

Forestdale Park

ASSISTED LIVING

ALWAYS-INCLUDED CARE AND SERVICES (CARE OPTION 1)

Your Home

- Spacious studio or one bedroom apartment
- Kitchenette with refrigerator and microwave
- Bathroom with walk-in shower
- Individually controlled heating/cooling system
- Wall-to-wall carpeting
- Emergency response system
- Wired for cable TV, internet and phone
- Apartment maintenance and utilities

Dining

- Three meals served daily in Spices Restaurant
- Award-winning Brain Healthy Cooking Program

Recreation & Relaxation

- Converse Fitness Center / Walking club
- Group fitness classes / Full service salon
- Landscaped patio

Entertainment and Enrichment

- Richardson Library / Bistro and Lounge
- Creative Arts Center / Community Rooms
- Card and Computer Rooms
- EnrichedLIFE experiences and adventures
- Scheduled transportation services in the community van for social outings, shopping and medical appointments

Wellness & Supportive Services

- Health Assessment and development of Individual Service Plan
- Certified Resident Care Associates available 24 hours a day
- On-site Wellness Nurse for discussion, counseling and semi-annual health assessments
- Occasional cueing and reminders regarding personal care
- Occasional escorting to meals and activities
- Flat linen laundry service and light housekeeping

ASSISTED LIVING SERVICES PROGRAM (CARE OPTION 2)

Everything included in Option 1, PLUS, as needed:

- Self-administered medication management service (SAMM)
- Personal care assistance with daily living activities, including dressing, bathing, evening care, occasional continence care, and escorting to meals and activities

ENHANCED ASSISTED LIVING SERVICES PROGRAM (CARE OPTION 3)

Everything included in Options 1 & 2, PLUS, as needed:

- Safety escorts to meals and activities
- Overnight safety checks
- Enhanced therapeutic dietary service
- Full laundry service, including both flat linens and personal laundry
- Hands-on assistance from community caregivers with routine transferring

Short-Term & Respite Stays with NO minimum commitment!

Care Options to Meet Your Personal Needs

Our Care Options group together the most commonly related resident services, permitting you to obtain the particular services you want now with those you may choose in the future. Our caregivers focus on quality time with our residents while delivering quality care, not on counting “minutes of care” or “care point scores”. This means better, more personalized care for residents, and no unpleasant surprises on the monthly bill.

Our Residency Agreement provides a detailed description of our Care Options and additional services. Fees are subject to change. Please ask for current information and apartment availability.

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