

Forestdale Park

COMPASS MEMORY SUPPORT NEIGHBORHOOD®

INNOVATIVE TREATMENT PROGRAMS

- Reconnections, an adult learning curriculum
- Award-winning Brain Healthy Cooking Program
- Resident Lifetime Achievement Award
- Programs for spiritual expression and growth
- Specialized art, photography and music programs
- Supervised fitness and strength training

NEIGHBORHOOD AMENITIES & SERVICES

- Private studio or companion suite
- Full-time Compass Program Director, a Certified Dementia Practitioner®
- 24-Hour Resident Care Associates specially trained in Alzheimer's care
- On-site Wellness Nurse for discussion, counseling and semi-annual health assessments
- Personal care assistance with daily living activities, including dressing, bathing, evening care, occasional continence care, and escorting to meals and activities
- Hourly overnight safety checks
- Self-administered medication management service
- Three meals served daily in our Dining Room
- Full laundry service, including both flat linens and personal laundry
- Daily bed making and trash removal
- Weekly housekeeping
- Community van transportation and outings

Our Residency Agreement provides a detailed description of our Care Options and additional services. Fees are subject to change. Please ask for current information and apartment availability.

341 Forestdale Street, Malden MA 02148
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AFFILIATION WITH BOSTON UNIVERSITY ALZHEIMER'S DISEASE CENTER

- Access to cutting-edge research studies for our residents and their families
- Training for our associates on treatment and behavioral interventions that enhance residents' quality of life and reduce medications and hospitalizations

**Short-Term & Respite Stays
with NO minimum commitment!**

Care Options to Meet Your Personal Needs

We offer an enhanced Care Option for residents as they age in place, including a therapeutic diet service and routine transferring. Please ask for details.

Our Care Options group together the most commonly related resident services, permitting you to obtain the particular services you want now with those you may choose in the future. Our caregivers focus on quality time with our residents while delivering quality care, not on counting "minutes of care" or "care point scores". This means better, more personalized care for residents, and no unpleasant surprises on the monthly bill.

