:30 The Uplift 11:00 Name that Tune! 11:30 Sing Along! 12:00 American Trivia 1:30 Poetry on the Patio 2:00 Lemonade Social! 3:00 Bowling 3:30 Collaborative Poetry 4:30 Afternoon Stretch 6:45 Sound of Music!	6 Happy Birthday Susie!!! 10:00 Morning Meeting 10:30 Vacation Stories 11:00 Life Underwater (R) 12:00 Name that Tune 1:30 Trivia 2:00 Music w/ Peter (LR) 3:00 Happy Hour! 3:30 Birthday Party! 4:00 Landmarks by the Sea! (R) 5:00 Stretch & Exercise 7:10 Boston Red Sox vs. NY Yankees!	7 10:30 Weird News 11:00 Poetry on the Patio! 11:30 Sing Along 12:00 Reminiscing 1:45 Piano w/ Dan (LR) 3:00 Saturday Stroll 3:30 Table Games 4:30 Name that Tune 5:00 Meditation & Stretch 6:45 Snacks & Movie
8 9:30 Morning Meeting 10:30 Getting to Know You 11:00 Painting 11:30 Floor Exercises 1:45 Piano w/ Archie (LR) 3:30 Slide Show Joe 6:45 Musical Concert	9 10:30 The Uplift 11:00 Composer's of our Past (R) 12:00 Sing Along 1:30 Gardening 2:30 Who am I? (R) 3:30 Designer Dresses 4:30 Afternoon Stretch 6:45 Carol Burnette Show!	10 11:00 Best Dressed! 11:30 Painting 1:30 Poetry on the Patio 2:30 Sing Along! 3:00 Make Your Own Snack! 3:30 Dueling Pianos (LR) 4:30 Guitar w/ Dee 6:30 Pictionary 7:15 Sound of Music!	11 10:30 Remembering 9/11 11:00 Best of Bach! (R) 12:00 Word Games 1:30 Afternoon Stroll 2:00 Piano w/ John (LR) 3:00 Patriotic Sing Along 4:00 Pictionary 4:30 Afternoon Stretch 6:30 Music w/ John (R)	12 Hairdresser's Here! 10:30 The Uplift 11:00 Broadway Trivia 12:30 Name that Tune 1:30 Afternoon Stretch 2:00 Sites of Europe! 3:00 Best Dressed! 3:30 Tea Time! 4:30 Word Games 6:45 Broadway Clips!	13 11:00 Composers (R) 12:00 Musical Balloon Toss 1:30 Knee Slappers 2:00 Music w/ Seth (CK) 3:00 Happy Hour! 3:30 Name that Tune! (R) 4:30 Short Stories 6:45 Dean Martin Show!	14 10:30 Short Stories 11:00 Painting 12:00 Table Games 1:30 Famous Faces 2:00 Trivia 3:00 Tea & Treats! 4:00 Rat Pack Sing Along! 5:00 Evening Stretch 6:45 Snacks & Movie
15 9:30 Morning Meeting 10:30 Bowling 11:00 Rat Pack Sing Along! 11:30 Famous Faces 12:00 Pictionary 1:45 Entertainment (TBD) 3:00 Music on the Patio 3:30 Music w/ Ben! 6:45 Documentary	16 10:30 Island News 11:00 Hawaii History! (R) 4:00 Sing Along! 1:45 Vacation Trivia! (R) 2:30 Floor Exercises 3:15 Musical Balloon Toss 12:00 Famous Faces 4:45 Evening Stroll 6:30 Short Stories 7:00 Nature Documentary	17 10:00 Morning Meeting 10:45 Knee Slappers 11:15 Balance w/ Jill 1:30 Garden Stroll 2:00 Namibia Presentation! (CR) 3:00 Make Your Own Snack! 4:00 Rat Pack Sing Along 5:00 Afternoon Stretch 6:30 Famous Faces 7:00 Blue Planet	18 10:30 The Uplift 11:00 Hawaiian Traditions (R) 12:00 Broadway Sing Along! 1:30 Poetry 2:00 Creatures of the Island(R) 3:00 Painting 4:00 Plants of the Island! (R) 5:00 Short Stories 6:45 Boston Red Sox vs. The San Francisco Giants!	19 Hairdresser's Here! 10:30 Weird News 11:00 Painting 12:00 Musical Balloon Toss 1:30 Rhymes & Riddles 2:00 Cider Social! 3:00 Slide Show Joe 4:00 Stretch & Exercise 5:00 Trivia 6:45 Dean Martin!	20 10:00 Morning Meeting 11:00 Hawaiian Art (R) 12:00 Presidential Trivia 1:30 Meditation 2:00 Music w/ Alex (CK) 3:00 Hawaiian Happy Hour(R) 3:30 Hawaii Hotels (R) 4:00 Floor Exercises 4:30 Musical Balloon Toss 6:45 Mary Poppins	21 10:00 Morning Meeting 11:00 You be the Judge 11:30 Word Games 1:45 Music w/ Duane (LR) 3:00 Who am I? 3:30 International Fashion! 4:30 Jewelry & Beading 5:00 Music & Relaxation 7:00 Musical Concert!
