



At Compass on the Bay East



OCTOBER MONTHLY CALENDAR

ANNOUNCEMENTS & EVENTS:

Schedule a porch visit!

Call our receptionists to schedule a socially distant visit with your loved one on the front porch.

Schedule a video call!

Reach out to our receptionist to schedule a video call!

Visitors Welcome

We are so happy that we can welcome you back into our community!

Days: Tuesday-Saturday

Hours: 10:00-3:00

We ask that you please call our receptionists to schedule your in person visit ahead of time.

STAFF DIRECTORY:

Jenna Petrenko,
Executive Director

Lindsay Nelson,
Assistant Executive Director

Christine Mateer,
Sales Specialist

Allie Williams,
Resident Care Director

Kristi Faby,
Director of Compass Programming

Ken McCluskey,
Director of Dining Experience

Ricardo Monteiro,
Director of Building & Grounds

Compass Memory Support puts cutting-edge research into action through programs we have developed specifically for individuals with memory loss; Reconnections, the Lifetime Achievement Award, Artful Adventures and our award-winning Brain Healthy Cooking Program. We offer structured enrichment activities through evening, seven days a week.



View event photos on our Community facebook page.

Affiliated with **Boston University**
Alzheimer's Disease Center



OCTOBER 2020

Memory Support Unit

LOCATION KEY

- LR Living Room G Garden (weather permitting) D Dining Area DR Dining Room
- LF Lookout Farm SP Seapoint

