

# RIGHT-SIZED ASSISTED LIVING

## OPTION 1: SERVICE ENRICHED INDEPENDENT LIVING

### Your Home

- Selection of a studio or 1BR apartment
- Kitchenette with refrigerator & microwave
- Bathroom with walk-in shower
- Individually controlled heating/cooling system
- Emergency Response System & personal pendant
- Wired for cable TV, internet & phone
- Apartment maintenance & utilities

### Entertainment & Enrichment

- Lively community spaces designed for socializing, enrichment & entertainment
- EnrichedLIFE experiences & adventures
- Scheduled transportation services in the community van for social outings & shopping

### Dining

- Three meals daily in our dining room
- Award-winning Brain Healthy Cooking Program

### Wellness and Supportive & Services

- Health Assessment & development of Individual Service Plan
- Certified Resident Care Associates 24 hrs/day
- On-site Wellness Nurse for discussion, counseling & semi-annual health assessments
- Occasional cueing & reminders
- Flat linen laundry service & light housekeeping

*Ask about our short-term & trial stay options*  
*No minimum stay, No commitment*

Cornerstone has partnered with Vantage Healthcare to provide onsite primary care and care coordination services to our residents. Now, residents don't need to leave the community to access Vantage Healthcare's Care Team, including a lead Physician (MD), Nurse Practitioner (NP), and Behavioral Health Physician assistant (PA).  
*Please ask for more details!*

## OPTION 2: ASSISTED LIVING SERVICES PROGRAM

*Everything in option 1, plus the following if applicable.*

- Personal care assistance with 1-2 daily activities like dressing, bathing, evening care
- Blood pressure and vital monitoring indicated by doctors orders on a temporary basis
- Supervised Self-Administration or administration of oral medications by staff up to 2 times a day
- Full laundry service, including both flat linens & personal laundry

## OPTION 3: ENHANCED ASSISTED LIVING SERVICES PROGRAM

*Everything in option 1 & 2, plus the following if applicable.*

- Personal care assistance with 3+ daily activities
- Administration of oral medication
- Supervised Self-Administration or administration of oral medications by staff up to 2 times a day
- Prescription topicals, patches or eye drops administered by our nurse
- Reminders & safety escorts to meals & activities

## OPTION 4: ENHANCED ASSISTED LIVING PLUS

*Everything in option 1, 2 & 3, plus the following if applicable.*

- Overnight safety checks
- Enhanced therapeutic dietary service
- Administration of diabetic injections & suppositories
- Hands-on assistance from community caregivers with routine transferring