

RIGHT-SIZED ASSISTED LIVING



OPTION 1: SERVICE ENRICHED INDEPENDENT LIVING

Your Home

- Selection of a studio or 1BR apartment
- Bathroom with walk-in shower
- Individually controlled heating/cooling system
- Emergency Response System & personal pendant
- Wired for cable TV, internet & phone
- Apartment maintenance & utilities

Entertainment & Enrichment

- Lively community spaces designed for socializing, enrichment & entertainment
- EnrichedLIFE experiences & adventures
- Scheduled transportation services in the community van for social outings & shopping

Dining

- Three meals daily in our dining room
- Award-winning Brain Healthy Cooking Program

Wellness and Supportive & Services

- Health Assessment & development of Individual Service Plan
- Certified Resident Care Associates available 24 hrs/day
- On-site Wellness Nurse for discussion, counseling & semi-annual health assessments
- Occasional cueing & reminders
- Flat linen (sheets & towels) as well as one load of personal laundry per week
- Weekly light housekeeping

*Ask about
our short-term &
trial stay options*

*No minimum stay,
No commitment*

OPTION 2: ASSISTED LIVING SERVICES PROGRAM

Everything in option 1, plus the following if applicable.

- Staff assistance with up to 2 ADLs (Activities of Daily Living) each day, which could include:
 - Dressing,
 - Bathing,
 - Grooming,
 - Oral hygiene,
 - Resident initiated assistance with toileting

OPTION 3: ENHANCED ASSISTED LIVING SERVICES PROGRAM

Everything in option 1 & 2, plus the following if applicable.

- Staff assistance with 3 - 4 ADLs per day
- Personal care assistance following occasional episodes of self-managed urinary incontinence

OPTION 4: ENHANCED ASSISTED LIVING PLUS

Everything in option 1, 2 & 3, plus the following if applicable.

- Staff assistance with 5+ ADLs per day
- Stand-by and/or physical assistance from community caregivers with routine transferring
- Safety escorts to meals & activities