22 Walk to End Alzheimer's! 9:30 Morning Meeting 10:30 Word Games 11:00 Presidential Trivia 11:30 Apple Cider Social! 1:45 Singing w/ Dieter (LR) 3:15 Communion (LR) 7:00 Swing Band Rehearsal (CK) 7:30 Carol Burnette Show!	23 First Day of Autumn 10:30 The Uplift 11:00 New England in the Fall (R) 12:00 Autumn Stroll 1:30 Vermont Treats! (R) 2:00 Singing w/ Nancy (LR) 3:30 Collaborative Poetry 4:30 Meditation & Stretch 6:45 Short Stories 7:10 Boston Red Sox vs. TB Rays! 	24 GYP JAPAN! 10:00 Morning Meeting 11:00 Visit Japan! 12:00 Broadway Sing Along! 1:30 Autumn Stroll 2:00 Japanese Dance! (CK) 3:00 Make Your Own Snack! 4:00 New England Trivia 5:00 Stretch & Exercise 6:30 Word Games 7:00 Documentary	25 10:30 Riddles & Jokes 11:00 Sites of New England! 12:00 Word Games 1:45 Art Matters "Northern Renaissance (LR) 3:00 Fall Collage! (R) 4:00 Pictionary 4:30 Name that Tune 5:00 Rat Pack Sing Along 6:45 Short Stories	26 Hairdresser's Here! Johnny Appleseed Day! 10:00 Morning Meeting 11:00 Make Your Own Apple Basket!  12:00 Presidential Trivia 1:30 Floor Exercises 2:30 Enjoy Apple Pie & Cider! 3:30 Sites of New England 4:30 Afternoon Stretch 6:45 Nature Documentary	27 10:00 Ballroom Dancing (LR) 11:00 New England Views (R) 12:00 Famous Faces 1:30 Floor Exercises 2:00 Jewelry & Beading 2:30 New England Animals(R) 3:00 Happy Hour! 4:00 Patriotic Sing Along 5:00 Meditation & Music 6:45 Snacks & Movie	28 10:00 Morning Meeting 10:30 Morning Stroll 11:00 Table Games 12:00 Musical Balloon Toss 1:30 Guitar w/ Dee 2:30 Landmarks of the US.! 3:30 U.S. Trivia 4:30 Stretch & Exercise 7:00 Dean Martin!
29 9:30 Morning Meeting 10:30 Weird News 11:00 Getting to Know You 11:30 Pyramid 12:00 Musical Balloon Toss 1:45 Piano w/ Steve (LR) 3:00 Music & Relaxation 6:45 Snacks & Movie	30 10:30 Did you know? 11:00 School Stories 12:00 Pictionary 1:30 Autumn Stroll 2:00 Painting 3:00 Apple Cider Social! 4:00 Stretch & Exercise 5:00 Jokes & Riddles 6:45 Meditation & Music 7:15 The King & I!	Program Key:  Physical  Cognitive  Entertainment  Social  Spiritual  Emotional/Expressive Arts  Outings *Programs are subject to change based on resident interests.				