WELLNESS TAGS

- Spiritual
- Social
- Cognitive
- Physical
- Mental & Emotional Well Being

*All Events are Subject to Change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<p>10:15 ■ Morning Tranquility</p> <p>10:45 ■ Virtual Zumba</p> <p>11:00 ■ Witch Trials I (R)</p> <p>1:00 ■ Halloween Craft</p> <p>2:00 ■ Sing-a-Long</p> <p>3:00 ■ Witch Trials II (R)</p> <p>4:00 ■ Guided Meditation</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>2</p> <p>10:15 ■ Morning Prayer</p> <p>10:30 ■ Sit and Get Fit</p> <p>11:00 ■ Salem Landmarks I (R)</p> <p>1:00 ■ Aquapainting</p> <p>2:00 ■ Salem Landmarks 2 (R)</p> <p>3:00 ■ Sensory Spa</p> <p>4:00 Walking for Health</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>3</p> <p>10:15 ■ Coffee + Goals</p> <p>11:00 ■ Witches Today + Yesterday I (R)</p> <p>1:00 ■ Witches Today + Yesterday II (R)</p> <p>2:00 ■ Spa Day</p> <p>3:15 ■ Biography</p> <p>5:30 ■ Art, Puzzles, and Games</p>
<p>4</p> <p>10:00 ■ Streaming Religious Service</p> <p>11:00 ■ Spiritual Singing</p> <p>1:30 ■ Daily Chronicle</p> <p>2:30 ■ Sunday at the Symphony</p> <p>3:30 Exploring the Garden</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>5</p> <p>10:15 ■ Coffee + Goals</p> <p>10:30 ■ Dancing w. Scarves</p> <p>11:00 ■ Ghost Stories I (R)</p> <p>1:30 ■ Cardio Comedy</p> <p>3:00 ■ Rock Painting w. Janet</p> <p>4:00 ■ Ghost Stories II (R)</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>6</p> <p>10:15 ■ Coffee + Goals</p> <p>10:30 Morning Stretch + Meditation</p> <p>1:00 ■ Pajama Contest</p> <p>2:30 ■ Sleepover Snacks</p> <p>3:00 ■ Slumber Party Games</p> <p>5:30 ■ Art, Puzzles, and Games</p> <p>6:30 ■ Special Feature: Pajama Game</p>	<p>7</p> <p>10:15 ■ Coffee + Goals</p> <p>11:00 ■ Haunted Celebration (R)</p> <p>1:15 ■ Jewelry Making</p> <p>2:30 ■ Deck the Halloween Tree</p> <p>3:30 ■ Bloody Mary Cocktails (R)</p> <p>5:30 ■ Campfire Night</p> <p>6:30 ■ Documentary</p>	<p>8</p> <p>10:15 ■ Coffee + Goals</p> <p>11:00 ■ Trip to Seapoint Bar + Grill</p> <p>1:00 ■ Resident Council</p> <p>2:00 ■ Virtual Zumba</p> <p>3:00 ■ Singing Under the Stars</p> <p>4:00 ■ Guided Imagery</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>9</p> <p>10:15 ■ Morning Prayer</p> <p>10:30 ■ Sit and Get Fit</p> <p>11:00 ■ Haunted New England: Art Smarts (R)</p> <p>1:15 Art with Lesley</p> <p>2:00 ■ Leaf Peeping Trip</p> <p>3:00 ■ Haunted Properties Tour (R)</p> <p>4:00 Individual Music Therapy</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>10</p> <p>10:15 ■ Coffee + Goals</p> <p>11:00 ■ Virtual Yoga</p> <p>1:00 ■ Movie Matinée</p> <p>2:00 ■ Spa Day</p> <p>3:15 ■ Biography</p> <p>5:30 ■ Art, Puzzles, and Games</p>
<p>11</p> <p>10:00 ■ Streaming Religious Service</p> <p>11:00 ■ Spiritual Singing</p> <p>1:30 ■ Daily Chronicle</p> <p>2:30 ■ Sunday at the Symphony</p> <p>3:30 Exploring the Garden</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>12</p> <p>10:15 ■ Coffee + Goals</p> <p>10:30 ■ Dancing w. Scarves</p> <p>11:00 ■ Lecture: Paris (R)</p> <p>1:30 ■ Cardio Comedy</p> <p>3:00 ■ Introduction to French (R)</p> <p>4:00 1:1 Virtual Art Therapy</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>13</p> <p>10:15 ■ Coffee + Goals</p> <p>10:30 ■ Apple Tasting</p> <p>2:00 ■ Trip to Lookout Farm</p> <p>3:00 ■ Brain Games</p> <p>4:00 ■ Poetry Club</p> <p>5:30 ■ Art, Puzzles, and Games</p> <p>6:30 ■ Movie Night</p>	<p>14</p> <p>10:15 ■ Coffee + Goals</p> <p>11:00 ■ Reconnections</p> <p>1:15 ■ Jewelry Making</p> <p>2:00 ■ Silent Disco</p> <p>3:00 Afternoon Stretch</p> <p>4:00 ■ Reconnections</p> <p>5:30 ■ Art, Puzzles, and Games</p> <p>6:30 ■ Documentary</p>	<p>15</p> <p>10:15 ■ Coffee + Goals</p> <p>10:30 ■ Virtual Zumba</p> <p>1:00 ■ Table Talk</p> <p>2:00 Flower Arranging</p> <p>3:00 ■ Singing Under the Stars</p> <p>4:00 ■ Guided Imagery</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>16</p> <p>10:15 ■ Morning Prayer</p> <p>10:30 ■ Sit and Get Fit</p> <p>11:00 ■ Reconnections</p> <p>1:15 Art with Lesley</p> <p>2:00 Walking for Health</p> <p>3:00 Reconnections</p> <p>4:00 Individual Music Therapy</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>17</p> <p>10:15 ■ Coffee + Goals</p> <p>11:00 ■ Virtual Yoga</p> <p>1:00 ■ Movie Matinée</p> <p>2:00 ■ Spa Day</p> <p>3:15 ■ Biography</p> <p>5:30 ■ Art, Puzzles, and Games</p>
