

# ALWAYS INCLUDED SERVICES



## *Your Home*

- Selection of a studio apartment or companion suite
- Bathroom with walk-in shower (Maplewood)
- Individually controlled heating/cooling system (Maplewood)
- Emergency Response System
- Wired for cable TV, internet & phone
- Apartment maintenance & utilities

## *Entertainment & Enrichment*

- Organized group activities designed for those with varying levels of memory loss from mid-morning through early evening
- Programs for spiritual expression & growth
- Specialized art, fitness, photography music programs
- Scheduled transportation services in the Community van for social outings

## *Dining*

- 3 meals daily in our dining room
- Weekly socials with snacks and refreshments
- Award-winning Brain Healthy Cooking program

## *Wellness & Supportive Services*

- Full-time Director of Compass Programming
- Health assessment & development of individual service plan with family input
- Emergency call pendant for resident safety
- 24-hour availability of on-site personal care staff
- Weekly light housekeeping in the resident's apartment, daily trash removal and bedmaking
- Escorts by staff to meals and activities
- Wellness checks of the resident as determined by the resident assessment and service plan
- Weekly laundry service including both flat linens and personal laundry
- A specialized, individually tailored program of care designed to promote the dignity and independence of someone with cognitive impairment
- Medication administration by a staff associate up to two (2) times per day

# CARE PLAN OPTIONS

*These Care Options are in addition to the  
Always Included Services outlined on the previous page.*

## CARE OPTION 1

- Staff cueing assistance and/or supervision to promote independence with activities of daily living (ADLs) per day, which could include dressing, bathing and/or grooming

## CARE OPTION 3

- Physical assistance with activities of daily living (ADLs) by two staff associates
- Physical assistance with transfers by two staff associates. (Resident must be weight bearing)

## CARE OPTION 2

- Physical assistance with activities of daily living (ADLs) by one staff associate
- Physical assistance with transfers by one staff associate. (Resident must be weight bearing)

## CARE OPTION 4

- Physical assistance with activities of daily living (ADLs) by two staff associates
- Staff assistance with ostomy care, catheter-related support. This is limited to cueing/reminders and drainage or emptying of bag and Hoyer lift transfers. Hoyer lift transfers require the assistance of two associates and a hospice diagnosis.



*Ask about our short-term  
and trial stay option*

Commitment-free.  
No minimum length.

