

# RIGHT-SIZED ASSISTED LIVING

## OPTION 1: SERVICE ENRICHED INDEPENDENT LIVING

### Your Home

- Selection of a companion suite, studio, 1BR & 2BR apartment
- Kitchenette with a full size refrigerator
- Bathroom with walk-in shower
- Individually controlled heating/cooling system
- Emergency Response System & personal pendant
- Wired for cable TV, internet & phone
- Apartment maintenance & utilities

### Entertainment & Enrichment

- Lively community spaces designed for socializing, enrichment & entertainment
- EnrichedLIFE experiences & adventures
- Scheduled transportation services in the community van for social outings & shopping

### Dining

- Three meals daily in our dining room
- Award-winning Brain Healthy Cooking Program

### Wellness and Supportive & Services

- Health Assessment & development of Individual Service Plan
- Certified Resident Care Associates 24 hrs/day
- On-site Wellness Nurse for discussion, counseling & health assessments
- Occasional cueing & reminders
- Flat linen laundry service & light housekeeping



## OPTION 2: ASSISTED LIVING SERVICES PROGRAM

*Everything in option 1, plus the following if applicable.*

- Personal care assistance with 1-2 daily activities
  - dressing
  - bathing
  - routine grooming care
- Occasional continence care

## OPTION 3: ENHANCED ASSISTED LIVING SERVICES PROGRAM

*Everything in option 1 & 2, plus the following if applicable.*

- Personal care assistance with 3+ daily activities
- Full laundry service, including both flat linens & personal laundry
- Reminders & safety escorts to meals & activities

## OPTION 4: ENHANCED ASSISTED LIVING PLUS

*Everything in option 1, 2 & 3, plus the following if applicable.*

- Overnight safety checks
- Enhanced therapeutic dietary service
- Standby or hands-on assistance from community caregivers with routine transferring

*The Medication Administration Program (“MAP”) is available to add onto any care plan as an option for medications to be administered by the community. Please ask for more information!*