<p>18</p> <p>10:00 ■ Streaming Religious Service</p> <p>11:00 ■ Spiritual Singing</p> <p>1:30 ■ Daily Chronicle</p> <p>2:30 ■ Sunday at the Symphony</p> <p>3:30 Exploring the Garden</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>19</p> <p>10:15 ■ Coffee + Goals</p> <p>10:30 ■ Dancing w. Scarves</p> <p>11:00 ■ Reconnections</p> <p>1:30 ■ Cardio Comedy</p> <p>3:00 ■ Reconnections</p> <p>4:00 1:1 Virtual Art Therapy</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>20</p> <p>10:15 ■ Coffee + Goals</p> <p>10:30 Mini Therapy Horse Visit</p> <p>3:00 ■ Brain Games</p> <p>4:00 ■ Poetry Club</p> <p>5:30 ■ Art, Puzzles, and Games</p> <p>6:30 ■ Movie Night</p>	<p>21</p> <p>10:15 ■ Coffee + Goals</p> <p>11:00 ■ Reconnections</p> <p>1:15 ■ Jewelry Making</p> <p>2:00 ■ Silent Disco</p> <p>3:00 Afternoon Stretch</p> <p>4:00 ■ Reconnections</p> <p>5:30 ■ Art, Puzzles, and Games</p> <p>6:30 ■ Documentary</p>	<p>22</p> <p>10:15 ■ Coffee + Goals</p> <p>10:30 ■ Virtual Zumba</p> <p>1:00 ■ Table Talk</p> <p>2:00 Flower Arranging</p> <p>3:00 ■ Singing Under the Stars</p> <p>4:00 ■ Guided Imagery</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>23</p> <p>10:15 ■ Morning Prayer</p> <p>10:30 ■ Sit and Get Fit</p> <p>11:00 ■ Reconnections</p> <p>1:15 Art with Lesley</p> <p>2:00 Walking for Health</p> <p>3:00 Reconnections</p> <p>4:00 Individual Music Therapy</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>24</p> <p>10:15 ■ Coffee + Goals</p> <p>11:00 ■ Virtual Yoga</p> <p>1:00 ■ Movie Matinée</p> <p>2:00 ■ Spa Day</p> <p>3:15 ■ Biography</p> <p>5:30 ■ Art, Puzzles, and Games</p>
<p>25</p> <p>10:00 ■ Streaming Religious Service</p> <p>11:00 ■ Spiritual Singing</p> <p>1:30 ■ Daily Chronicle</p> <p>2:30 ■ Sunday at the Symphony</p> <p>3:30 Exploring the Garden</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>26</p> <p>10:15 ■ Coffee + Goals</p> <p>10:30 ■ Dancing w. Scarves</p> <p>11:00 ■ Reconnections</p> <p>1:30 ■ Cardio Comedy</p> <p>3:00 ■ Reconnections</p> <p>4:00 1:1 Virtual Art Therapy</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>27</p> <p>10:15 ■ Coffee + Goals</p> <p>10:30 Morning Stretch + Meditation</p> <p>3:00 ■ Brain Games</p> <p>4:00 ■ Poetry Club</p> <p>5:30 ■ Art, Puzzles, and Games</p> <p>6:30 ■ Movie Night</p>	<p>28</p> <p>10:15 ■ Coffee + Goals</p> <p>11:00 ■ Reconnections</p> <p>1:15 ■ Jewelry Making</p> <p>2:00 ■ Silent Disco</p> <p>3:00 Afternoon Stretch</p> <p>4:00 ■ Reconnections</p> <p>5:30 ■ Art, Puzzles, and Games</p> <p>6:30 ■ Documentary</p>	<p>29</p> <p>10:15 ■ Coffee + Goals</p> <p>10:30 ■ Virtual Zumba</p> <p>1:00 ■ Table Talk</p> <p>2:00 Flower Arranging</p> <p>3:00 ■ Singing Under the Stars</p> <p>4:00 ■ Guided Imagery</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>30</p> <p>10:15 ■ Morning Prayer</p> <p>10:30 ■ Sit and Get Fit</p> <p>11:00 ■ Reconnections</p> <p>1:00 ■ Halloween Costume Contest</p> <p>2:00 Walking for Health</p> <p>3:00 Reconnections</p> <p>4:00 Individual Music Therapy</p> <p>5:30 ■ Art, Puzzles, and Games</p>	<p>31</p> <p>10:15 ■ Coffee + Goals</p> <p>11:00 ■ Virtual Yoga</p> <p>1:00 ■ "Trick or Treat"</p> <p>2:00 ■ Spa Day</p> <p>3:15 ■ Biography</p> <p>5:30 ■ Art, Puzzles, and Games</p>